

Basic Catholic Teachings (BCT's)
Grade 1

1. Who made you?

God made you.

2. What is prayer?

Talking to God. (A conversation with God)

3. What is Heaven?

Heaven is the state of perfect happiness with God forever.

4. Who is God?

God is the Creator of Heaven and earth- who created everything out of nothing.

5. What are Angels?

Angels are invisible spirits, servants and messengers of God.

6. Who led the faithful angels?

St. Michael

7. What is a human person?

Someone with a body & a soul.

8. What is a soul?

The spiritual gift from God that gives us life; it lives forever.

9. What is a Guardian Angel?

Our Guardian Angel is a gift from God to protect us and to be with us always.

10. Why did God make you?

God made me to know Him, to love Him and to serve Him in this world, and to be happy with Him in Heaven forever.

11. Who was the first man and woman created by God?

Adam & Eve

12. What is grace?

God's life in us.

13. What is sin?

Sin is knowing something is wrong and choosing to do it anyway.
(It's an offense against God)

14. What do we call the sin of Adam & Eve?

Original Sin

15. What did God promise Adam & Eve?

God promised to send a Savior.

16. Who did God ask to build the Ark for all the animals?

Noah

17. Who was Abraham?

Abraham always had great faith in God.

18. Who are the prophets?

Holy men who prepared people for the coming of the Savior, Jesus Christ.

19. To whom did God give the Ten Commandments?

Moses

20. What book in the Bible explains the Ten Commandments?

Exodus

21. Whom do the first 3 Commandments teach us to love?

God

22. Whom do the last 7 Commandments teach us to love?

Others and ourselves

22. Who did God choose to be the Mother of Jesus our Savior?

Mary

23. Was Mary born with Original Sin?

No

24. What was the name of the angel who told Mary she would have a baby called Jesus?

Gabriel

25. Who is the foster father of Jesus?

Joseph

26. Who is the Holy Family?

Jesus, Mary and Joseph

27. Where was Jesus born?

Bethlehem

28. What do we call the 12 men Jesus called to “follow” Him?

The 12 Apostles

29. Name the 12 Apostles. (2-P’s – 5-J’s – A – B- - M - S - T)

Peter (Jesus changed his name from Simon – to Peter – the “Rock”)

Phillip

James (the Greater)

James (the Less)

Jude (Thaddeus)

Judas (Iscariot)

John (the Evangelist- Gospel writer)

Andrew

Bartholomew

Matthew (the Gospel writer)

Simon (the Zealot)

Thomas

30. What is a miracle?

A miracle is a supernatural sign or wonder, brought about by God.

31. What is the special supper Jesus celebrated with His Apostles the night before He died?

The Last Supper

32. What did Jesus change the bread & wine into at the Last Supper?

His Body-Blood-Soul & Divinity

33. Who did Jesus give the power to change bread & wine into His Body & Blood?

The Apostles and all the priests; bishops & Popes that came after them.

34. What do we call the day Jesus died on the Cross?

Good Friday

35. What happened on the day we call Easter Sunday?

Jesus rose from the dead.

36. Who founded the Catholic Church?

Jesus (hint: ask Alexa)

37. What is the name of the prayer that Jesus gave us to help us learn how to pray?

The Lord's Prayer (Our Father)

38. What are trespasses?

Trespasses are things we do that hurt other people

39. Who did Jesus make to be the first Bishops of His Church?

The Apostles

40. Who did Jesus choose as the first Pope?

Peter

41. What is the Ascension?

Jesus rose in the sky to return to the Father.

42. Before He rose to Heaven, who did Jesus promise to send?

The Holy Spirit

43. What day is called the "Birthday" of the Church?

Pentecost

44. How many persons are there in God?

There are three persons in one God.

45. What do we call the mystery of three Persons in one God?

The Blessed Trinity

46. Name the three Persons of the Blessed Trinity.

1. God the Father is the First Person.
2. God the Son is the Second Person (Jesus).
3. God the Holy Spirit is the Third Person

47. What do we call things of faith that we cannot fully understand?

Mysteries

48. What does the Sacrament of Baptism do for us?

1. Makes us children of God
2. Takes away Original Sin
3. Give us Grace

49. What happens in every Mass?

Jesus comes to us in the Eucharist under the appearance of bread & wine.

50. What are the five main seasons of the Church and what color is associated with each?

1. Advent-purple
2. Christmas- white
3. Ordinary Time-green
4. Lent-purple
5. Easter-white

51. What does the word advent mean?

It means “arrival “or “coming”

52. When does Lent start?

Ash Wednesday

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
Grace After Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition		E	M	R	R	R	R	R
Recitation of the Rosary		E	M	R	R	R	R	R
Mass Responses	E	E	M	R	R	R	R	R
Apostles Creed			E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	R	R	R	R	R
Stations of the Cross		E	E	M	R	R	R	R
Hail Holy Queen			E	E	M	R	R	R
Nicene Creed				E	M	R	R	R
Prayer of St Francis				M	R	R	R	R
Magnificat					E	M	R	R
Angelus					E	M	R	R
Come Holy Spirit					E	E	M	R
Joyful Mysteries					E	M	R	R
Luminous Mysteries					E	M	R	R
Glorious Mysteries					E	M	R	R
Sorrowful Mysteries					E	M	R	R

R=Review E=Encourage M=Memorize

Prayers/Devotions

M-Memorize R-Review E-Encourage

The Sign of the Cross (M)

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary (M)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father (M)

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals (M)

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Grace After Meals (M)

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

Glory Be (M)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God (M)

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

The Morning Offering (M)

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed (M)

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Act of Contrition (M)

Oh my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen

Angelus (M)

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen

The Most Holy Rosary (E)

The Five Joyful Mysteries

(Monday & Saturday)

1. Annunciation
2. Visitation
3. Birth of Jesus
4. Presentation
5. Finding of Jesus in the Temple

The Five Luminous Mysteries

(Thursday)

1. Jesus' Baptism in the Jordan
2. Jesus' Self-manifestation at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Five Sorrowful Mysteries

(Tuesday & Friday)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning of Thorns
4. Jesus Carries His Cross
5. Crucifixion

The Five Glorious Mysteries

(Wednesday & Sunday)

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption of the Blessed Virgin Mary
5. Coronation of Mary as Queen of Heaven and Earth

Hail Holy Queen (E)

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross (E)

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version) (M)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version) (M)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version) (M)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Nicene Creed (M)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, **consubstantial**
with the Father;

who proceeds from the Father and the Son,
Through him all things were made.

For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was **incarnate**
of the Virgin Mary,
and became a man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried

and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic,
and apostolic Church.

I confess one baptism for the forgiveness of sins
and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.