

1st Grade BCTs

Basic Catholic Teachings

Grade 1

1. Who made you? (Lesson 1)

God made you.

2. Why did God make you?

God made me to know Him, to love Him, and to serve Him in this world, and to be happy with Him in Heaven forever.

3. Who or what is made in the image and likeness of God? (Lesson 1, ARK)

Human Beings

4. How did God create the world and everything in it? (Lesson 3)

God created the world and everything in it out of nothing, using only His Word.

5. What do we call things of faith that we cannot fully understand? (Lesson 4)

Mysteries

6. How many persons are there in God? (Lesson 4)

There are **three** persons in **one** God.

7. What do we call the mystery of three Persons in one God? (Lesson 4)

The Holy Trinity

8. Name the three Persons of the Holy Trinity. (Lesson 4)

1. God the Father is the First Person.
2. God the Son is the Second Person. (Jesus)
3. God the Holy Spirit is the Third Person.

9. What is the Incarnation? (Lesson 6)

The Son of God took on human flesh to save us.

10. What are Jesus' two natures? (Lesson 6)

- a. Fully Human
- b. Fully Divine

11. What did Jesus come to earth to do? (ARK)

Save souls

12. What is Heaven? (Lesson 7)

Heaven is the state of perfect happiness with God forever.

13. What are Jesus' two great commandments? (Lesson 8, ARK)

Love God and love your neighbor

14. The stories that Jesus told to show us about God's love and how to live are called. (Chapter 9, ARK)

Parables

15. What are the Beatitudes (Lesson 9)

The Beatitudes are the heart of Jesus' teachings. They teach us how to go to Heaven.

16. What is prayer? (Lesson 11)

A conversation with God.

17. Who is the Lord's prayer prayed to? (Lesson 13, ARK)

God the Father

18. What are trespasses? (Lesson 13)

Trespasses are sins that we do.

- 19. What is sin? (ARK)**
- It's an offense against God
 - A failure to love God and neighbor
- 20. Who were the first people created by God? (Lesson 15)**
Adam & Eve
- 21. What do we call the sin of Adam & Eve? (Lesson 16)**
Original Sin
- 22. What did God promise Adam & Eve? (Lesson 17)**
God promised to send a Savior.
- 23. How did God save us from sin? (Lesson 17, ARK)**
He sent His Son into the world.
- 24. What does the Sacrament of Baptism do for us? (Lesson 18, ARK)**
1. Makes us children of God
 2. Takes away Original Sin
 3. Gives us Grace
 4. Makes us a member of the Church
- 25. What is grace? (Lesson 19)**
God's life in us.
- 26. What is a soul?**
The spiritual gift from God that gives us life; it lives forever.
- 27. What is a Guardian Angel?**
Our Guardian Angel is a gift from God to protect us and to be with us always.
- 28. The ability to choose how we act is called. (ARK)**
Free Will

29. What are the Theological Virtues? (ARK)

Faith

Hope

Charity (Love)

30. What are the fruits of the Holy Spirit? (Lesson 19)

The fruits are visible evidence that the Holy Spirit is active in one's life.

31. List the Fruits of the Holy Spirit. (Lesson 19, ARK)

- Charity (Love)
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Generosity
- Gentleness
- Faithfulness
- Modesty
- Self-Control
- Chastity

32. What is a saint? (Lesson 19)

A holy soul that is in Heaven.

33. What does the name Jesus mean? (Lesson 20)

God Saves

34. What do we call the day Jesus died on the Cross? (Lesson 20)

Good Friday

35. Who is the Lamb of God? (Lesson 20, ARK)

Jesus

- 36. What happened on Easter Sunday? (Lesson 21)**
Jesus rose from the dead.
- 37. What is the Ascension? (Lesson 21)**
Jesus rose in the sky to return to the Father.
- 38. What is the Paschal Mystery? (Lesson 21)**
The Suffering, Death, Resurrection, and Ascension of Jesus.
- 39. What are the two parts of the Mass? (Lesson 22, ARK)**
Liturgy of the Word
Liturgy of the Eucharist
- 40. What happens during the Liturgy of the Word?
(Lesson 22, ARK)**
Scripture is read
- 41. What happens during the Liturgy of the Eucharist?
(Lesson 22, ARK)**
Jesus comes to us in Holy Communion under the appearance
of bread & wine.
- 42. When did Jesus give us the Eucharist on the night before he
died? (Lesson 23, ARK)**
The Last Supper
- 43. What did Jesus change the bread & wine into at the Last
Supper? (Lesson 23)**
His Body-Blood-Soul and Divinity
- 44. Who is a Pastor, and what does he do? (Lesson 24, ARK)**
A priest who is in charge of a parish.

**45. What do we call the 12 men Jesus called to “follow” Him?
(Lesson 24)**

The 12 Apostles

46. Name the 12 Apostles. (Lesson 24)

Peter

Philip

James (the Greater)

James (the Less)

Jude

Judas

John

Andrew

Bartholomew

Matthew

Simon

Thomas

**47. Who did God choose to be the Mother of Jesus our Savior?
(Lesson 25)**

Mary

48. Was Mary born with Original Sin? (Lesson 25)

No

49. Who is the Holy Family? (Lesson 25)

Jesus, Mary and Joseph

**50. What was the name of the angel who told Mary she would
have a baby and call Him Jesus? (Lesson 26)**

Gabriel

51. Who is the third person of the Holy Trinity? (Lesson 29)

The Holy Spirit

52. Before He ascended to Heaven, who promised to send the Holy Spirit? (Lesson 30)

Jesus

53. When did the Holy Spirit descend upon Mary and the Apostles? This is also known as the “Birthday of the Church” (Lesson 30)

Pentecost

54. Which books in the Bible tell us about the life of Jesus? (Lesson 34, Ark)

The Gospels

55. Which books make up the Gospels? (Lesson 34, ARK)

Matthew

Mark

Luke

John

56. Who are the prophets? (Lesson 34)

Holy men who prepared people for the coming of the Savior, Jesus Christ.

57. Whom do the first 3 Commandments teach us to love? (Lesson 34)

God

58. Whom do the last 7 Commandments teach us to love? (Lesson 34)

Our neighbors and Ourselves

59. What are the five main seasons of the Church and what color is associated with each? (ARK)

1. Advent - purple
2. Christmas - white
3. Ordinary Time - green
4. Lent - purple
5. Easter - white

60. The season before Christmas is called. (ARK)

Advent

Prayers

Sign of the Cross

Our Father

Hail Mary

Angel of God

St. Michael Prayer

The Memorare

Grace Before Meals

Morning Offering

Act of Contrition

The Rosary

Glory Be

Apostles Creed

Act of Faith (short version)

Act of Hope (short version)

Act of Love (short version)

Stations of the Cross

Hail Holy Queen

Nicene Creed

Prayer of St Francis

Magnificat

Angelus

Come Holy Spirit

Chaplet of Divine Mercy

Prayer for Souls in Purgatory

Eternal Rest

Anima Christi

1	2	3	4	5	6	7	8
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	E	M	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	E	M
E	E	E	M	R	R	R	R
E	E	E	E	E	E	M	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	M	R
E	E	E	E	E	E	E	M
E	E	E	E	E	M	R	R
E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P:	The Angel of the Lord declared unto Mary	
R:	And she conceived of the Holy Spirit.	(Hail Mary)
P:	Behold the handmaid of the Lord	
R:	Be it done unto me according to your word.	(Hail Mary)
P:	And the Word was made flesh	
R:	And dwelt among us.	(Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus is stripped of His garments.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation.

Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself.
Amen.

2nd Grade BCTs

Basic Catholic Teachings
Grade 2

1. Who made you? (Lesson 1)

God made you.

2. How did God create the world and everything in it? (Lesson 1)

God created the world and everything in it out of nothing, using only His Word.

3. Who or what is made in the image and likeness of God? (Lesson 2, ARK)

Human Beings

4. What is a soul? (Lesson 2)

The spiritual gift from God that gives us life, it lives forever.

5. Name the three main powers of our souls? (Lesson 2)

1. An intellect
2. Free will
3. Capacity to love

6. The ability to choose how we act is called. (ARK)

Free Will

7. Who were the first people that God created? (Lesson 2)

Adam was the first man and Eve was the first woman.

8. What are Jesus' two great commandments? (Lesson 3, ARK)

Love God and love your neighbor

9. How many persons are there in God? (Lesson 4)

There are three persons in one God.

**10. What do we call the mystery of three Persons in one God?
(Lesson 4)**

The Blessed Trinity.

11. Name the three Persons of the Blessed Trinity. (Lesson 4)

1. God the Father is the First Person.
2. God the Son is the second Person. (Jesus)
3. God the Holy Spirit is the Third Person.

12. What is prayer? (Lesson 5)

Prayer is a conversation with God. (We lift up our hearts and minds to God.)

13. What are the two parts of the Mass? (Lesson 5, ARK)

Liturgy of the Word
Liturgy of the Eucharist

**14. What happens during the Liturgy of the Word?
(Lesson 5, ARK)**

Scripture is read

**15. What happens during the Liturgy of the Eucharist?
(Lesson 5, ARK)**

Jesus comes to us in Holy Communion under the appearance of bread & wine.

16. What is a Sacrament? (Lesson 6)

- A visible sign of God's Divine Life
- Instituted by Christ
- Where He meets us and
- Gives us grace.

17. How many sacraments are there? (Lesson 6, ARK)

18. What are the seven sacraments? (Lesson 6)

Baptism
Eucharist
Confirmation
Reconciliation
Anointing of the sick
Holy Orders
Matrimony

19. What is the Incarnation? (Lesson 8)

The Son of God took on human flesh to save us.

20. What are Jesus' two natures? (Lesson 8)

- a. Fully Human
- b. Fully Divine

21. What did Jesus come to earth to do? (ARK)

Save souls

22. How did God save us from sin? (ARK)

He sent His son into the world.

23. Who is Mary? (Lesson 9)

Mary is the mother of Jesus and our mother.

24. What is the Annunciation? (Lesson 9)

The Angel Gabriel told Mary that she would be the mother of Jesus and Mary said, "Yes"

25. What is the Immaculate Conception? (Lesson 9)

Mary was kept free of sin from the beginning of her life.

26. Who is St. Joseph? (Lesson 9)

The foster-father of Jesus and the Blessed Mother's husband.

27. The stories that Jesus told to show us about God's love and how to live are called. (Lesson 12, ARK)

Parables

28. Which books in the Bible tell us about the life of Jesus? (Ark)

The Gospels

29. Which books make up the Gospels? (ARK)

Matthew

Mark

Luke

John

30. What is Heaven? (Lesson 12)

Heaven is a place of perfect happiness with God forever.

31. What is an Apostle? (Lesson 13)

Apostle means "to be sent". Jesus appointed the 12 Apostles to be the first priests and start the Church.

32. Name the 12 Apostles (Lesson 13)

Peter

John

Phillip

Andrew

James

Bartholomew

James the Less

Matthew

Jude

Simon

Judas

Thomas

33. Who is a Pastor and what does he do? (ARK)

A priest who is in charge of a parish.

34. What are the Beatitudes (Lesson 14)

The Beatitudes are the heart of Jesus' teachings. They teach us how to go to Heaven.

35. What is a miracle? (Lesson 15)

A miracle is a supernatural sign or wonder, brought about by God.

36. Who is the Lord's prayer prayed to? (Lesson 16, ARK)

God the Father

37. What are we all born with because of the sin of Adam and Eve? (Lesson 18)

Original sin

38. What does the Sacrament of Baptism do for us? (Lesson 19, Ark)

1. Takes away Original Sin.
2. Makes us children of God.
3. Gives us Grace.
4. Make us a member of the Church

39. What are the Theological Virtues? (ARK)

Faith
Hope
Charity (Love)

40. What is grace? (Lesson 20)

Grace is God's life in us.

41. What is venial sin? (Lesson 21)

A venial sin is a less serious sin. It damages our relationship with God.

42. What is a mortal sin? (Lesson 21, ARK)

A mortal sin is a very serious sin. It completely breaks our friendship with God and we lose God's grace.

43. What three things are necessary for sin to be mortal?

(Lesson 21)

1. It must be a serious sin.
2. We must know that it is a serious sin.
3. We must freely choose to do it anyway.

44. Who has the power to forgive sins in Jesus' name?

(Lesson 23, ARK)

Priests and Bishops

45. Why did God create you? (Lesson 24)

God made me to know Him, to love Him and to serve Him in this world, and to be happy with Him forever in Heaven.

46. What does our conscience do? (ARK)

Our conscience helps us to do good and avoid evil.

47. What should we do before going to confession (ARK)

Examine our conscience

48. What is a prayer of Confession? (ARK)

Act of Contrition

49. What are the other 2 names for the Sacrament of Confession?

(Lesson 26)

Penance and Reconciliation

50. What happens in the sacrament of Penance?

(Lesson 26, ARK)

God forgives our sins.

51. When a priest hears our confession he is acting in the person of who? (ARK)

Jesus

52. What is the Paschal Mystery? (Lesson 31)

The Suffering, Death, Resurrection, and Ascension of Jesus.

53. What fruit of the Holy Spirit are you practising by waiting for someone or something without complaining? (ARK)

The virtue of patience

54. Who is the Lamb of God? (Lesson 34, ARK)

Jesus

55. When did Jesus give us the Eucharist? (Lesson 35, ARK)

The Last Supper

56. What must you do before receiving Communion? (ARK)

Have nothing to eat for one hour before.

57. What are the five main seasons of the Church and what color is associated with each? (ARK)

1. Advent - purple
2. Christmas - white
3. Ordinary Time - green
4. Lent - purple
5. Easter - white

58. The season before Christmas is called. (ARK)

Advent

59. What happened on Easter Sunday? (ARK)

Jesus rose from the dead.

60. Which season is made up of prayer, fasting and almsgiving? (ARK)

Lent

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
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- 10th Station: Jesus is stripped of His garments.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation.

Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

3rd Grade BCTs

Basic Catholic Teachings (BCTs)
Grade 3

1. How did God form you? (Lesson 1)

God formed me in His image and His likeness.

2. Why did God make you? (Communion)

God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him forever in Heaven.

3. Who were the first people that God created? (Lesson 1)

Adam was the first man and Eve was the first woman.

4. Because creation is a gift from God to us, we should

_____. (ARK)

Treat it with respect

5. After naming all the animals, Adam was _____. (Ark)

Still lonely

6. What is Original Sin? (Reconciliation, Communion, Lesson 1)

Original sin is the sin committed by Adam & Eve that we all inherited.

7. What is a covenant? (Lesson 2)

- An Act of Merciful Love between God and His People.
- A Promise to Continue,
- Expressed in Words and Actions.

8. What does the Sacrament of Baptism do for us? (Lesson 2, Ark)

1. Takes away Original Sin.
2. Makes us children of God.
3. Gives us Grace.
4. Makes us a member of the Church

9. At Baptism what do we become? (ARK)

A temple of The Holy Spirit

10. What are the Ten Commandments? (Reconciliation, Communion, Lesson 2)

1. I am the Lord your God, you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

11. What are the two natures of Jesus Christ? (Lesson 3)

He is True God and True Man?

12. Why did Jesus come to be with us? (Lesson 3, ARK)

To save us all from our sins.

13. What prayer does Jesus use to teach us to pray? (ARK)

The Our Father

14. What is the first Great Commandment? (ARK)

Love God

15. What did Jesus explain as the second Great Commandment? (ARK)

Love our neighbors as ourselves

16. What did John the Baptist call Jesus? (Lesson 3, ARK)

The Lamb of God

17. What can the phrase “The Body of Christ” describe? (ARK, Lesson 3)

The Church

18. What is grace? (Reconciliation, Lesson 4)

God’s life in us.

19. What is a Sacrament? (Reconciliation, Lesson 4)

A visible sign of God’s Divine Life

Instituted by Christ

Where He meets us and

Gives us grace.

20. What do sacraments do? (ARK, Lesson 4)

Allow us to share in God’s life.

21. What are the two signs that a sacrament is made up of? (Lesson 4)

1. **Matter:** Something we can see, hear, touch or smell
2. **Form:** Words

22. What are the seven Sacraments? (Reconciliation, Communion, Lesson 4)

- Baptism
- Eucharist
- Confirmation
- Reconciliation
- Anointing of the sick
- Holy Orders
- Matrimony

23. What is sin? (Reconciliation, Lesson 5, ARK)

- Sin is an offense against God
- A failure to love God and neighbor

- 24. What are the two types of sin? Please define each one. (Reconciliation, Lesson 5)**
- **Original Sin** (Sin of Adam & Eve): We did not commit this sin, we inherited it from them.
 - **Actual Sin** (or Personal Sin): Sin we "actually" commit ourselves.
- 25. What are the two types of Actual Sin? (Reconciliation, Communion, Lesson 5)**
- Venial
 - Mortal
- 26. What is a venial sin? (Reconciliation, Communion, Lesson 5)**
A venial sin is a less serious sin that damages our relationship with God.
- 27. What is mortal sin? (Reconciliation, Communion, Lesson 5)**
A mortal sin is a **very serious** sin. It completely breaks our relationship with God and we lose sanctifying grace.
- 28. What three things are necessary for a sin to be mortal? (Reconciliation, Lesson 5)**
- It must be serious.
 - We must know that it is serious.
 - We must freely choose to do it.
- 29. When we sin, does God stop loving us?(Reconciliation, Lesson 5)**
No, God never stops loving us.
- 30. When we sin, how do we ask for God's forgiveness? (Reconciliation, Lesson 5)**
We go to the sacrament of Reconciliation and tell God that we are sorry.

**31. What are the three names for the Sacrament of Confession?
(Reconciliation, Lesson 5)**

- Confession
- Reconciliation
- Penance

**32. What are the 6 steps to making a worthy confession?
(Reconciliation, Lesson 6)**

1. Make an examination of conscience before you go.
2. **Make** the Sign of the Cross.
3. **Say** "Bless me Father for I have sinned it has been _____ since my last Confession."
4. **Say** your sins and then say, "For these and all my sins I am truly sorry."
5. **Say** an Act of Contrition and **accept** your penance.
6. **Receive** absolution and do your penance.

**33. In which sacrament do we say the Act of Contrition?
(ARK, Lesson 6)**

Confession

**34. What is the name of the prayer that we tell God that we are
sorry for offending Him? (ARK, Lesson 6)**

The Act of Contrition

35. Why is hope an important virtue? (Ark, Lesson 7)

It shows we trust in God's promises

36. What is both a virtue and a gift of the Holy Spirit? (ARK)

Fortitude

37. A virtue is a habit of doing _____. (ARK, Lesson 7)

Good

38. What is another name for our friends in Heaven?

(Ark, Lesson 7)

Saints

- 39. What is the friendship we have with those in Heaven and in Purgatory called? (ARK, Lesson 7)**
The Communion of Saints
- 40. What day did Jesus die on the Cross? (Lesson 1)**
Good Friday
- 41. What day do we celebrate the Resurrection of Jesus? (Lesson 1)**
Easter Sunday
- 42. What is the Ascension? (Lesson 1)**
40 days after the Resurrection Jesus ascended up to Heaven.
- 43. What command did Jesus give His Apostles? (ARK)**
To spread the Good News
- 44. What happened on Pentecost? (Lesson 1)**
The Holy Spirit descended on those in the room as Tongues of Fire and Wind. 3,000 people were baptized when Peter went out and preached.
- 45. What sacrament did God give us at Pentecost? (ARK)**
Confirmation
- 46. What is the Immaculate Conception? (Lesson 1)**
Mary did not inherit Original Sin.
- 47. What happened at the Annunciation? (ARK, Lesson 1)**
Mary said "Yes" to be the Mother of God.
- 48. What is the Assumption of Mary? (ARK, Lesson 1)**
Mary being taken up into Heaven in both body and soul.

49. In which prayer do we ask the Mother of God to pray for us? (ARK)

The Hail Mary

50. What is a rosary? (ARK)

A special chain of beads which we use for praying.

51. During the Mass, at what moment does the bread and wine change into the Body, Blood, Soul and Divinity of Jesus Christ? (Communion)

At the Consecration

52. What do we call the change in the substance of bread and wine into the Body & Blood Soul & Divinity of Jesus, while under the appearance of bread and wine? (Communion)

Transubstantiation

53. What is the Eucharist? (Communion)

The Body, Blood, Soul & Divinity of Jesus Christ under the appearance of bread & wine.

54. How do we know that it is really Jesus in the Eucharist? (Communion)

Jesus told us and it's written in the Bible in John: chapter 6. It is true because Jesus would never lie to us.

55. What things are necessary for the worthy reception of Holy Communion? (Communion)

- Be free from mortal sin (be in the state of grace).
- Fast from food and drink for one hour.

56. If we have a mortal sin on our soul, what must we do before we go to Communion? (Communion)

We must go to confession.

57. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul? (Communion)

A sacrilege

58. When did Jesus institute the Sacrament of the Holy Eucharist? (Communion)

At the Last Supper on Holy Thursday

59. What do we participate in the re-presentation of at every Mass? (ARK)

Jesus' Sacrifice

60. What is changed at Mass to show the different Church seasons? (ARK)

The colors of the Priest's vestments

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
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Anima Christi	E	E	E	E	E	E	M	R

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Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

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my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

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Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

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Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

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Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

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O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation.

Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

4th Grade BCTs

Basic Catholic Teachings
Grade 4

1. How many persons are there in God? (Lesson 1)

There are three persons in one God.

2. What do we call the mystery of three persons in one God? (Lesson 1)

The Blessed Trinity.

3. Name the three persons of the Blessed Trinity. (Lesson 1)

1. God the Father
2. God the Son
3. God the Holy Spirit

4. Why did God make you? (Review)

God made me to know Him, to love Him, and to serve Him in this life so that I can be happy with Him in Heaven.

5. What word best describes God's call for us to take care of Creation? (ARK)

Stewardship

6. How did God form you? (Lesson 2)

In His own image and likeness.

7. What are the three offices of Jesus? (Lesson 2)

1. Priest
2. Prophet
3. King

8. How was Adam different from everything else God created on earth? (ARK)

He could know and love God

9. Which is not made in the image and likeness of God? (ARK)

- a. A baby growing in her mother's womb
- b. A very sick and elderly person
- c. A beloved family dog
- d. A child with a disability

10. What is the result of Baptism? (ARK)

- 1. Makes us children of God
- 2. Takes away Original Sin
- 3. Gives us Grace
- 4. Makes us a member of the Church

11. What is your Soul? (Lesson 3)

The spiritual and immortal gift from God that gives us life.

12. What are the three main powers of our souls? (Lesson 3)

- 1. An intellect
- 2. Free will
- 3. Capacity to love

13. What gift did God give us that allows us to choose between right and wrong? (Lesson 4)

Free will.

14. How should we form our consciences? (ARK)

Doing good things and forming good habits

15. What should we do before going to Confession? (ARK, Lesson 7)

Examine our Conscience

16. What is sin? (Lesson 8)

Sin is an offense against God

A failure to love God and our neighbor

17. What is original sin? (Lesson 8)

The sin committed by Adam and Eve that we all inherited.

18. What is Actual Sin? (Lesson 8)

The sins that we commit ourselves.

19. What are the two types of Actual Sin? (Lesson 8)

1. Venial

2. Mortal

20. 35. What is a mortal sin? (Lesson 8)

A mortal sin is a very serious sin. It completely breaks our relationship with God and we lose sanctifying grace.

21. What is a venial sin? (Lesson 8)

A venial sin is a less serious sin. It damages our relationship with God.

22. What is the difference between mortal and venial sin? (ARK)

Mortal sin breaks our relationship with God, while venial sin only damages it.

23. What is the role of the priest in confession? (ARK)

The priest forgives our sins in Jesus' name

24. When do we say the Act of Contrition? (ARK)

During Confession

25. What are some of the things that happened to Adam and Eve because of original sin? (Lesson 8, ARK))

1. Loss of certain graces
2. Concupiscence
3. Ignorance and weakness
4. **Suffering, sickness and death (ARK)**
5. Broken harmony with creation

26. What is temptation? (ARK, Lesson 9)

An urge to sin

27. What is a virtue? (ARK, Lesson 11)

A habit of doing the right thing

28. What are the 3 Theological Virtues? (Ark, Lesson 11)

- Faith
- Hope
- Charity

29. What are the 4 Cardinal Virtues? (Ark, Lesson 11)

- Prudence
- Temperance
- Justice
- Fortitude

30. To whom did God give the Ten Commandments? (Lesson 14)

Moses

31. Name the Ten Commandments. (Lesson 14)

1. I am the Lord your God, you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

**32. What does the 9th Commandment tell us we should not do?
(ARK, Lesson 16)**

Covet what belongs to others

33. What are the two Great Commandments? (ARK, Lesson 18)

Love God and love your neighbor as yourself.

34. What is the New Commandment? (ARK, Lesson 18)

Love one another as Jesus loves us.

35. Jesus' suffering and death is also called _____. (ARK)

The passion

36. Where will we be in perfect union with God forever? (ARK)

Heaven

37. Who is called to be holy? (ARK)

Everyone

38. Why are some souls sent to Purgatory? (ARK)

They need to be purified of sin

39. What is transubstantiation? (ARK)

The conversion of bread and wine into the real Body and Blood of Jesus.

40. During which of the following parts of the Mass do we receive Holy Communion? (ARK)

Liturgy of the Eucharist

41. How does receiving Holy Communion affect our lives? (ARK)

It helps us love God and our neighbor

42. What does the Church teach us about Holy Communion? (ARK)

- Receive the Eucharist at least once a year
- Receive the Eucharist only in the state of grace
- Receive the Eucharist daily if possible

43. Name the 7 Corporal Works of Mercy. (Lesson 23, ARK)

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

44. Name the 7 Spiritual Works of Mercy. (Lesson 24, ARK)

1. Instruct the ignorant.
2. Admonish the sinner.
3. Counsel the doubtful.
4. Comfort the sorrowful.
5. Forgive all injuries.
6. Bear wrongs patiently.
7. Pray for the living and the dead.

45. Prayer can be described as a battle because _____ (ARK)
Distractions make praying difficult

46. What is the short blessing we say when we begin to pray? (ARK)
The Sign of the Cross

47. In which prayer do we think about the Sorrowful Mysteries? (ARK)
The Rosary

48. What is an intercessor? (ARK)
Someone who prays for others

49. What are the Beatitudes? (Lesson 28, ARK)
Part of Jesus' teachings on how to be perfectly happy.

50. Name the 8 Beatitudes: (Lesson 28, ARK)

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are the meek, for they shall inherit the earth.
3. Blessed are those who mourn, for they shall be comforted.
4. Blessed are those who hunger and thirst for justice, for they shall be satisfied.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the pure in heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called children of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

**51. Jesus gave us the Beatitudes in the Sermon on the _____
(ARK)**

Mount

52. What is a covenant? (Lesson 35)

1. An act of merciful love between God and His people.
2. A promise to continue,
3. Expressed in words and actions.

53. Name 5 Covenants God made in the Old Testament. (Lesson 35, ARK)

1. Adam (One holy **Marriage**)
2. Noah (One holy **family**)
3. Abraham (One holy **tribe**)
4. Moses (One holy nation, **People of Israel**)
5. David (One holy **kingdom**)

54. Whom did God promise he would have descendants as numerous as the stars? (ARK)

Abraham

55. Who or what is the Mystical Body of Christ? (Review)

The Church (Christ is the head, we are the body)

56. Who founded the Catholic Church? (Review)

Jesus Christ

57. What do we call the union of Jesus' two natures? (Review)

The Hypostatic Union

58. What are the two natures of Jesus Christ? (Review)

He is True God and True Man. Jesus is One Divine person with Two distinct natures.

59. What do we call the fact that God the Son took on our human nature? (Review)

The incarnation (The Word became Flesh)

60. What is the Immaculate Conception? (Review)

Mary did not inherit Original Sin.

Prayers

Sign of the Cross

Our Father

Hail Mary

Angel of God

St. Michael Prayer

The Memorare

Grace Before Meals

Morning Offering

Act of Contrition

The Rosary

Glory Be

Apostles Creed

Act of Faith (short version)

Act of Hope (short version)

Act of Love (short version)

Stations of the Cross

Hail Holy Queen

Nicene Creed

Prayer of St Francis

Magnificat

Angelus

Come Holy Spirit

Chaplet of Divine Mercy

Prayer for Souls in Purgatory

Eternal Rest

Anima Christi

1	2	3	4	5	6	7	8
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	E	M	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	E	M
E	E	E	M	R	R	R	R
E	E	E	E	E	E	M	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	M	R
E	E	E	E	E	E	E	M
E	E	E	E	E	M	R	R
E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen

5th Grade BCTs

Basic Catholic Teachings

Grade 5

Unit 1 (lessons 1-5), Unit 2 (lessons 6-9), Unit 3 (lessons 10-14)
Unit 4 (lessons 15-19), Unit 5 (lessons 20-25), Unit 6 (lessons 26-31)
Unit 7 (lessons 32-36), Unit 8 (lessons 37-42), Unit 9 (lessons 43-46)

1. What is your soul? (Unit 1)

The spiritual and eternal gift from God that gives us life.

2. Name the three main powers of our souls? (Unit 1)

1. An intellect
2. Free will
3. Capacity to love

3. Why were human beings first made? (ARK)

For Communion with God and each other.

4. Ancient myths present the gods as selfish and jealous. What does Sacred Scripture teach that God created everything out of? (ARK)

God created everything out of Love

5. How can we know that God exists? (ARK)

- From reading the Bible
- Learning about and getting to know Jesus
- Using our reason and seeing the order and beauty of the world

6. What happens to those who die while in friendship with God? (ARK)

They will live forever in Heaven.

7. What do we call the fact that God the Son took on our human nature? (Unit 1)

The incarnation (The Son of God always existed - He took on human nature at the Incarnation.)

8. What are the two natures of Jesus Christ? (Unit 1)

Jesus is True God and True Man. He is one person with two natures (Divine and Human).

9. What do we call the union of Jesus' two natures? (Unit 1)

The Hypostatic Union

10. What is faith? (Unit 1)

Faith is a gift from God that enables us to believe in Him and all He has revealed.

11. What is Grace? (Unit 1)

Grace is God's life in us.

12. What is sanctifying grace? (Unit 1)

Sanctifying grace is a permanent gift that is given to us at Baptism and that continues the work of making us holy.

13. What was the Annunciation? (Unit 1)

The Archangel Gabriel announced to Mary that she would be the Mother of Jesus.

14. List the Sorrowful Mysteries of the Rosary. (Unit 1, ARK)

- Agony in the Garden
- Scourging at the Pillar
- Crowning with Thorns
- Jesus carries His Cross
- Crucifixion

15. What is a Sacrament? (Unit 2)

- A visible sign of God's Divine Life
- Instituted by Christ
- Where He meets us and
- Gives us grace

16. What are the seven Sacraments? (Unit 2)

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Order
7. Matrimony

17. Who gives the sacraments their power? (ARK, Unit 2)

Jesus

18. Who belongs to the Communion of Saints? (Unit 2)

- Church Militant (Those on earth)
- Church Suffering (Those in purgatory)
- Church Triumphant or Victorious (Those in heaven)

19. What are the 4 Marks of the Church? (Unit 2)

1. One (One Truth)
2. Holy (Founded by Christ)
3. Catholic (Universal)
4. Apostolic (Unbroken line from Apostles)

20. What is the difference between a career and a vocation? (Unit 3)

A career is a mode for making a living and contributing to the earthly welfare of the human community. You choose your career. A vocation is a call chosen for you by God as to your state in life and path to holiness

21. How can each person live out his or her vocation? (Unit 3)

A person can live out his or her vocation in the single life, the married life or the religious life.

22. What is Original Sin? (Unit 3)

Original sin was the first sin committed by Adam and Eve. All of mankind has inherited this sin from our first parents.

23. What are the effects of Original Sin? (Unit 3)

1. Loss of certain graces
2. Concupiscence
3. Ignorance and weakness
4. **Suffering, sickness and death (ARK)**
5. Broken harmony with creation

24. After the fall did Adam and Eve lose God's love? (ARK)

No

25. What happened on Pentecost? (Unit 4)

- The Holy Spirit descended on those in the room as Tongues of Fire and Wind.
- 3,000 people were baptized when Peter went out and preached.

26. What are the 7 gifts of the Holy Spirit? (Unit 4)

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

27. What graces does Confirmation confer? (ARK)

- Marking the recipient as God's own
- Consecrating the recipient
- Enrolling the recipient in God's service

28. What 2 Sacraments did Jesus institute at The Last Supper? (Unit 5)

1. Eucharist (Holy Communion)
2. Holy Orders (Priesthood)

29. What is represented at Mass? (Unit 5)

The passion, death and resurrection is represented at the Mass. (Jesus does not suffer again; we are brought to Calvary for the once, and only Holy Sacrifice).

30. What is a mystery? (Unit 5)

A mystery is something we believe through faith because God revealed it to us although we do not fully understand it.

31. What is the term for bread and wine becoming Christ's Body and Blood? (Unit 5, ARK)

Transubstantiation

32. What are 3 things Jesus said about His Body and Blood? (ARK)

1. My flesh is real food, my blood is real drink
2. Take and eat
3. I am the Bread of Life

33. What is the source and summit of Christian life? (ARK)

The Eucharist

34. When can Anointing of the Sick be received? (ARK)

When a person becomes seriously ill or is in danger of dying

35. In confession, what is penance? (Unit 6, ARK)

A task assigned by the priest to make up for your sins

36. What are the Sacraments of Healing?

- Confession
- Anointing of the Sick

37. What is sin? (Unit 6)

Sin is an offense against God (It is knowing something is wrong and choosing to do it anyway).

38. What are the two main kinds of sin? (Unit 6)

1. Original Sin
2. Actual Sin or Personal Sin

39. What are two types of Actual Sin? (Unit 6)

1. Mortal
2. Venial

40. What is the difference between venial sin and mortal sin? (ARK)

Venial sin hurts our friendship with God, and mortal sin breaks our friendship with God

41. What three things are necessary for a sin to be mortal (Unit 6)

1. It must be seriously wrong.
2. We must know that it is seriously wrong.
3. We must freely choose to do it.

42. Name the 10 Commandments. (Unit 6)

1. I am the Lord your God you shall not have false gods before me.
2. You shall not take the name of the Lord your god in vain,
3. Keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

43. What is the Fifth Commandment? (ARK)

You shall not kill.

44. If you take something that does not belong to you, which commandment are you breaking? (ARK)

Seventh Commandment

45. Why is it important to form your conscience? (ARK)

To do good and avoid sin

46. Which Cardinal Virtue are you practicing if you return something that you have borrowed? (ARK)

Justice

47. Which Cardinal Virtue helps you practice self control? (ARK)

Temperance

48. What is Christian love? (ARK)

Wanting and doing what is good for someone else.

49. What are the 3 Theological Virtues? (ARK)

- Faith
- Hope
- Love (Charity)

50. What flowed from Jesus' side at the crucifixion? (ARK)

Blood and Water

51. Jesus said the second Greatest Commandment was to love your neighbor as yourself. What did Jesus say was the Greatest Commandment? (Unit 8, ARK)

You shall love the Lord your God with all your heart, soul, and mind.

52. Name the three Persons of the Blessed Trinity. (Unit 8)

1. God the Father (First Person)
2. God the Son (Second Person)
3. God the Holy Spirit (Third Person)

53. When a man and a woman marry, what do they tell each other and the Church? (Unit 8,ARK)

They give themselves to each other for as long as they both live

54. Where in Scripture did Jesus make Peter the first Pope? (Unit 9)

Matthew 16:18 Jesus said, "And I say to you: That you are Peter, and upon this rock I will build my church. And the gates of hell will not prevail against it."

55. What do we mean by Apostolic Succession? (Unit 9)

The handing down from the Apostles to the Bishops of today.

56. What are the three degrees of Holy Orders and which is the highest order? (ARK)

1. Bishop is the highest order
2. Priest
3. Deacon

57. What are some common obstacles to prayer? (ARK)

- Dryness
- Distraction
- Boredom

58. What is the Nicene Creed? (ARK)

A profession of what we believe as Christians

59. What are parables? (ARK)

Stories Jesus told to teach about the Kingdom of God.

60. Is the Book of Isaiah in the Old Testament or New Testament of the Bible? (ARK)

Old Testament

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

6th Grade BCTs

Basic Catholic Teachings

Grade 6

Unit 1 (lessons 1-5), Unit 2 (lessons 6-12), Unit 3 (lessons 13-19)
Unit 4 (lessons 20-24), Unit 5 (lessons 25-29), Unit 6 (lessons 30-34)
Unit 7 (lessons 35-39)

1. What is the Hypostatic Union? (Unit 1)

In Christ one person subsists in two natures. Christ is fully human and fully Divine.

2. What is the Incarnation? (Unit 1)

a. Taking up St. John's expression, "The Word became flesh", the Church calls the Incarnation the fact that the Son of God assumed a human nature in order to accomplish our salvation in it.

3. Why did God send His Son into the world? (ARK)

So whoever believes in Him might not perish, but would live eternally.

4. What did Jesus instruct the Apostles to do after His resurrection? (Unit 1)

Jesus instructed them to go and spread the Good News of salvation to all people (to make disciples of all people, teaching them to observe all that he commanded, and baptized them in the name of the Father, and of the Son, and of the Holy Spirit; Mt 28: 16-20)

5. What do we call a special promise given by God? (Unit 1)

A covenant

6. What is a prophet? (Unit 1)

A prophet is a person whom God calls to speak on His behalf. Many of the Old Testament prophets were called to turn God's people away from sin and prepare for the coming of Christ

7. Who was the final prophet of the Old Covenant? (Unit 1)

John the Baptist

8. Who are the Old Testament Patriarchs? (Unit 1)

Abraham

Isaac

Jacob

9. In Genesis 12:2, we hear about God's covenant. With whom did God make this covenant and what did he promise? (Unit 1)

God made this covenant with Abraham and his wife, Sarah.

God promised that their descendants would be numerous and that they would inherit a Promised Land.

10. Throughout the Old Testament, why did God make covenants? (ARK)

To reveal Himself and show His love and mercy.

11. Who is responsible for authentically interpreting and teaching on Scripture and Tradition? (Unit 1)

The Bishops, as the successors of the Apostles, and the Pope as Successor of the first Pope, Peter.

12. What is Apostolic Succession? (Unit 1)

The authority of the Apostles passed down to the bishops.

13. What is one thing that current priests do that Old Testament priests did not? (ARK)

Offer the sacrifice of the New Testament

14. What is Divine Revelation? (Unit 1)

Divine Revelation is God's communication about himself and his plan for humanity.

15. What are the two fonts of Divine Revelation? (Unit 1)

Sacred Scripture

Sacred Tradition

16. How many inspired books and letters are in the Bible? (Unit 1)

73

17. How many books are in the Old Testament? (Unit 1)

46

18. How many books are in the New Testament? (Unit 1)

27

19. Who is the author of Scripture? (ARK, Unit 2)

God himself, who inspired human authors.

20. List and describe the different types of writing styles that are found in the Bible. (Unit 2)

Narrative: tells a story in a straightforward way, recounting an event

Law: writings that communicate how to best love God and each other.

Prophecy: writings calling the people of Israel to repentance and right worship of God.

Poetry: Express basic truths about God using metaphorical or artistic language.

Wisdom/Proverbs: writings commenting and offering advice using learned, quotable sayings.

Parable: short stories that communicate layers of truth.

Genealogy: record of family ancestries that reveal important connections.

Epistle/Letter: Letters to the early Church written by St. Paul and other Apostles

Apocalyptic: Truths about God and our salvation through visions using imagery and symbolism.

21. What are some of the things that happened to Adam and Eve because of original sin? (Unit 2)

1. Loss of certain graces
2. Concupiscence
3. Ignorance and weakness
4. Suffering, sickness and death
5. Broken harmony with creation

22. What is a soul? (Unit 2)

A soul is a spiritual gift from God given to us at conception and makes us human. The soul survives after death (immortal).

23. Why did God give Adam free will? (ARK)

Free will is necessary to love God.

24. Who shares the royal office of Christ as priest, prophet, and king? (ARK)

All baptized Christians

25. What sacrament forgives mortal sins? (ARK)

Confession

26. What is an effect of Confession (ARK)

Peace of conscience

27. Under what sense of Scripture do the Commandments and Beatitudes fall under? (ARK, Unit 2)

Moral

28. Which virtues are infused into our souls at Baptism? (ARK)

Faith, Hope, and Love

**29. Which sacrament removes all sins including original sin?
(ARK)**

Baptism

30. Does Baptism take away concupiscence? (ARK)

No

31. Whom does the bond of Baptism unify? (ARK)

All Christians

32. The Holy Bible teaches that as baptized Christians, the human body is? (ARK)

A temple of the Holy Spirit

33. What are the different forms of prayer? (Unit 3)

- a. Vocal Prayer
- b. Meditation
- c. Contemplative Prayer

34. When praying Lectio Divina, which would you use? (ARK)

A Bible

35. What is the ultimate purpose of the Commandments? (ARK)

To help us love God and each other.

36. What is the Mass? (ARK)

The re-presentation of Christ's sacrifice

37. Name the two parts of the Mass.

Liturgy of the Word
Liturgy of the Eucharist

38. What guidance does the Church give us about receiving Holy Communion? (ARK)

- Receive the Eucharist at least once a year
- Do not receive the Eucharist if you have unconfessed mortal sin
- Receive the Eucharist daily if possible

39. What are the two Great Commandments? (ARK)

Love God and love your neighbor

40. Which Great Commandment summarizes our duty towards God? (ARK)

You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.

41. What does the word Messiah mean? (Unit 5)

Anointed one

42. There are three major prophets whose books are quite long. Who are they? (Unit 5)

Isaiah
Jeremiah
Ezekiel

43. What is meant by the Redemption? (Unit 5)

Jesus Christ, as the Redeemer of the whole human race, offered His sufferings and death to God the Father as a perfect sacrifice in satisfaction for the sins of men. He gained for men the right to be children of God and heirs of heaven.

44. What do we call the event when the angel Gabriel announced to Mary that she would be the mother of God? (Unit 6)

The Annunciation

45. What are the 4 events used to describe the Paschal Mystery? (Unit 6)

Jesus' Passion
Death
Resurrection
Ascension

46. What does the word "Gospel" mean? (Unit 6)

The word "Gospel" means "Good News"

47. What are the names of the four Gospels and what do they tell us about? (Unit 6)

The four Gospels are Matthew, Mark, Luke and John. They tell about the life, teachings, Passion (suffering), death, Resurrection and Ascension of Jesus Christ.

48. Which part of the Lord's Prayer concerns the reign of God at the end of time? (ARK)

Thy Kingdom Come

49. What are some reasons all Christians should pray? (ARK)

- To grow in our relationship with God
- To ask God for good things
- To ask God to help others

50. In which type of prayer do we glorify God for His own sake? (ARK)

Praise

51. In which type of prayer do we ask God for good things? (ARK)

Petition

52. What are the Corporal Works of Mercy? (Unit 6)

Feed the hungry
Give drink to the thirsty
Shelter the homeless
Clothe the naked
Visit the sick
Visit the imprisoned
Bury the dead
Give alms to the poor

53. What are the Spiritual Works of Mercy? (Unit 6)

Counsel the doubtful
Instruct the ignorant
Admonish the sinner
Comfort the sorrowful
Forgive injuries
Bear wrongs patiently
Pray for the living and the dead

54. What are the 7 gifts of the Holy Spirit? (ARK, Unit 7)

- Wisdom
- Understanding
- Knowledge
- Counsel
- Fortitude
- Piety
- Fear of the Lord

55. What special strength does the sacrament of Confirmation give us? (ARK, Unit 7)

The strength to spread and defend the faith

56. Which person of the Trinity was present at Pentecost and still guides the Church today? (ARK, Unit 7)

The Holy Spirit

57. What are the human virtues that can be developed through our own efforts? (ARK)

The Cardinal Virtues- Prudence, Justice, Fortitude, Temperance

58. Which virtue can be defined as "right reason in action"? (ARK)

Prudence

59. What is the most important thing you must do in order to grow in virtue? (ARK)

Build Good Habits

60. What does the term "mystery of faith" mean? (ARK)

A truth that people cannot find out by themselves; it must be revealed by God

Prayers

Sign of the Cross

Our Father

Hail Mary

Angel of God

St. Michael Prayer

The Memorare

Grace Before Meals

Morning Offering

Act of Contrition

The Rosary

Glory Be

Apostles Creed

Act of Faith (short version)

Act of Hope (short version)

Act of Love (short version)

Stations of the Cross

Hail Holy Queen

Nicene Creed

Prayer of St Francis

Magnificat

Angelus

Come Holy Spirit

Chaplet of Divine Mercy

Prayer for Souls in Purgatory

Eternal Rest

Anima Christi

1	2	3	4	5	6	7	8
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	E	M	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
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E	E	E	E	E	E	E	M
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E	E	E	E	E	E	M	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	E	M
E	E	E	E	E	M	R	R
E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

1st Station: Jesus is condemned to death.

2nd Station: Jesus carries His cross.

3rd Station: Jesus falls the first time.

4th Station: Jesus meets His mother.

5th Station: Simon of Cyrene helps Jesus to carry His cross.

6th Station: Veronica wipes the face of Jesus.

7th Station: Jesus falls the second time.

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time.

10th Station: Jesus' clothes are taken away.

11th Station: Jesus is nailed to the cross.

12th Station: Jesus dies on the cross.

13th Station: The body of Jesus is taken down from the cross.

14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

7th Grade BCTs

Grade 7 BCTs

1. What are the two main ways in which God communicates to the world

- a. Sacred Scripture and Sacred Tradition

2. What happened as a result of the coming of the Holy Spirit at Pentecost? (ARK)

The Church was born and thousands were baptized

3. In which book of the Bible do we read the story of the flood? (ARK)

Genesis

4. What did God promise Noah after the flood? (ARK)

God would never flood the earth again.

5. Which books are considered the heart of the Bible since they tell the story of Jesus' life? (ARK)

Gospels

6. Which events are recorded in the Gospels? (ARK)

- Birth and Life of Jesus
- Teachings and Parables
- Passion and Death
- The Resurrection and Ascension

7. Each of the Gospel writers had a unique theological lens to portray the core message. What did each of them try to show through their Gospels? (ARK)

- Matthew: Jesus is the Messiah foretold by the Old Testament.
- Mark: Jesus is the suffering Son of God.
- Luke: Jesus is the compassionate Savior of all nations.
- John: Jesus is the Divine Word made Flesh.

- 8. The word synoptic means “seeing together”. Three out of the four Gospels are considered the Synoptic Gospels because they are remarkably similar. What are the Synoptic Gospels? (ARK)**

Matthew, Mark and Luke

- 9. What is the Incarnation? (ARK)**

Jesus the Son of God assumed a human nature

- 10. Which important prayer did Jesus teach us and where was it taught? (ARK)**

Jesus taught the Our Father at the Sermon on the Mount.

- 11. “Forgive us our trespasses” is a petition from which prayer? (ARK)**

The Lord’s prayer also referred to the Our Father.

- 12. List the Luminous Mysteries of the Rosary. (ARK)**

- Jesus’ Baptism in the Jordan
- Wedding feast at Cana
- Jesus’ Proclamation of the Kingdom of God
- The Transfiguration
- **The institution of the Holy Eucharist**

- 13. What is another term for The Church? (ARK)**

The Mystical Body of Christ? (Christ is the head, we are the body)

- 14. What can be described as a public prayer of the Church that is said throughout the day? (ARK)**

The Liturgy of the Hours

- 15. What is a sacred vessel that displays a consecrated host for adoration? (ARK)**

The Monstrance

- 16. What is intercessory prayer? (ARK)**

Prayer for others

17. List 4 facts about the season of Advent. (ARK)

- It begins the liturgical year.
- Its liturgical color is purple.
- It points to Christ's Second Coming.
- It is a season of preparation.

18. Which are the penitential seasons in the Catholic Church and what is the liturgical color that identifies them? (ARK)

The seasons of Advent and Lent and the color Purple

19. How can we develop habits of virtue? (ARK)

By choosing the good consistently

20. What are the 4 Cardinal Virtues? (Ark)

- Prudence
- Temperance
- Justice
- Fortitude

21. A steady will to do good in spite of difficulties is an example of which cardinal virtue? (ARK)

Fortitude

22. Discerning the true good in every circumstance, and knowing how to carry it out is an example of which cardinal virtue? (ARK)

Prudence

23. Which cardinal virtue helps us to avoid extremes and find a balance? (ARK)

Temperance

24. Which of the cardinal virtues means giving God and neighbor their due? (ARK)

Justice

25. When determining whether an act is morally good or morally wrong, what must we remember? (ARK)

A good intention does not make a bad act good.

26. Which of the Ten Commandments calls us to be stewards of creation and why does it fall under this commandment? (ARK)

The seventh commandment- "You shall not steal". The earth's resources are for all humanity past, present and future. We are obligated to preserve and care for and not abuse our dominion over God's creation.

27. Which of the Ten Commandments prohibits adultery, and calls every person to practice the virtue of chastity? (ARK)

The sixth commandment-"You shall not commit adultery."

28. Which commandment calls us to speak the truth in charity, and be honest in our deeds and words? (ARK)

The eighth commandment-"You shall not bear false witness."

29. What are the four marks of the Church?

- a. One: The one common faith for believers.
- b. Holy: The people who recognize that God dwells with them.
- c. Catholic: A universal faith for everyone.
- d. Apostolic: Founded by Christ on the Apostles and continued by their successors, the bishops.

30. Who are living examples of apostolic succession, are in charge of a diocese and have the power to confer Holy Orders? (ARK)

Bishops

31. What is a Vocation?

Vocation means a call. It is God's invitation (His Call) to each person to love and serve Him in a particular state or way of life.

32. What are the distinct vocations that Christians are called to in the Church?

- a. Marriage
- b. Single life
- c. Priesthood
- d. Religious life

33. What is the difference between a career and a vocation?

A career is a mode for making a living and contributing to the earthly welfare of the human community. You choose your career. A vocation is a call chosen for you by God as to your state in life and path to holiness.

34. What is God's primary plan for spouses in marriage? (ARK)

To reflect the self-giving love of the Trinity

35. What is the state of blessed happiness in heaven called? (ARK)

Beatitude

36. What is purgatory?

Purgatory is a temporary state of purification before heaven for those who die in God's friendship but are not completely detached from sin.

37. What are the three groups in the Communion of Saints?

- The Church militant (The living faithful of the Church)
- The Church suffering (Those being purified in Purgatory)
- The Church triumphant (All those in Heaven)

38. Do Catholics worship Mary?

- a. No, Catholics worship God (the Father, Son and Holy Spirit) alone. Mary is given a special honor and devotion due to her role as the Mother of God and our Blessed Mother.

39. Name the 4 Marian Dogmas?

- Mary Mother of God
- The Immaculate Conception
- The Assumption
- Perpetual Virginity

40. Which virtues are infused by God into the souls of the faithful at Baptism? (ARK)

The Theological Virtues

41. With which theological virtue do we love God above all, and love our neighbor for God's sake? (ARK)

The virtue of **Charity** which can also be referred to as **Love**.

42. In which sacrament do we die to sin and become new creations in Christ? (ARK)

Baptism

43. Which sacrament is necessary to complete the process begun at Baptism to become fully initiated into the Church?

Confirmation

44. How can a Catholic become more united with Christ? (ARK)

Receiving the Eucharist

45. Does the Eucharist forgive sins?

The Eucharist forgives venial sins but it does not forgive mortal sins.

46. What event is the scriptural basis for the Eucharist? (ARK)

The Last Supper

47. **Do you need to receive the Eucharist under both species (the Body and the Blood) in order to receive Jesus fully?**
No, Christ is **fully** present (body, blood, soul and divinity) under the forms of bread and wine. Therefore you do not need to receive Him under both species in order to receive Him fully.
48. **What litany do we sing while the consecrated bread is being broken (this signifies the moment of Christ's death)?**
a. Lamb of God.
49. **In order to have the sacrament of Confirmation administered upon a candidate who has attained the age of reason, the candidate must; (CCC 1319)**
a. profess the faith
b. be in the state of grace
c. have the intention of receiving the sacrament
d. be prepared to assume the role of disciple and witness to Christ
50. **In which sacrament do we confess our sins to a priest who is acting in God's place? (ARK)**
The sacrament of Penance
51. **What is sin an offense against? (ARK)**
 - God
 - Reason and Truth
 - Our Conscience
52. **What is the only way, under normal circumstances, for mortal sins to be forgiven after baptism?**
a. Through the sacrament of Reconciliation
53. **What are the three conditions for a sin to be a mortal sin? (ARK)**
 1. It must be **Grave Matter** (It must be a serious sin)
 2. You must have **Full Knowledge** (You know it's serious)
 3. You must give **Complete Consent** (You choose to do it)
54. **What is concupiscence?**
Concupiscence is the inclination towards sin.

- 55. Who can administer the Anointing of the Sick?**
Only a priest or bishop can administer the Anointing of the Sick.
- 56. When is the proper time to receive the Anointing of the Sick?**
When a believer begins to be in danger of death because of illness or old age
- 57. What are some of the effects of the Anointing of the Sick?**
- a. The healing of the soul.
 - b. The healing of the body if it is God's will.
 - c. The forgiveness of sins if a person is not able to receive the sacrament of Reconciliation.
 - d. Preparation for the final journey to eternal life.
- 58. Who can administer the sacrament of Matrimony?**
The man and woman are the ministers of the sacrament of Matrimony.
- 59. What are the two purposes of marriage?**
- a. Unity of spouses
 - b. Procreation
- 60. What makes a sacramental marriage valid?**
- a. The marriage is between one man and one woman
 - b. They freely exchange their consent
 - c. They have the intention to be married for life and faithful to one another.
 - d. Openness to children.
 - e. Their consent is given in the presence of two witnesses

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,

R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

8th Grade BCTs

Grade 8 BCT

1. Name the 8 Beatitudes

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are the meek, for they shall inherit the earth.
3. Blessed are those who mourn, for they shall be comforted.
4. Blessed are those who hunger and thirst for justice, for they shall be satisfied.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the pure in heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called children of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

2. Can we get to heaven on our own? Why or why not? (ARK)

No, because we need to depend on God for salvation

3. Where does our dignity as persons come from? (ARK)

Our being made in the image of God.

4. What does the word “Eucharist” mean? (Test)

Thanksgiving

5. What does the word “Catholic” mean? (Test)

Universal

6. According to Catholic teaching, what is necessary for a war to be JUST? (ARK)

- **Grave damage:** damage inflicted by the aggressor must be lasting, grave, and certain.
- **Last resort:** All other peaceful means have been shown to be ineffective.
- **Prospects of success:** There must be a reasonable chance of success.
- **Proportionality of results:** The use of arms must not produce evils and disorders that are worse than the evil to be eliminated.
- **Legitimate authority:** decision belongs to the judgement of those responsible for common good, not individuals.

7. What does the first chapter of Genesis affirm about human beings? (ARK)

They were created in the image of God as male and female

8. Name the churches that St. Paul wrote his epistles for. (ARK)

- Rome
- Corinth
- Thessalonica

9. Who was the first Christian martyr documented in Scripture? (ARK)

St. Stephen

10. What did the Edict of Milan (313 A.D.) do? (ARK)

Legalized Christianity in the Roman Empire

11. What is Pentecost and what book in the bible can this be found? (Test)

Pentecost is the feast we celebrate 50 days after Easter that commemorates the descending of the Holy Spirit on the Apostles, which strengthened the gifts of the Holy Spirit, giving them the courage to go out and preach baptizing 3000 people that very day. It can be found in the Acts of the Apostles.

12. Where in scripture is the best example of Jesus' instituting the Sacrament of Reconciliation? (Test)

John 20: 19-23- Jesus breathes on the Apostles and tells them, "Receive the gift of the Holy Spirit." He then gives them the authority to forgive saying, "if you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

13. Why is prayer sometimes referred to as a battle? (ARK)

- Prayer requires discipline
- Prayer requires us to overcome laziness and distractions
- Prayer requires us to overcome temptations of lies, discouragement and doubts

14. Praying for a deceased relative is an example of what type of prayer? (ARK)

Intercessory prayer

15. If you have an unconfessed mortal sin on your soul, should you receive Holy Communion at Mass? (ARK)

No

16. If a person has struggled with many sins but has gone to confession, should that person receive Holy Communion at Mass? (ARK)

Yes

17. Can our conscience lead us to sin? (ARK)

Yes, because our conscience may not be well-formed

18. What are the three groups in the Communion of Saints? (Test)

- The Church militant (The living faithful of the Church)
- The Church suffering (Those being purified in Purgatory)
- The Church triumphant (All those in Heaven)

19. What are the four cardinal virtues? (Test)

- a. prudence
- b. justice
- c. temperance
- d. fortitude

20. What are the three theological virtues? (ARK, Test)

- a. Faith
- b. Hope
- c. Charity (Love)

21. What is morality? (ARK)

The quality of our actions whereby they are right or wrong

22. What three things need to be considered when judging the morality of an act? (ARK)

- a. The object
- b. The intent
- c. The circumstances

23. At the end of time, what will we all be judged on? (ARK)

Our Love

24. What do we call the first sin of Adam and Eve? We all inherit it. (Test)

Original Sin

25. What three things must be present in order for a sin to be mortal? (Test)

- a. It must be **Grave Matter** (serious offense)
- b. You must have **Full Knowledge** (know it is serious)
- c. You must give **Complete Consent** (choose to do it)

26. Are our passions morally good or bad? (ARK)

Our passions are amoral (neither good nor bad) because they are natural. They only gain a moral value when our thoughts and choices get involved.

27. What are the four Marks of the Church? (Test)

1. One (One Truth)
2. Holy (Founded by Christ)
3. Catholic (Universal)
4. Apostolic (Unbroken line from Apostles)

28. The Precepts of the Church are the bare minimum requirements for Christian living. List the five precepts of the Church. (ARK)

- Attend Mass on Sundays and Days of Obligation
- Confess your sins at least once a year
- Receive the Eucharist at least once a year
- Observe days of fasting and abstinence
- Provide for the needs of the Church

29. What are the two main parts of the Mass? (Test)

- Liturgy of the Word
- Liturgy of the Eucharist

30. What are the three traditional practices that Catholics observe during Lent?

- Prayer
- Fasting
- Almsgiving

31. What is an example of someone observing Lent? (ARK)

Making special donations to the poor is an example of almsgiving.

32. Name the 4 Marian Dogmas.

- Mary Mother of God
- The Immaculate Conception
- The Assumption
- Perpetual Virginity

33. What is the Immaculate Conception? (Test)

Mary was conceived without original sin

34. To whom did Jesus give the keys to the kingdom of Heaven making him the first Pope? (ARK, Test)

St Peter

35. Who is the Pope? (Test)

- a. The Pope is the successor of St. Peter
- b. The Bishop of Rome
- c. The visible head of the entire Church
- d. The Vicar of Jesus Christ, who is the invisible head of the Church.

36. What is the teaching authority of the Church? (Test)

The Magisterium

37. What is a sacrament? (ARK)

A visible sign of invisible grace

38. When did Jesus institute the sacraments of the Eucharist and Holy Orders? (Test)

At the Last Supper

**39. Name the seven sacraments according to their categories.
(ARK, Test)**

Sacraments of Initiation:

- Baptism
- Confirmation
- Holy Communion

Sacraments of Healing:

- Penance
- Anointing of the Sick

Sacraments of Vocation:

- Marriage
- Holy Orders

40. What could be considered a “radical imitation of the life of Christ”? (ARK)

Responding to the call of consecrated life

41. Which is the first of Jesus’ Great Commandments? (ARK)

You shall love the Lord your God with all your heart, soul, and mind.

42. What are the 10 Commandments? (Test)

1. I am the Lord your God, you shall not have other gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord’s Day.
4. Honor your father and your mother
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor’s wife.
10. You shall not covet your neighbor’s possessions.

43. Why are Tarot cards and Ouija boards and engaging in superstition mortally sinful? (ARK)

- a. Attributing power to anything other than God is a sin against the 1st Commandment. Attempting to communicate with the dead or putting trust in superstitions leaves our souls open to demonic attachment.

44. What does the Church describe as “a good of marriage” and helps the couple reflect God's love? (ARK)

Total self-giving love

45. Who is called to chastity? (ARK)

- Priests and religious
- Married people
- Single people

46. What are the Corporal Works of Mercy? (Test)

- a. Feed the Hungry
- b. Clothe the Naked
- c. Give Drink to the Thirsty
- d. Shelter the Homeless
- e. Visit those in Prison
- f. Visit the Sick
- g. Bury the Dead
- h. Give Alms to the Poor

47. What are the Spiritual Works of Mercy? (Test)

- a. Instruct the Ignorant
- b. Admonish the Sinner
- c. Counsel the Doubtful
- d. Comfort the Sorrowful
- e. Forgive all Injuries
- f. Bear Wrongs Patiently
- g. Pray for the Living and the Dead

48. What is the incarnation and during which liturgical season do we reflect on it? (ARK, Test)

The incarnation is the truth that the Son of God became man and took on human flesh to save us. We reflect on it during Advent.

49. What are Jesus' two natures? (Test)

- a. Fully Human
- b. Fully Divine

50. What do we call the union of Jesus' two natures? (Test)

- a. The Hypostatic Union

51. What is Transubstantiation? (Test)

- a. Transubstantiation is the change of bread and wine into the Body, Blood, Soul, and Divinity of our Lord Jesus Christ, which occurs at the Consecration.

52. What are the three roles (offices) of Christ that all Christians also have? (ARK, Test)

- a. Priest
- b. Prophet
- c. King

53. What did Jesus come to fulfill? (ARK)

The Old Law

54. What are the two main fonts of Divine Revelation? (Test)

- a. Sacred Scripture
- b. Sacred Tradition

55. Who makes up the Mystical Body of Christ? (Test)

- a. Christ (the head)
- b. The Church; Us (the body)

56. When do we become members of the Mystical Body of Christ? (Test)

At our Baptism

57. Who founded the Catholic Church? (Test)

Jesus

58. What are the 7 gifts of the Holy Spirit? (Test)

- a. Wisdom
- b. Understanding
- c. Knowledge
- d. Counsel
- e. Fortitude
- f. Piety
- g. Fear of the Lord

59. Name the Holy Days of Obligation and give their dates. (Test)

- a. January 1st- Mary, Mother of God
- b. 40 days after Easter- Ascension
- c. August 15th- Assumption
- d. November 1st- All Saints Day
- e. December 8th- Immaculate Conception
- f. December 25th-Christmas

60. List three facts regarding The Second Vatican Council. (ARK)

- Was primarily pastoral in nature
- Emphasized the role of the laity in the Church
- Called for liturgical reform

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,

R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.

Questions removed from BCTs

5th grade

1. How many persons are there in God? (Chapter 2)

There are three persons in one God.

2. What are Angels? (Chapter 4)

Angels are servants and messengers of God. They are purely spiritual beings having no body.

3. How did God form you? (Chapter 5)

God made you in His image and likeness.

4. In the Fall, what was the name of the tree that Adam and Eve ate from? (ARK)

The Tree of Knowledge of Good and Evil.

5. To whom did God give the Ten Commandments? (Chapter 9)

God gave the Ten Commandments to Moses.

6. What do we mean by the term “Immaculate Conception”? (Chapter 11)

The Blessed Mother was free from Original Sin and filled with sanctifying grace at the moment of her conception.

7. What is the Resurrection? (Chapter 21)

Jesus rose from the Dead on Easter Sunday three days after He died on the cross.

8. What happened on the evening of the Resurrection - Easter Sunday? (Chapter 21)

Jesus appeared to His Apostles and instituted the Sacrament of Confession when He breathed on them and said, “Receive the

Holy Spirit whose sins you shall forgive they are forgiven;
whose sins you shall hold bound they are held bound.”

9. What is the Great Commission?(Chapter 22)

Before He ascended into Heaven Jesus commanded His Apostles,
“Go therefore and make disciples of all nations, baptizing them in the
name of the Father and of the son and of the Holy Spirit..”

Mt. 28:18-20

10. What is the Ascension? (Chapter 22)

Jesus rose in the sky to return to the Father 40 days after Easter.

11. Who founded the Catholic Church? (Chapter 24)

Jesus

12. Who or what is the Mystical Body of Christ? (Chapter 24)

The Church. Christ is the head & we are the members.

13. What are the precepts of the Church? (Chapter 26)

1. Go to Mass on Sunday's and Holy Days of Obligation
2. Receive Confession once a year (in preparation to receive Eucharist)
3. Receive the Eucharist at least once per year during the Easter tide
4. Observe the days of fast & abstinence
5. Provide for the needs of the Church

14. What is the teaching authority of the Church, given by Christ to the Apostles successors? (Chapter 27)

The Magisterium

15. What are the two main divisions of the Bible? (Chapter 27)

1. Old Testament
2. New Testament

16. How many books are in the Bible? (Chapter 27)

- Old Testament 46
- New Testament 27 = 73 total

17. What is infallibility? (Chapter 27)

Infallibility is the ability to teach without error on matters of **Faith & Morals**. This can be done by either:

- The Pope alone or
- The Bishops in union with the Pope

18. What is a symbol of Baptism? (ARK)

Water

19. What is the Assumption of the Blessed Mother? (Chapter 29)

Mary was taken up to heaven body & soul at the end of her earthly life.

20. What is death? (Chapter 30)

Death is the moment when the soul separates from the body.

21. What is the Particular Judgment? (Chapter 30)

The Particular Judgment is when Jesus privately judges our soul at the moment of death.

- If we have no sin we go to Heaven for all eternity.
- If we have venial sin we go to Purgatory to be purified so we can go to Heaven.
- If we have a mortal sin we go to hell for all eternity.

22. What is the General Judgment? (Chapter 30)

The General Judgment will be the final judgment by Christ passed publicly on all people at the end of the world when our bodies will be reunited with our souls and our final destination will be announced.

23. After death, where do those in friendship with God go? (ARK)
Heaven

24. What is Hell? (Chapter 30)

Hell is a place of eternal separation from God (where there is no love of God, no love of others and no love of self).

25. What is Purgatory? (Chapter 30)

Purgatory is a place of temporary separation from God, where a person is made able to go to heaven through suffering.

26. What is Heaven? (Chapter 30)

Heaven is eternal happiness with God.

27. What are the Four Last Things? (Review)

1. Death
2. Judgment
3. Heaven
4. Hell

6th Grade

1. What is the “orans” position? (Chapter 24)

The “orans” is a prayer posture where the priest stands with his hands raised and elbows at his side.

2. What happens at Mass during the “Epicicles”? (Chapter 24)

The priest extends his hands over the bread and wine and prays for the Holy Spirit to descend and change the bread and wine into the real Body and Blood of Jesus Christ.

3. Salvation history can be divided into eight stages - six stages found in the Old Testament, and two stages found in the New Testament. Identify these eight stages:

Old Testament:

- i. Primeval history
- ii. The patriarchs
- iii. Egypt and the Exodus
- iv. The Promised Land and the judges
- v. The kings and the prophets
- vi. The Exile and the return

New Testament:

- vii. The life of Jesus Christ
- viii. The Church

4. What is a primeval history? (Chapter 1)

The events that happened before recorded history - such as the accounts of Adam and Eve, Original Sin, Cain and Abel, Noah and the Flood, and the Tower of Babel.

5. What is the central Christian belief that there is one God in three Divine Persons: Father, Son and Holy Spirit? (Chapter 2)

The Blessed Trinity

1. What is monotheism? (Chapter 2)

Monotheism is the belief in one God.

2. How did God fully reveal Himself? (Chapter 2)

Jesus is God, so God the Father FULLY revealed himself by sending his son Jesus.

3. What is a Sacrament?

1. A visible sign of God's Divine Life
2. Instituted by Christ
3. Where He meets us and
4. Gives us grace.

1. What is salvation history? (Chapter 9)

The pattern of events in human history through which God makes his presence and his saving actions known to us.

2. What is Sacred Tradition? (Chapter 10)

Sacred Tradition is both the content of the Catholic Faith and the way that content has been handed down through the centuries under the guidance of the Holy Spirit.

1. Name the seven sacraments according to their categories. (Chapter 10)

Sacraments of Initiation:

- i. Baptism
- ii. Confirmation
- iii. Holy Communion

Sacraments of Healing:

- iv. Penance
- v. Anointing of the Sick

Sacraments of Vocation:

- vi. Marriage

vii. Holy Orders

2. When we refer to the Mass as a Nuptial Mass or a Requiem Mass, what are we talking about? (Chapter 18)

Nuptial Mass = Wedding Mass

Requiem Mass = Funeral mass

3. What is the Ascension? (Chapter 21)

The Ascension is the event that occurred forty days after the Resurrection, when Jesus was taken up to Heaven.

4. The Gospel of John, whom does Jesus refer to as the Holy Spirit? (Chapter 21)

The Advocate

5. What is the event that was witnessed by Peter, James and John when Jesus is transformed in appearance and shows his divinity to them? (Chapter 21)

The Transfiguration

1. What do Catholics stand and pray during Sunday Mass to express their belief in one Trinitarian God? (Chapter 23)

The Apostles' Creed or the Nicene Creed

2. What are the 4 Marks of the Church? (Chapter 23)

One: The one common faith for believers.

Holy: The people who recognize that God dwells with them.

Catholic: A universal faith for everyone.

Apostolic: Founded by Christ on the Apostles and continued by their successors, the bishops.

3. Who is Satan? (Chapter 30)

Satan is the fallen angel who is always looking for ways to tempt us to disobey God.

4. What is the Immaculate Conception?

From the moment Mary came into being (her conception), she was immaculate - without Original Sin

5. What faith was practiced by Jesus and is the root of our Christian faith? (Review)

The Jewish faith

6. How does the Bible refer to the entire universe?

Heaven and Earth

7. Who were the non-Jews that Paul began preaching to?

The Gentiles, most commonly the ancient Greeks.

8. Where do we find the history of the early Christian Church?

In the Acts of the Apostles, the letters in the New Testament and the Book of Revelation.

9. What are the four major sections of the Old Testament?

Pentateuch (Torah)

The historical books

The wisdom and poetry books

The prophets

10. What does Genesis, the first book of the Pentateuch, tell us about?

The Book of Genesis tells us about the Creation of the world, Adam and Eve, Original Sin, Cain and Abel, Noah and the Flood, the Tower of Babel, and the beginning of the Chosen People through God's Covenant with Abraham, his son Isaac, and Isaac's son, Jacob.

11. Who was the author of the Pentateuch?

Moses

12. Who translated the Bible into Latin and what was the name of that translation?

St. Jerome translated the Bible into Latin and it was called the Vulgate.

13. What is Faith?

Faith is the theological virtue by which we believe in God and believe all that He has said and revealed to us, because He is truth itself (CCC1814).

1. Was the Son of God always man? (Lesson 1)

- a. The Son of God was **not** always man, but became man at the time of the incarnation.

1. When did Sacred Tradition begin? (Lesson 2)

Sacred Tradition began with the preaching of the Apostles.

7th Grade

1. What does the Eucharist represent?

- a. The Eucharist represents, as one single sacrifice, the passion, death and resurrection of Christ.

2. Does the sacrament Baptism or Reconciliation remove concupiscence?

- a. The sacraments of Baptism and Reconciliation remove sins but **not** concupiscence.

3. What is the matter and form for the Anointing of the Sick?

- a. The matter is the oil used to anoint the forehead and hands of the person
- b. The form is the words: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up."

4. Why can a marriage not be dissolved?

- a. Jesus taught that marriage is permanent and the Church must follow this teaching. Marriage is a prefigurement of Christ's love for us. Jesus made an everlasting covenant with us and marriage symbolizes this love.

1. What are the four major sections of the Old Testament?

- a. The Pentateuch (Torah)
- b. The historical books
- c. The wisdom and poetry books
- d. The prophets

2. Whose role is it to authentically interpret Sacred Scripture and Sacred Tradition?

- a. The Magisterium (the Pope and the bishops in communion with him)

3. Which of the apostles is the primary leader and source of authority?

- a. Peter, the first Pope

- 1. How will our resurrected bodies be different from how they are now?**
 - a. Our resurrected bodies will be perfect and immortal.
- 2. How many epistles are there in the New Testament?**
 - a. 21
- 3. What is an epistle and why are they so important?**
 - a. An epistle is a letter written to the Church. They provided important guidance to the early Church about misunderstandings. They continue to guide the Church today about how to love our brothers and sisters in Christ.
- 4. What are the three duties of a bishop and which is most important?**
 - a. To proclaim the word of God (most important)
 - b. To sanctify others by the sacraments
 - c. To govern the diocese
- 5. What three vows are taken in consecrated life and what are they called?**
 - a. Evangelical Counsels
 - i. Poverty
 - ii. Chastity
 - iii. Obedience

- 1. Of the Holy Days of Obligation, which are Marian Feast Days?**
 - a. Jan. 1st – Mary the Mother of God
 - b. August 15 – The Assumption
 - c. December 8 – The Immaculate Conception
- 2. How is Mary our model for prayer?**
 - a. In her fiat “yes” and at the foot of the cross she showed complete confidence in God’s plan.
- 3. What is worship?**
 - a. Worship is adoration of God.
- 4. When did Jesus establish the Holy Eucharist and the Priesthood?**
 - a. Jesus established the Holy Eucharist and the Priesthood at the Last Supper.

5. How does the Greek work “Anamnesis” explain the real presence of Jesus in the Eucharist and our participation in His sacrifice?

- a. At the last supper Jesus said, “Do this in remembrance of me.” The Greek word “Anamnesis” is translated to “remembrance” but its real meaning is “to make present.” Anamnesis provides the details for why the Church has always taught that Christ is not re-sacrificed at each Mass, but that we enter into that one moment, it is made present to us.

6. How are sacraments defined?

- a. The sacraments are effective signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us.

7. Where in Scripture does Jesus tell us that He is the True Bread that came down from Heaven? What do we call this “Bread from Heaven”?

- a. Gospel of John, chapter 6
- b. We call this bread the Eucharist.

8. What is the sacramental seal of confession?

- a. Whatever a priest hears in confession is kept private under all circumstances.

9. What should take place first before going to the sacrament of reconciliation?

- a. An examination of conscience

1. In what two ways is marriage a covenant?

It is a covenant between man and woman by continuous self-sacrifice.

It is a covenant between the couple and God by continuous self-sacrifice.

1. Who can administer the sacrament of Holy Orders?

- a. Only a bishop can administer the three degrees of holy orders.

2. What is the matter and form for the sacrament of Holy Orders?

- a. The matter is the laying on of hands.
- b. The form is the appropriate prayer for the degree of Holy Orders.

1. Which sacraments can only be received once?

- Baptism
- Confirmation
- Holy Orders

1. What is the chief punishment of hell?

The chief punishment of hell is eternal separation from God.

2. Does God choose hell for certain people?

No, by rejecting God, people choose hell for themselves.

1. Who can consecrate the Eucharist?

Only validly ordained priests can consecrate the Eucharist.

1. What is transubstantiation?

- a. The substance of bread and wine is changed into the substance of the body and blood of Jesus.

2. In an emergency who can baptize?

- a. In any emergency, as long as they have the correct intention, anyone can baptize.

3. What are the three degrees of holy orders?

- a. Deacon
- b. Priest
- c. Bishop

4. What are the two types of contrition?

- a. Perfect contrition: Repentance that comes from our love of God
- b. Imperfect contrition: Repentance that comes from lesser motives

1. Who is the Vicar of Christ?

The Pope

1. How is it possible to remain married for life?

Christ's presence in the graces of sacramental marriage enables the couple to live out what might seem at times an impossible demand.

8th Grade

1. What happened in the Sermon on the Mount that is described in Chapter 5 of Matthew's Gospel?

- a. Jesus taught using the Beatitudes.

1. What is free will?

- a. Free will is the gift from God, rooted in reason that allows us to choose what we do. It is the ability to overcome the temptation to do evil and choose to do good.

1. What is the natural moral law?

- a. The innate ability humans have to know and discern between the truth, the good, and evil. It is his share in the wisdom and goodness of the Creator (CCC 1954-1955).

2. Who knows when the Last Judgement will occur?

God the Father alone

1. Which of the capital sins is the belief that you are better than others?

- a. Pride

2. Which of the capital sins is the practice of eating or drinking too much?

- a. Gluttony

3. What is envy? (CCC 2539)

- a. Envy is one of the capital sins. Envy is sadness at the sight of another's goods and the immoderate desire to acquire them for oneself, even unjustly. When it wishes grave harm to a neighbor, it is a mortal sin.

4. Which of the capital sins is laziness, or slacking when action is needed?

a. Sloth

5. Which of the capital sins is an intense anger that leads us to seek revenge instead of making things right?

a. Wrath

6. Which of the capital sins is the out-of-control desire to enjoy yourself, especially in a sexual way?

a. Lust

1. What is doctrine?

a. Doctrine is the Church's teachings based on God's Revelation by and through Jesus Christ.

1. Can the Pope speak infallibly?

a. Yes, only when explicitly stated on the topics of faith and morals.

1. What is idolatry?

a. Idolatry is making other things (like money, possessions, popularity, etc.) more important than God.

2. What is the denial of God's existence?

a. Atheism

3. What is a procedure that intentionally ends an unborn child's life?

a. Abortion

4. When does a human being receive a soul from God?

a. A human receives a soul at the moment of conception.

5. What is legitimate defense?

a. Legitimate defense is the principle that makes it necessary to protect oneself or others.

6. Why should all lives be protected?

a. All people are created in the Image and Likeness of God and possess inherent dignity from the moment of conception.

- 7. What is the virtue of living your sexuality in a pure and healthy way, particularly by obeying the Sixth and Ninth Commandments?**
 - a. Chastity
- 8. What are our bodies meant to do?**
 - a. Our bodies are meant to give glory to God.
- 9. What is the ultimate prayer of the Church?**
 - a. The Mass
- 10. What is prayer? (CCC 2559)**
 - a. "Prayer is the raising of one's mind and heart to God or the requesting of good things from God."
- 11. What are the different forms of prayer?**
 - a. Vocal Prayer
 - b. Meditation
 - c. Contemplative Prayer
- 12. What is Vocal Prayer**
 - a. Vocal prayers are usually prayers that we have memorized that we can offer to God alone or with a group of people.
- 13. What is Meditation?**
 - a. Meditation is a quest for the mind to seek God, to learn the things of God, to know Him. This type of prayer is difficult to do on our own so we use the help by reading scripture or another form of spiritual reading such as the life or writings of a saint to give us something to meditate on. After reading we put ourselves into the scene and think about who, what, why and how. God will stir our hearts with insights and wisdom. All we need to do is give Him our time and desire.

14. What is Contemplative Prayer?

a. Contemplative Prayer: Contemplative prayer is conversation with God. A close sharing between friends. Some types of Contemplative prayer are;

- Adoration
- Contrition
- Thanksgiving
- Supplication (petitions)
- Intercession (prayers for others)

1. What are virtues?

a. Virtues are good habits that we develop to help us consistently do the right thing.

2. Which cardinal virtue means balance and self-control and helps us to avoid addictions to things that might hurt our bodies?

a. Temperance

3. Which cardinal virtue means to give both God and our neighbors what is due to them?

a. Justice

4. Which cardinal virtue gives us the strength to overcome temptations to do wrong, no matter how intense the temptations are?

a. Fortitude

5. Which cardinal virtue is good judgment, exercised with caution?

a. Prudence

1. What are the two types of actual sin?

- a. Venial
- b. Mortal

2. What is a venial sin?

a. Venial sin is an act of disobedience to the law of God in a lesser matter, or in a matter in itself serious, but done without full knowledge or consent.

3. What is a mortal sin?

- a. A mortal sin is a serious offense against God's will that completely separates a person from God. It is called "mortal" because it leads to eternal death.

4. What does reparation mean?

- a. The act of reparation means to amend or restore a wrong that was done against another person or God.

5. What is concupiscence?

- a. The attraction that all human beings have towards sin, as a result of Original Sin.

1. What are the seven capital or deadly sins?

- a. Pride
- b. Greed
- c. Envy
- d. Wrath
- e. Lust
- f. Gluttony
- g. Sloth

2. Name the two purposes of marital intimacy.

- a. Procreation
- b. Unity of spouses

OCIC

Basic Catholic Teachings (BCTs)

OCIC

1. Who was the first Pope?

Peter

2. Who is the current Pope?

Pope Leo XIV

3. Who founded the Catholic Church?

Jesus

4. What are the 4 marks of the church?

1. One (One Truth)
2. Holy (Founded by Christ)
3. Catholic (Universal)
4. Apostolic (Unbroken line from Apostles)

5. The Precepts of the Church are the bare minimum requirements for Christian living. List the five precepts of the Church.

- Attend Mass on Sundays and Days of Obligation
- Confess your sins at least once a year
- Receive the Eucharist at least once a year
- Observe days of fasting and abstinence
- Provide for the needs of the Church

6. How did God fully reveal Himself?

God fully revealed Himself by sending his Son, Jesus Christ. Jesus is God, so God the Father FULLY revealed himself by sending his son Jesus.

7. How does God continue to reveal Himself?

Sacred Scripture and Sacred Tradition

8. Why did God make you?

God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him forever in Heaven.

9. What do we call the Mystery of three Persons in one God?
The Blessed Trinity

10. Name the three Persons of the Blessed Trinity.

1. God the Father
2. God the Son
3. God the Holy Spirit

11. Who were the first people that God created?

Adam was the first man and Eve was the first woman.

12. What is sin?

Sin is an offense against God.

13. What is Original Sin?

Original sin is the sin committed by Adam & Eve that we all inherited.

14. What are the effects of original sin?

- Human nature corrupted
- Our understanding darkened
- Will weakened
- Concupiscence (Strong attraction towards sin)

15. What is the Incarnation?

a. Jesus assumed a human nature in order to accomplish our salvation in it. God became Man.

16. What is the Hypostatic Union?

a. Christ is one person who exists in two natures. Christ is **fully** human and **fully** Divine. True Man and True God.

17. What is meant by the Redemption?

Jesus Christ, as the Redeemer of the whole human race, offered His sufferings and death to God the Father as a perfect sacrifice in satisfaction for the sins of men. He gained for men the right to be children of God and heirs of heaven.

18. What two sacraments did Jesus institute on Holy Thursday at the Last Supper?

Holy Orders and the Eucharist

19. What happened on Pentecost?

The Holy Spirit descended on those in the room as Tongues of Fire and Wind. 3,000 people were baptized when Peter went out and preached.

20. What are the three groups in the Communion of Saints?

- a. The Church militant (The living faithful of the Church)
- b. The Church suffering (Those being purified in Purgatory)
- c. The Church triumphant (All those in Heaven)

21. Name the 4 Marian Dogmas?

- Mary Mother of God
- The Immaculate Conception
- The Assumption
- Perpetual Virginity

22. What are the Four Last Things?

- Death: The end of earthly life
- Judgement: The moment when each person is judged by God.
- Heaven: The eternal state of perfect happiness and communion with God.
- Hell: The eternal state of punishment and separation from God.

23. What is a Sacrament?

1. An outward sign
2. Instituted by Christ
3. Where He meets us and
4. Gives us grace.

24. What are the seven Sacraments?

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Orders
7. Matrimony

25. What does the Sacrament of Baptism do for us?

1. Takes away Original Sin.
2. Makes us children of God.
3. Gives us Grace.

26. What are the two types of sin? Please define each one.

1. **Original Sin** (Sin of Adam & Eve): We did not commit this sin, we inherited it from them.
2. **Actual Sin** (or Personal Sin): Sin we "actually" commit ourselves.

27. What are the two types of Actual Sin?

1. Venial
2. Mortal

28. What is a venial sin?

A venial sin is a less serious sin that damages our relationship with God.

29. What is mortal sin?

A mortal sin is a **very serious** sin. It completely breaks our relationship with God and we lose sanctifying grace.

30. What three things are necessary for a sin to be mortal?

1. It must be serious.
2. We must know that it is serious.
3. We must freely choose to do it.

31. What is grace?

God's life in us.

32. What are the Ten Commandments?

1. I am the Lord your God, you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

33. What are the 6 steps to making a worthy confession?

1. Make an examination of conscience before you go.
2. **Make** the Sign of the Cross.
3. **Say** "Bless me Father for I have sinned it has been _____ since my last Confession."
4. **Say** your sins and then say, "For these and all my sins I am truly sorry."
5. **Say** an Act of Contrition and **accept** your penance.
6. **Receive** absolution and do your penance.

34. What is the Eucharist (aka Holy Communion)

The Body, Blood, Soul & Divinity of **Jesus Christ** under the appearance of bread & wine.

35. During the Mass, when does the bread & wine change into the Body, Blood, Soul & Divinity of Christ?

At the moment of Consecration

36. What do we call the change in the substance of bread and wine into the Body & Blood Soul & Divinity of Jesus, while under the appearance of bread and wine?

Transubstantiation

37. What things are necessary for the worthy reception of Holy Communion?

1. Be free from mortal sin (be in the state of grace).
2. Fast from food and drink for one hour.

38. If we have a mortal sin on our soul, what must we do before we go to Communion?

We must go to confession.

39. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul?

A sacrilege

40. What is another name for “Savior”?

Redeemer

41. How do we know that it is really Jesus in the Eucharist?

Jesus told us and it's written in the Bible in John: chapter 6. It is true because Jesus would never lie to us.

42. What are the 7 gifts of the Holy Spirit?

- a. Wisdom
- b. Understanding
- c. Knowledge
- d. Counsel
- e. Fortitude
- f. Piety
- g. Fear of the Lord

Prayers

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen