

**Basic Catholic Teachings (BCT's)  
Middle School Supplement**

**SAINTS**

*The number of facts students are expected to know about a saint will increase according to grade level.*

**1. Name 4,6,8 things about St. Thomas Aquinas**

- *He wrote the Summa Theologica.*
- *He referred to God as the “Uncaused Cause” and the Unmoved Mover”.*
  - *(He used Aristotle’s descriptions here)*
- *He is a Doctor of the Church.*
- *He was referred to as the “Dumb Ox”.*
- *Jesus spoke to him from a cross and said “Well done Thomas”.*
- *His family did not want him to become a priest.*
- *He was a Dominican.*
- *He wrote the Mass for the Feast of Corpus Christi.*

**2. Give 3,4,6 facts about St. Philip Neri.**

- *He wanted to be a missionary to India.*
- *He lived/served in Rome.*
- *He founded the Oratory.*
- *He used humor to spread the Gospel.*
- *He was friends with St. Ignatius of Loyola and St. Charles Borromeo.*
- *Feastday is May 26.*

**3. Name 3,4,5 facts about St. Ignatius of Loyola.**

- *He was a soldier*
- *He converted during a period of illness.*
- *He founded the Society of Jesus (Jesuits)*
- *His motto was Ad majorem Dei gloriam (All for the greater glory of God)*
- *His feast day is July 31.*

**4. Give 3,5,7 facts about St. Augustine of Hippo**

- *Baptized by St. Ambrose*
- *His mother St. Monica prayed for his conversion*
- *Converted from Manicheanism*
- *He became a bishop*
- *Said "Our hearts are restless until they rest in thee"*
- *Wrote many books, including Confessions and City of God*
- *Feastday August 28*

**5. Give 3,5,7 facts about St. Francis.**

- *Cloth merchant,*
- *soldier;*
- *founded the Franciscan Orders;*
- *experienced conversion when he embraced a leper*
- *preached the Gospel*
- *loved and served the poor*
- *Feast day October 4*

**6. Name 3,4,5 facts about Blessed Miguel Pro.**

- *Martyred by the Mexican government*
- *Jesuit priest*
- *Administered the sacraments secretly*
- *Died shouting "Viva Cristo Rei"*
- *Feastday November 23*

**7. Name 3,5,7 things about St. Catherine of Siena.**

- *Third Order Dominican*
- *1 of 26 children*
- *urged pope to return papacy to Rome*
- *Doctor of the Church*
- *received the stigmata*
- *starting having visions of Christ at the age of six*
- *Feastday April 29*

**8. What event led to the conversion of 9 million Native Americans?**

*The appearance of Our Lady of Guadalupe to St. Juan Diego*

**9. Name two saints who lived in or served in North America.**

*St. John Neumann, St. Katharine Drexel, St. Rose Philippine Duchene, Bl. Junipero Serra, St. Kateri Tekakwitha, St. Damien of Molokai, St. Marianne Cope, St. Francis Xavier Cabrini, St. Theodore Guerin, St. Jean de Brebeuf, St. Isaac Jogues, St. Rene Goupil, St. Elizabeth Ann Seton, Bl. Francis Xavier Seelos, Ven Pierre Toussaint, Ven Fulton Sheen, St. Juan Diego, Bl. Miguel Pro, Bl. Marie of the Incarnation, St. Marguerite Bourgeoys*

**10. Name a saint that has other saints or blesseds in his or her family.**

*St. Therese (Bl. Louis, Bl. Zelig); St. Bernard (Blesseds Alice, Humbeline, and his brothers Guy, Gerard, Andrew, Bartholomew, and Nivard); St. Augustine (St. Monica); Sts. Cosmas and Damian; Sts. Benedict and Scholastica; Sts. Basil and Gregory of Nyssa; St. Clare (St. Agnes of Assisi)*

## LITURGICAL YEAR

**11. What are the Holy Days of Obligation?** CCC 2043; 2180; Canon 1246:2

- |                                |   |                       |  |
|--------------------------------|---|-----------------------|--|
| 1. <i>January 1</i>            | = | Mary, Mother of God   |  |
| 2. <i>40 days after Easter</i> | = | Ascension             | <i>(First Sunday 40 days after Easter)</i> |
| 3. <i>August 15</i>            | = | Assumption            |  |
| 4. <i>November 1</i>           | = | All Saints Day        |  |
| 5. <i>December 8</i>           | = | Immaculate Conception |  |
| 6. <i>December 25</i>          | = | Christmas             | G6-LY                                      |

**12. Name the 6 Liturgical Seasons of the Church Year in order?** CCC 1168-1173

- 1. Advent 2. Christmas 3. Ordinary Time 4 Lent 5. Triduum 6. Easter*  
 OR *1. Advent 2. Christmas 3. Lent 4. Triduum 5. Easter 6. Ordinary Time* G6-LY

**13. What is Advent?** CCC 524

*Advent is the time we wait and prepare for the coming of Jesus on Christmas.* G6-LY

**14. What are the three comings we anticipate during Advent?**

- *Christ's coming at Christmas*
- *Christ's coming in the Eucharist*
- *Christ's coming at the end of time (Final Judgment)*  
*(coming in history, mystery, and majesty)*

**15. What is Lent?** CCC 1438

*Lent is the time we prepare for the joy of Easter.* G6-LY

**16. What good works are we to do especially during Lent?** CCC 1434

1. *Prayer*
  2. *Fasting*
  3. *Almsgiving*
- G6-LY

**17. What are the three days of the Easter Triduum?** CCC 1168; LMC #29

*Day 1 = Holy Thursday Evening to Good Friday Evening*  
*Day 2 = Good Friday Evening to Easter Saturday Evening*  
*Day 3 = Easter Saturday Evening to Easter Sunday Evening (After Vespers)* G6-LY

**18. What is the Paschal Mystery?** CCC 571

*The suffering, death and resurrection of Jesus.* G6-LY

**19. What happened on Good Friday?** CCC 619; 641

*Jesus suffered and died on the cross (Crucifixion)* G6-LY

**20. On Holy Thursday, what Jewish feast was Jesus celebrating with His Apostles at the Last Supper?**

CCC 611; 621; 1339-1341

*A Passover Meal* G6-LY

**21. What sacraments did Jesus institute on Holy Thursday when He celebrated the Passover at the Last Supper?** CCC 611;1323;1340

1. *Eucharist*
2. *Holy Orders.*

*G6-LY*

**22. What day do we celebrate the Resurrection of Jesus?** CCC 1169-1170

*Easter Sunday*

*G6-LY*

**23. What do we celebrate on the Feast of the Assumption?**

*Mary was taken into heaven body and soul*

**24. When do we celebrate a feast day for all those people who have died and are in heaven who have not been declared saints?**

*November 1<sup>st</sup> -- All Saints Day*

CCC 2043; 2180; Canon 1246:2

*G6 -LY*

**25. What feast do we celebrate on the last Sunday in Ordinary Time?**

*Solemnity of Jesus Christ, King of the Universe (Feast of Christ the King)*

**26. During which month do we show special devotion to St. Joseph?**

*March*

**27. At what battle did victory prompt the pope to declare the Feast of Our Lady of the Rosary?**

*The Battle of Lepanto*

**28. What are two of the divisions of the Liturgy of the Hours?**

*Morning Prayer, Midday Prayer, Evening Prayer, Night Prayer, Office of Readings*

### MISCELLANEOUS

**29. What is a seminary?**

*An institution that educates men to be priests*

**30. Who said, "Our hearts are restless until they rest in thee"?**

*St. Augustine*

**31. What is the stigmata?**

*The marks of Jesus' wounds on the hands, feet, and side*

**32. What is the name for the special pointed hat worn by a bishop?**

*Mitre*

**33. What is the name for the bishop's staff?**

*Crozier*

**34. What is excommunication?**

*The most severe penalty given by the Church in very serious matters*

**35. What is Mortal Sin?**

*Mortal sin is an act of disobedience to the law of God in a serious matter, done with full knowledge and deliberate consent.*

**36. What three things must be present in order for a sin to be mortal?**

*It must be serious*

*You must know it is serious*

*You must freely choose to do it*

**37. What is the smallest country in the world?**

*Vatican City*

**38. The Pope is still a Bishop. Where is his diocese?**

*Rome*

**39. What Hebrew word means “to swear an oath”**

*Sheva*

**LISTS****40. What are the four marks of the Church?** CCC 811

1. *One*
2. *Holy*
3. *Catholic*
4. *Apostolic*

**41. Name the Corporal Works of Mercy.** CCC 2447

1. *Feed the Hungry.*
2. *Clothe the Naked.*
3. *Give Drink to the Thirsty.*
4. *Shelter the Homeless.*
5. *Visit Those in Prison.*
6. *Visit the Sick.*
7. *Bury the Dead.* .

**42. Name the Spiritual Works of Mercy.** CCC 2447

1. *Instruct the Ignorant*
2. *Admonish the Sinner*
3. *Counsel the Doubtful*
4. *Comfort the Sorrowful*
5. *Forgive all Injuries*
6. *Bear Wrongs Patiently*
7. *Pray for the living and the dead*

**43. State the Seven Last Words of Christ.**

1. *I Thirst*
2. *Father Forgive them ....*
3. *Truly This Day You Shall Be With Me In Paradise*
4. *Mother Behold Your Son; Behold Your Mother*
5. *My God; My God Why Have You Forsaken Me.*
6. *It Is Finished*
7. *Father Into Your Hands I Commend My Spirit*

**44. Name the 10 most recent Popes, beginning with our current Pope.**

1. *Pope Francis*
2. *Pope Benedict XVI*
3. *Pope John Paul II*
4. *Pope John Paul I*
5. *Pope Paul VI*
6. *Pope John XXIII*
7. *Pope Pius XII*
8. *Pope Pius XI*
9. *Pope Benedict XV*
10. *Pope Pius X*

**45. What are the 8 Beatitudes?** CCC 1716

1. *Blessed are the poor in spirit, theirs is the kingdom of Heaven.*
2. *Blessed are they who mourn, they will be comforted.*
3. *Blessed are the meek, they will inherit the land.*
4. *Blessed are they who hunger and thirst for righteousness, they will be satisfied.*
5. *Blessed are the merciful, they will be shown mercy.*
6. *Blessed are the clean of heart, they will see God.*
7. *Blessed are the peacemakers, they will be called children of God.*
8. *Blessed are those persecuted for righteousness (My) sake, the kingdom of God is theirs.*  
(Great is their reward in heaven) G6-18

**46. Name the fourteen Stations of the Cross.**

- 1<sup>st</sup> Station: *Jesus is condemned to death.*
- 2<sup>nd</sup> Station: *Jesus carries His cross.*
- 3<sup>rd</sup> Station: *Jesus falls the first time.*
- 4<sup>th</sup> Station: *Jesus meets His mother.*
- 5<sup>th</sup> Station: *Simon of Cyrene helps Jesus to carry His cross.*
- 6<sup>th</sup> Station: *Veronica wipes the face of Jesus.*
- 7<sup>th</sup> Station: *Jesus falls the second time.*
- 8<sup>th</sup> Station: *Jesus meets the women of Jerusalem*
- 9<sup>th</sup> Station: *Jesus falls a third time.*
- 10<sup>th</sup> Station: *Jesus clothes are taken away.*
- 11<sup>th</sup> Station: *Jesus is nailed to the cross.*
- 12<sup>th</sup> Station: *Jesus dies on the cross.*
- 13<sup>th</sup> Station: *The body of Jesus is taken down from the cross.*
- 14<sup>th</sup> Station: *Jesus is laid in the tomb.*

**47. Name the Ten Commandments in order.**

1. *I am the Lord your God you shall not have false God's before me.*
2. *You shall not take the name of the Lord your God in vain.*
3. *Keep holy the Lord's Day.*
4. *Honor your father and your mother.*
5. *You shall not kill.*
6. *You shall not commit adultery.*
7. *You shall not steal.*
8. *You shall not bear false witness.*
9. *You shall not covet your neighbor's wife.*
10. *You shall not covet anything that belongs to your neighbor.*

**48. What are the Joyful Mysteries of the Rosary?** CCC 484;717; 524 527; 534 Rosarium Virginus Mariae JPII

1. *Annunciation*
2. *Visitation*
3. *Nativity (Birth of Jesus)*
4. *Presentation*
5. *Finding in the Temple*

**49. What are the Luminous Mysteries of the Rosary?** CCC 535;1613;543;555;1340 Rosarium Virginus Mariae JPII

1. *The Baptism in the Jordan.*
2. *Jesus' self manifestation at the Wedding Feast of Cana.*
3. *Proclamation of the Kingdom of God.*
4. *Transfiguration.*
5. *Institution of the Eucharist.*

**50. What are the Sorrowful Mysteries of the Rosary?** CCC 284;572;616;612;619 Rosarium Virginus Mariae JPII

1. *Agony in the Garden*
2. *Scourging at the Pillar*
3. *Crowning with Thorns*
4. *Carrying the Cross*
5. *Crucifixion*

**51. What are the Glorious Mysteries of the Rosary?** CCC 651;661;691;974;966 Rosarium Virginus Mariae JPII

1. *Resurrection*
2. *Ascension*
3. *Descent of the Holy Spirit*
4. *Assumption*
5. *Coronation of Mary as Queen*

## APOLOGETICS SCRIPTURE PASSAGES

### What happened in Scripture at:

#### 52. Gen 3:15

CCC 410

*Promise of a Savior – offspring of the woman*

*Immaculate Conception – hostility between devil and Mary, who will conquer him through her sinlessness*

**Quote:** *“I will put enmity between you and the Woman, between your offspring and hers – you will strike at his heel while he will strike at your head.” G6-LY*

#### 53. John 3:16

CCC 458

The incredible love the Father has for us.

**Quote:** *“For God so loved the world that He sent His only begotten Son.”*

#### 54. 1 John 4:16

CCC 221

God is love

**Quote:** *“God is love, and whoever abides in love abides in God and God in him.”*

## PPRAYERS / DEVOTIONS

#### 55. The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

#### 56. Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

#### 57. Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

#### 58. Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

#### 59. Grace After Meals

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

#### 60. Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

#### 61. Angel of God

Angel of God, my guardian dear, to whom God’s (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

**62. The Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart, the salvation of souls, reparation for sin, the reunion of all Christians. I offer them for all the intentions of our bishops and of all the Apostles of Prayer, and in particular, for those recommended by our Holy Father for this month. Amen

**63. The Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

**64. Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**65. Act of Contrition**

Oh my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin again. Amen

**66. Memorare**

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, I fly to you, O Virgin of Virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

**67. Act of Faith (long version)**

O my God, I firmly believe that You are in three divine Persons: Father, Son and Holy Spirit. I believe that your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen

**68. Act of Hope (long version)**

O my God, relying in Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace and life everlasting through the merits of Jesus Christ, my Lord and Redeemer. Amen

**69. Act of Love (long version)**

O my God, I love You above all things, with my whole heart and soul, because You are all good and worthy of all my love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and I ask the pardon of all whom I have injured. Amen

**70. Angelus**

P: The Angel of the Lord declared unto Mary

R: And she conceived of the Holy Spirit. (Hail Mary)

P: Behold the handmaid of the Lord

R: Be it done unto me according to your word. (Hail Mary)

P: And the Word was made flesh

R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen

**71. Hail Holy Queen**

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

**72. Prayer at the End of the Rosary**

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

**73. Prayer to St. Michael**

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**74. Magnificat**

My soul proclaims the greatness of the Lord,  
 my spirit rejoices in God my Savior  
 for he has looked with favor on his lowly servant.  
 From this day all generations will call me blessed:  
 the Almighty has done great things for me,  
 and holy is his Name.

He has mercy on those who fear him  
 in every generation.  
 He has shown the strength of his arm,  
 he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,  
 and has lifted up the lowly.  
 He has filled the hungry with good things,  
 and the rich he has sent away empty.

He has come to the help of his servant Israel  
 for he remembered his promise of mercy,  
 the promise he made to our fathers,  
 to Abraham and his children forever.

**75. Prayer to the Holy Spirit**

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

**76. Prayer of St. Francis**

Lord, make me an instrument of Your peace. □ Where there is hatred, let me sow love; □ Where there is injury, pardon; □ Where there is doubt, faith; □ Where there is despair, hope; □ Where there is darkness, light; □ Where there is sadness, joy. □ O divine Master, grant that I may not so much seek □ to be consoled as to console, □ To be understood as to understand, □ To be loved as to love; □ For it is in giving that we receive; □ It is in pardoning that we are pardoned; □ It is in dying to self that we are born to eternal life.