

## **Grade 8 BCT**

### **1. What happened in the Sermon on the Mount that is described in Chapter 5 of Matthew's Gospel?**

Jesus taught using the Beatitudes.

### **2. Name the Beatitudes.**

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are those who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the pure in heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called sons of God.
- Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
- Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account.
- Rejoice and be glad, for your reward is great in heaven.

### **3. What is free will?**

Free will is the gift from God that allows us to choose what we do.

It is the basis for our moral responsibility.

### **4. What is natural law?**

Natural law is part of our human nature to understand what is good. It lets us take part in God's wisdom and goodness. We are created in the image of God. We have an innate understanding of right and wrong and how to act.

**5. What are virtues?**

Virtues are good habits that we develop to help us consistently do the right thing.

**6. What are the four cardinal virtues?**

1. prudence
2. justice
3. temperance
4. fortitude

**7. Which cardinal virtue means balance and self-control and helps us to avoid addictions to things that might hurt our bodies?**

Temperance

**8. Which cardinal virtue means to give both God and our neighbors what is due to them?**

Justice

Justice towards God is religion (worship).

**9. Which cardinal virtue gives us the strength to overcome temptations to do wrong, no matter how intense the temptations are?**

Fortitude

**10. Which cardinal virtue is good judgment, exercised with caution?**

Prudence

**11. What are the three theological virtues?**

1. Faith
2. Hope
3. Charity

**12. What three things need to be considered when judging the morality of an act?**

1. The object
2. The intent
3. The circumstances

**13. How can we form our consciences and live the life God wants for us?**

1. Follow the teachings of Sacred Scripture and the Church
2. Seek guidance from holy people
3. Pray to the Holy Spirit for help

**14. What are the two types of sin?**

1. Venial
2. Mortal

**15. What is a venial sin?**

Venial sin is an act of disobedience to the law of God in a lesser matter, or in a matter in itself serious, but done without full knowledge or consent.

**16. What is a mortal sin?**

A mortal sin is a serious offense against God's will that completely separates a person from God. It is called "mortal" because it leads to eternal death.

**17. What three things must be present in order for a sin to be mortal?**

1. It must be a serious offense
2. You must know it is serious
3. You must freely choose to do it

**18. What are the four Marks of the Church?**

1. One
2. Holy
3. Catholic
4. Apostolic

**19. What does Catholic mean?**

Universal

**20. What is Salvation?**

Salvation is the forgiveness of sins and the restoration of friendship with God, which can be done by God alone.

**21. Who makes up the Communion of Saints?**

Church Victorious	The Saints in Heaven
Church Militant	Us on Earth
Church Suffering	Souls in Purgatory

**22. What are the seven capital or deadly sins?**

1. Pride
2. Greed
3. envy
4. Wrath
5. lust
6. Gluttony
7. sloth

**23. Which of the capital sins is the belief that you are better than others?**

Pride

**24. Which of the capital sins is the practice of eating or drinking too much?**

Gluttony

**25. Which of the capital sins is the resentment against people who have more things, privileges, or success than you?**

Envy

**26. Which of the capital sins is laziness, or slacking when action is needed?**

Sloth

**27. Which of the capital sins is an intense anger that leads us to seek revenge instead of making things right?**

Wrath

**28. Which of the capital sins is the out-of-control desire to enjoy yourself, especially in a sexual way?**

Lust

**29. What are the two main parts of the Mass?**

1. Liturgy of the Word
2. Liturgy of the Eucharist

**30. What is the Magisterium?**

The Magisterium is the official teaching authority of the Church which is made up of the Pope and the bishops in union with him.

**31. What is doctrine?**

Doctrine is the Church's teachings based on God's Revelation by and through Jesus Christ.

**32. Who is the Pope?**

- The Pope is the successor of St. Peter
- The Bishop of Rome
- The visible head of the entire Church
- The Vicar of Jesus Christ, who is the invisible head of the Church.

**33. Can the Pope speak infallibly?**

Yes, only when explicitly stated on the topics of faith and morals.

### **34. What are the 10 Commandments?**

1. I am the Lord your God, you shall not have other gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's possessions.

### **35. What is idolatry?**

Idolatry is making other things (like money, possessions, popularity, etc.) more important than God.

### **36. Why are Tarot cards and Ouija boards sinful?**

Attributing power to anything other than God is a sin against the 1st Commandment. Attempting to communicate with the dead leaves our souls exposed to evil forces.

### **37. What is the denial of God's existence?**

Atheism

### **38. Why do we venerate images such as the cross or statues?**

We venerate images to meditate on these objects as a way of honoring the presence of God in the world.

### **39. What does honor mean?**

Honor means to show great respect or courtesy.

### **40. What does discipline mean?**

Discipline means to develop self control.

**41. What do children owe their parents?**

Children owe their parents respect, gratitude, obedience, and help.

**42. What duties do parents have towards their children?**

Parents are obligated to provide for the spiritual and physical needs of their children.

**43. List a few ways we can take the 4<sup>th</sup> commandment and apply it to our participation in greater society.**

1. Obey civil laws
2. Take advantage of the right to vote
3. Respect all military and veterans
4. Respect elected government officials
5. Respect people in authority at our place of employment

**44. What is a procedure that intentionally ends an unborn child's life?**

Abortion

**45. When does a human being receive a soul from God?**

A human receives a soul at the moment of Conception.

**46. What is legitimate defense?**

Legitimate defense is the principle that makes it necessary to protect oneself or others.

**47. Why should all lives be protected?**

All people are created in the Image and Likeness of God and possess inherent dignity from the moment of conception.

**48. What does reparation mean?**

The act of reparation means to amend or restore a wrong that was done against another person or God.

**49. What commandment forbids us to be envious of others?**

The Tenth Commandment

**50. What is envy? (CCC 2539)**

Envy is one of the capital sins. Envy is sadness at the sight of another's goods and the immoderate desire to acquire them for oneself, even unjustly. When it wishes grave harm to a neighbor, it is a mortal sin.

**51. Why does the priest “wash his hands” during Mass?**

To symbolize his desire for a pure and clean heart.

**52. What commandment tells us to practice the virtue of truthfulness?**

The Eighth Commandment

**53. What is the virtue of living your sexuality in a pure and healthy way, particularly by obeying the Sixth and Ninth Commandments?**

Chastity

**54. What is concupiscence?**

The attraction that all human beings have towards sin, as a result of Original Sin.

**55. What are our bodies meant to do?**

Our bodies are meant to give glory to God.

**56. Name the two purposes of marital intimacy**

1. Procreation
2. Unity of spouses

**57. What does the virtue of chastity blossom in? (CCC 2347)**

Friendship

**58. The Church works to transform our world into a loving community where people respect one another, share the earth's goods and settle conflicts peacefully. What is this respect for all creation and human rights called?**

Social justice



**59. What is the difference between charity and justice?**

Charity is the theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves. Justice is the cardinal virtue which consists in the constant and firm will to give what is due to God and to neighbor.

**60. What does it mean to work for the common good?**

To work for the common good helps to enable all people, as individuals or groups, to be given the opportunities to fulfill all their needs.

**61. What does it mean to live in solidarity with others?**

To live in solidarity with others means to share with people who are poor or powerless not only our material goods but our friendship and prayer as well.

**62. What is the Canticle of Mary (her prayer of praise) called and where in scripture is it found?**

The Magnificat-Luke 1:46-55

**63. Why is Mary's Magnificat a good example of prayer?**

Mary is humble yet confident in God's goodness.

**64. What is praise?**

Praise is a form of prayer where we express our appreciation and admiration for all that God has done for us.

**65. What is a petition?**

Petition is a form of prayer in which we ask God for forgiveness or help.

**66. Who is the author of the Book of Psalms?**

King David

**67. The Psalms are an essential and permanent element of what? (CCC 2597)**

The Prayer of the Church in the Liturgy of the Hours.

**68. What three things must be present in order for a sin to be mortal?**

1. It must be a serious offense
2. You must know it is serious
3. You must freely choose to do it

**69. What are the Corporal Works of Mercy?**

1. Feed the hungry
2. Clothe the naked
3. Give drink to the thirsty
4. Shelter the homeless
5. Visit those in prison
6. Visit the sick
7. Bury the dead

**70. What are the Spiritual Works of Mercy?**

1. Instruct the Ignorant
2. Admonish the Sinner
3. Counsel the Doubtful
4. Comfort the Sorrowful
5. Forgive all Injuries
6. Bear Wrongs Patiently
7. Pray for the Living and the Dead

**71. What do we call the fact that Mary was conceived without original sin?**

Immaculate Conception

**72. What does “Incarnation” mean?**

God became man; the Word became flesh

**73. What are Jesus’ two natures?**

- Human
- Divine

**74. What do we call the union of Jesus' two natures?**

The Hypostatic Union

**75. What is Transubstantiation?**

Transubstantiation is the change of bread and wine into the Body, Blood, Soul, and Divinity of our Lord Jesus Christ, which occurs at the Consecration.

**76. What are the three offices of Christ?**

- Priest
- Prophet
- King

**77. Who founded the Catholic Church?**

Jesus Christ

**78. What are the two main fonts of Divine Revelation?**

1. Sacred Scripture
2. Sacred Tradition

**79. Who makes up the Mystical Body of Christ?**

1. Christ (the head)
2. The Church; Us (the body)

**80. When do we become members of the Mystical Body of Christ?**

At Baptism

**81. What is the matter and form of the Sacrament of Baptism?**

- a. Water
- b. Words (*"I baptize you in the name of the Father, and of the Son and of the Holy Spirit"*)

**82. What does "Eucharist" mean?**

Thanksgiving

**83. What sacraments were instituted at the Last Supper on Holy Thursday?**

1. Holy Orders
2. Eucharist

**84. What are the Sacraments of Initiation?**

1. Baptism
2. Eucharist
3. Confirmation

**85. What are the Sacraments of Healing?**

1. Reconciliation (penance or confession)
2. Anointing of the Sick

**86. What are the Sacraments of Vocation, Service or Commitment?**

1. Holy Orders
2. Matrimony

**87. What are the 7 gifts of the Holy Spirit?**

1. Wisdom
2. Understanding
3. Knowledge
4. Counsel
5. Fortitude
6. Piety
7. Fear of the Lord

**88. What do we call a change of heart that turns us away from sin and closer toward God?**

Conversion

**89. What is the ultimate prayer of the Church?**

The Mass

**90. What is prayer? (CCC 2559)**

“Prayer is the raising of one’s mind and heart to God or the requesting of good things from God.”

**91. In the New Covenant, what is prayer? (CCC 2565)**

Prayer is a living relationship between us and our Father who is good beyond measure, in union with His Son Jesus Christ, and the Holy Spirit.

**92. What are the sacraments?**

The sacraments are visible signs instituted by Jesus Christ to give us grace and to make us holy.

**93. What are the different forms of prayer?**

1. Blessing and adoration
2. Petition
3. Intercession
4. Thanksgiving
5. Praise
6. Contrition

**94. What type of prayer is used to pray for God’s loving care for a particular person, place or activity?**

Blessing

**95. What type of prayer do we pray any time we pray on behalf of someone else?**

Intercession

**96. What distinguishes the two parts of the Lord’s Prayer?**

The first part contains petitions that focus on the glory of God the Father, and the second part has petitions that name our human needs and desires.

**97. What does the word, “hallowed” mean?**

Holy

**98. What is a trespass as it is used in the Our Father?**

Another name for a sin

**99. Name the Holy Days of Obligation and give their dates.**

January 1st- Mary, Mother of God

40 days after Easter- Ascension

August 15th-Assumption

November 1st- All Saints Day

December 8th- Immaculate Conception

December 25th-Christmas

**100. There was only one Christian Faith for almost 1,600 years, the Catholic Religion. What is the name of the Catholic priest who broke away from the Catholic Faith?**

Martin Luther

**101. What do we call this break?**

The Protestant Reformation

**102. Who legalized Christianity?**

Constantine

**103. When was Christianity legalized?**

In 313 with the Edict of Milan

**104. Who wrote the Summa Theologica?**

St. Thomas Aquinas, a doctor of the Church

**105. Where in scripture was Peter made the first Pope?**

Matthew 16:18

**106. Where in scripture is the best example of Jesus' instituting the Sacrament of Reconciliation?**

John 20: 19-23

**107. Where in scripture is the Eucharist foretold as Christ tells us we must "Eat His Body"?**

John 6

**108. What book of the Bible tells us about the Holy Spirit coming down upon the Apostles and all those present?**

Acts

**Prayers**

- Sign of the Cross**
- Our Father**
- Angel of God**
- St. Michael Prayer**
- Grace After Meals**
- Morning Offering**
- Act of Contrition**
- Recitation of the Rosary**
- Mass Responses**
- Apostles Creed**
- Act of Faith (short version)**
- Act of Hope (short version)**
- Act of Love (short version)**
- Stations of the Cross**
- Hail Holy Queen**
- Nicene Creed**
- Prayer of St Francis**
- Magnificat**
- Angelus**
- Come Holy Spirit**
- Joyful Mysteries**
- Luminous Mysteries**
- Glorious Mysteries**
- Sorrowful Mysteries**

	1	2	3	4	5	6	7	8
<b>Sign of the Cross</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Our Father</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Angel of God</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>St. Michael Prayer</b>		<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Grace After Meals</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Morning Offering</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Act of Contrition</b>		<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Recitation of the Rosary</b>		<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Mass Responses</b>	<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Apostles Creed</b>			<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Act of Faith (short version)</b>	<b>E</b>	<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Act of Hope (short version)</b>	<b>E</b>	<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Act of Love (short version)</b>	<b>E</b>	<b>E</b>	<b>E</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Stations of the Cross</b>		<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Hail Holy Queen</b>			<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Nicene Creed</b>				<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Prayer of St Francis</b>				<b>M</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>
<b>Magnificat</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>
<b>Angelus</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>
<b>Come Holy Spirit</b>					<b>E</b>	<b>E</b>	<b>M</b>	<b>R</b>
<b>Joyful Mysteries</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>
<b>Luminous Mysteries</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>
<b>Glorious Mysteries</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>
<b>Sorrowful Mysteries</b>					<b>E</b>	<b>M</b>	<b>R</b>	<b>R</b>

**R=Review E=Encourage M=Memorize**



## **Prayers/Devotions**

### **The Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

### **Our Father**

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

### **Grace Before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

### **Grace After Meals**

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

### **Angel of God**

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

### **St. Michael Prayer**

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

### **The Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

### **The Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

### **Holy Spirit Prayer**

Come, Holy Spirit, fill the hearts of your faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you will renew the face of the earth.

Lord,  
by the light of the Holy Spirit  
you have taught the hearts of your faithful.  
In the same Spirit  
help us to relish what is right  
and always rejoice in your consolation.  
We ask this through Christ our Lord.  
Amen.

## **The Magnificat**

My soul magnifies the Lord,  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me,  
and holy is his Name.

He has mercy on those who fear him  
in every generation.  
He has shown the strength of his arm,  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,  
and has lifted up the lowly.  
He has filled the hungry with good things,  
and the rich he has sent away empty.

He has come to the help of his servant Israel  
for he remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children forever.

## **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

## **Angelus**

P: The Angel of the Lord declared unto Mary  
R: And she conceived of the Holy Spirit. (Hail Mary)  
P: Behold the handmaid of the Lord  
R: Be it done unto me according to your word. (Hail Mary)  
P: And the Word was made flesh  
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

## **The Most Holy Rosary**

### **Joyful Mysteries**

Annunciation  
Visitation  
Birth of Jesus  
Presentation  
Finding of Jesus in the Temple

### **Sorrowful Mysteries**

Agony in the Garden  
Scourging at the Pillar  
Crowning with Thorns  
Jesus carries His Cross  
Crucifixion

### **Glorious Mysteries**

Resurrection  
Ascension  
Descent of the Holy Spirit  
Assumption of Mary  
Coronation of Mary

### **Luminous Mysteries**

Jesus' Baptism in the Jordan  
Wedding feast at Cana  
Jesus' Proclamation of the Kingdom of God  
The Transfiguration  
The institution of the Holy Eucharist

### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

### **Stations of the Cross**

1<sup>st</sup> Station: Jesus is condemned to death.

2<sup>nd</sup> Station: Jesus carries His cross.

3<sup>rd</sup> Station: Jesus falls the first time.

4<sup>th</sup> Station: Jesus meets His mother.

5<sup>th</sup> Station: Simon of Cyrene helps Jesus to carry His cross.

6<sup>th</sup> Station: Veronica wipes the face of Jesus.

7<sup>th</sup> Station: Jesus falls the second time.

8<sup>th</sup> Station: Jesus meets the women of Jerusalem

9<sup>th</sup> Station: Jesus falls a third time.

10<sup>th</sup> Station: Jesus' clothes are taken away.

11<sup>th</sup> Station: Jesus is nailed to the cross.

12<sup>th</sup> Station: Jesus dies on the cross.

13<sup>th</sup> Station: The body of Jesus is taken down from the cross.

14<sup>th</sup> Station: Jesus is laid in the tomb.

### **Act of Faith (short version)**

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

### **Act of Hope (short version)**

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

### Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

### Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

### Nicene Creed

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, **consubstantial**  
with the Father;  
who proceeds from the Father and the Son,  
Through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was **incarnate**  
of the Virgin Mary,  
and became a man.  
For our sake he was crucified  
under Pontius Pilate,  
he suffered death and was buried

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit,  
the Lord, the giver of life,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic,  
and apostolic Church.  
I confess one baptism for the forgiveness of sins  
and I look forward to the resurrection  
of the dead and the life of the world to come.  
Amen.