

Basic Catholic Teachings (BCT's)

Grade 5

1. What is faith?

Faith is a gift from God that enables us to **believe** in Him and all He has revealed.

2. How many persons are there in God?

There are three persons in one God.

3. What do we call the mystery of three persons in one God?

The Blessed Trinity.

4. Name the three Persons of the Blessed Trinity.

1. God the Father (First Person)
2. God the Son (Second Person)
3. God the Holy Spirit (Third Person)

5. Who is God?

God is the all-powerful, all-wise, all-loving being who created everything and keeps it in existence.

6. How did God create the world and everything in it?

God created the world and everything in it out of nothing.

7. What are Angels?

Angels are servants and messengers of God. They are purely spiritual beings having no body.

8. What is your soul?

The spiritual and eternal gift from God that gives us life.

9. What are the two main powers of our souls and what do we do with each of them?

1. A Mind – so that we can think
2. A Will – so that we can choose.

10. What is a human person?

The human person, created in the image of God, is a being at once corporeal (physical) and spiritual. (CCC 362)

11. Who were the first people that God created?

Adam was the first man and Eve was the first woman.

12. What is Grace?

Grace is God's life in us.

13. How did God make you?

God made you in His image and likeness.

14. What is Original Sin?

Original sin was the first sin committed by Adam and Eve. All of mankind has inherited this sin from our first parents.

15. What are the effects of Original Sin.

- Human nature corrupted
- Our understanding darkened
- Will weakened
- Strong attraction towards sin

16. What did God promise to send to Adam?

The promise was that the "seed of a woman" would crush Satan's head. This was God's promise that He would send a Savior.

17. Why is Abraham called our "Father in Faith"?

Abraham believed God "he was strong in faith . . . He became the father of all who believe."

18. To whom did God give the Ten Commandments?

God gave the Ten Commandments to Moses.

19. Name the 10 Commandments.

1. I am the Lord your God you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

20. What is a prophet?

Men who prepared the people for the coming of Jesus.

21. What was the Annunciation?

The Archangel Gabriel announced to Mary that she would be the Mother of Jesus.

22. What do we mean by the term “Immaculate Conception”?

The Blessed Mother was free from Original Sin and filled with sanctifying at her conception.

23. What do we call the fact that God the Son took on our human nature?

The Incarnation (The Son of God always existed – He took on a human nature at the Incarnation).

24. What is a covenant?

A covenant is an Act of Merciful Love between God and His People.

It is a Promise to continue, expressed in Words and Actions.

25. Name 5 Covenants God made in the Old Testament.

1. Adam - Marriage
2. Noah - A family
3. Abraham - A Tribe
4. Moses - 12 Tribes
5. David - A Kingdom

(Note: The Covenants grew to include more and more people.

Remember: At the Last Supper Jesus said:

“This is the cup of My Blood, the cup of the New and Everlasting Covenant.”

26. What is a miracle?

A miracle is a supernatural sign or wonder, brought about by God, signifying His glory and the salvation of mankind.

27. What are the two natures of Jesus Christ?

Jesus is **True God** and **True Man**. He is one person with two natures (Divine and Human).

28. What do we call the union of Jesus’ two natures?

The Hypostatic Union

29. What do we mean by the terms “Person” & “Nature”?

- Nature is **WHAT** someone is. (**God**)
- Person is **WHO** someone is. (God the Father; God the Son; God the Holy Spirit)

30. On Holy Thursday, what was Jesus celebrating with His Apostles at the Last Supper?

Jesus was celebrating the Passover Meal. This was the first Mass; the institution of the Holy Eucharist.

31. What day did Jesus die on the Cross?

Good Friday

32. What day do we celebrate the Resurrection of Jesus?

Easter Sunday

33. Give the 4-part definition of the term transubstantiation?

1. A change in the substance of bread and wine
2. into the Body; Blood;
3. Soul & Divinity of Jesus
4. While under the appearance of bread and wine

34. What 2 Sacraments did Jesus institute at The Last Supper?

1. Eucharist (Holy Communion)
2. Holy Orders (Priesthood)

35. What is represented at Mass?

The passion, death and resurrection is represented at the Mass. (Jesus does not suffer again; **we are brought** to Calvary for the once, and only Holy Sacrifice).

36. What is the Resurrection?

Jesus rose from the Dead on Easter Sunday three days after He died on the cross.

37. What happened on the evening of the Resurrection - Easter Sunday?

Jesus appeared to His Apostles and instituted the Sacrament of Confession when He breathed on them and said, “Receive the Holy Spirit whose sins you shall forgive they are forgiven; whose sins you shall hold bound they are held bound.”

38. What is the Great Commission?

Before He rose into Heaven Jesus commanded His Apostles, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit..Mt. 28:18-20

39. What is the Ascension?

Jesus rose in the sky to return to the Father 40 days after Easter.

40. What happened on Pentecost?

- The Holy Spirit descended on those in the room as Tongues of Fire and Wind.
- 3,000 people were baptized when Peter went out and preached.

41. What day is called the “Birthday” of the Church?

Pentecost

42. Who founded the Catholic Church?

Jesus Christ

43. Name the 12 Apostles. (2-P’s – 5-J’s – A – B- - M - S - T)

1. Peter (Jesus changed his name from Simon – to Peter – a “Rock”)
2. Phillip
3. James (the Greater)
4. James (the Less)
5. Jude (Thaddeus)
6. Judas (Iscariot)
7. John (the Evangelist- Gospel writer)
8. Andrew
9. Bartholomew
10. Matthew (the Gospel writer)
11. Simon (the Zealot)
12. Thomas

44. Who did Jesus name as the first Pope?

Saint Peter

45. Where in Scripture did Jesus make Peter the first Pope?

Matthew 16:18 Jesus said, “And I say to you: That you are Peter, and upon this rock I will build my church. And the gates of hell will not prevail against it.”

46. Who or what is the Mystical Body of Christ?

The Church. Christ is the head & we are the members.

47. Who belongs to the Communion of Saints?

- Church Militant (Those on earth)
- Church Suffering (Those in purgatory)
- Church Triumphant or Victorious (Those in heaven)

48. What are the 4 Marks of the Church?

1. One (One Truth)
2. Holy (Founded by Christ)
3. Catholic (Universal)
4. Apostolic (Unbroken line from Apostles)

49. Who is the Pope?

The successor of St. Peter

50. What do we mean by Apostolic Succession?

The handing down from the Apostles to the Bishops of today.

51. What are the precepts of the Church?

1. Go to Mass on Sunday's and Holy Days of Obligation
2. Receive Confession once a year (in preparation to receive Eucharist)
3. Receive the Eucharist at least once per year during the Easter tide
4. Observe the days of fast & abstinence
5. Provide for the needs of the Church

52. When are we obliged to go to The Holy Sacrifice of the Mass?

Every Sunday and Holy Day of Obligation.

53. What are the Holy Days of Obligation?

- January 1: Mary, Mother of God
- 40 days after Easter: Ascension (First Sunday 40 days after Easter)
- August 15: Assumption
- November 1: All Saints Day
- December 8: Immaculate Conception
- December 25: Christmas

54. Who was the first Pope?

Peter

55. What is Divine Revelation?

The hidden truths that God chose to reveal about Himself.

56. What are the two main sources of Divine Revelation?

1. Sacred Scripture
2. Sacred Tradition

57. What is the teaching authority of the Church, given by Christ to the Apostles successors?

The Magisterium

58. Who is the Magisterium?

- The Pope
- The Bishops in union with the Pope

59. What is Sacred Scripture?

The Bible (“The word of God written under the inspiration (breath) of the Holy Spirit”)

60. What are the two main divisions of the Bible?

1. Old Testament
2. New Testament

61. How many books are in the Bible?

- Old Testament 46
- New Testament 27 = 73 total

62. What is Sacred Tradition?

Sacred Tradition is the teachings of Christ given to the Apostles and handed down to their successors. (Sacred Tradition transmits in its entirety the Word of God which has been entrusted to the apostles by Christ the Lord and the Holy Spirit).

63. What is infallibility?

Infallibility is the ability to teach without error on matters of **Faith & Morals**. This can be done by either:

- The Pope alone or
- The Bishops in union with the Pope

64. What is a Sacrament?

- An outward sign
- Instituted by Christ
- Where He meets us and
- Gives us grace.

65. What are the two signs that a Sacrament is made up of?

1. **Matter** = Something we can see, hear, taste, touch or smell
2. **Form** = Words

66. What are the seven Sacraments?

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Order
7. Matrimony

67. What is a mystery?

A mystery is something we believe through faith because God has revealed it to us although we do not fully understand it.

68. What is the Incarnation?

The incarnation is the mystery of God's Son, Jesus, while being **fully divine**, yet being born **fully human** in order to save us. **Jesus is true God and true Man.**

69. What is sanctifying grace?

Sanctifying grace is a permanent gift that is given to us at Baptism and that continues the work of making us holy.

70. What is sin?

Sin is an offense against God (It is knowing something is wrong and choosing to do it anyway).

71. What are the two main kinds of sin?

1. Original Sin (Sin of Adam & Eve we didn't commit it, we **inherit** it from them)
2. Actual Sin or Personal Sin (Sin we actually commit ourselves)

72. Review: What is Original Sin?

Original sin is the first sin committed by Adam and Eve. We are born with it; we inherit it from them.

73. What are the two types of Actual Sin?

1. Mortal
2. Venial

74. What is Mortal sin?

A mortal sin is a very serious sin. It completely breaks our relationship with God.

75. What three things are necessary for a sin to be mortal?

1. It must be seriously wrong.
2. We must know that it is seriously wrong.
3. We must freely choose to do it.

76. What is a Venial sin?

A venial sin is a less serious sin. It damages our relationship with God.

77. What are the two other names for the Sacrament of Confession?

- Penance
- Reconciliation

78. What is the matter and form for the Sacrament of Reconciliation?

- The matter is the verbal confession of our sins (we must be sorry)
- The form is the Words of absolution (forgiveness)

79. What are the 5 steps to going to Confession?

1. Make an examination of conscience.
2. Be sorry for our sins.
3. Resolve not to sin again.
4. Go to confession to a priest (say our sins)
5. Do our penance.

80. Review: What is the form we follow in The Rite of Reconciliation after greeting the priest?

1. Make the Sign of the Cross
2. Say “Bless me Father for I have sinned it has been ____ since my last Confession.”
3. Say your sins.
4. End with “For these and all my sins I am truly sorry.”

5. Say Act of Contrition– (Listen to the words of Absolution. “I absolve you in the name of the Father and of the Son and of the Holy Spirit)
6. Do your penance

81. What was the Assumption of the Blessed Mother?

Mary was taken up to heaven body & soul at the end of her earthly life.

82. What is death?

Death is the moment when the soul separates from the body.

83. What is the Particular Judgment?

The Particular Judgment is when Jesus privately judges our soul at the moment of death.

- If we have no sin we go to Heaven for all eternity.
- If we have venial sins we go to Purgatory to be purified so we can go to Heaven.
- If we have a mortal sin we go to hell for all eternity.

84. What is the General Judgment?

The General Judgement will be the final judgment by Christ passed publicly on all people at the end of the world when our bodies will be reunited with our souls and our final destination will be announced.

85. What are the Four Last Things?

1. Death
2. Judgment
3. Heaven
4. Hell

86. What is Hell?

Hell is a place of eternal separation from God (where there is no love of God, no love of others and no love of self).

87. What is Purgatory?

Purgatory is a place of temporary separation from God, where a person is made able to go to heaven.

88. What is Heaven?

Heaven is eternal happiness with God.

89. What is a covenant?

A covenant is an agreement between people and God.

90. What do we call the forgiveness we receive from God through the priest in Reconciliation?

Absolution

91. What is a paten?

A paten is the dish that holds the bread that will become the Body of Christ.

92. What is a chalice?

A chalice is a drinking vessel that holds the wine that will become the Precious Blood of Christ.

93. What are three vows made by people in religious life?

1. Poverty
2. Chastity
3. Obedience

94. What is a vocation?

A vocation is the call from God to a distinctive state in life, in which the person can reach holiness.

95. How can each person live out his or her vocation?

A person can live out his or her vocation in the single life, the married life or the religious life.

96. What are the 7 gifts of the Holy Spirit?

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

97. List the Corporal Works of Mercy

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

98. What are the five main seasons of the Church and what color is associated with each?

1. Advent- purple
2. Christmas- white
3. Ordinary time- green
4. Lent- purple
5. Easter- white

99. What season begins the Church's liturgical year?

Advent

100. What is Advent?

Advent is a time to prepare to celebrate the birth of Jesus.

101. What does the word "Advent" mean?

"Arrival" or "coming"

102. When does Lent begin?

Ash Wednesday

103. What does the liturgical year commemorate?

The life of Jesus, starting with the preparation of His coming and His birth, His Death and Resurrection, to His Ascension, and His sending the Holy Spirit upon the apostles at Pentecost.

104. When do we celebrate Ordinary Time?

Two times each year

- Between the Christmas season and Lent
- Between the Easter season and Advent.

105. What is the season of the year that helps us prepare for Easter?

Lent

106. What are the three Lenten practices that help us prepare for Easter?

1. Prayer
2. Fasting
3. Almsgiving

107. What is almsgiving?

Helping those less fortunate by donating our money and time.

108. What do we call the week before Easter?

Holy Week

109. What is celebrated during Holy Week?

We celebrate Palm Sunday, Holy Thursday, Good Friday and the Easter Vigil during Holy Week.

110. What do we call the suffering and death of Jesus?

Passion

111. How long does the Christmas season last?

The Christmas season begins on Christmas Eve and continues until the Baptism of Jesus.

112. When does Advent begin?

Advent begins on the Sunday that falls nearest to St. Andrew's Feast day (November 30).

113. Recite the Prayer to St. Michael.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl around the world seeking the ruin of souls. Amen

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
Grace After Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition		E	M	R	R	R	R	R
Recitation of the Rosary		E	M	R	R	R	R	R
Mass Responses	E	E	M	R	R	R	R	R
Apostles Creed			E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	R	R	R	R	R
Stations of the Cross		E	E	M	R	R	R	R
Hail Holy Queen			E	E	M	R	R	R
Nicene Creed				E	M	R	R	R
Prayer of St Francis				M	R	R	R	R
Magnificat					E	M	R	R
Angelus					E	M	R	R
Come Holy Spirit					E	E	M	R
Joyful Mysteries					E	M	R	R
Luminous Mysteries					E	M	R	R
Glorious Mysteries					E	M	R	R
Sorrowful Mysteries					E	M	R	R

R=Review E=Encourage M=Memorize

Prayers/Devotions

M-Memorize R-Review E-Encourage

The Sign of the Cross (M)

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary (M)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father (M)

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals (M)

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Grace After Meals (M)

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

Glory Be (M)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God (M)

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

The Morning Offering (M)

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed (M)

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Act of Contrition (M)

Oh my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin.
Amen

Angelus (M)

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen

The Most Holy Rosary (E)

The Five Joyful Mysteries

(Monday & Saturday)

1. Annunciation
2. Visitation
3. Birth of Jesus
4. Presentation
5. Finding of Jesus in the Temple

The Five Luminous Mysteries

(Thursday)

1. Jesus' Baptism in the Jordan
2. Jesus' Self-manifestation at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Five Sorrowful Mysteries

(Tuesday & Friday)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning of Thorns
4. Jesus Carries His Cross

5. Crucifixion

The Five Glorious Mysteries (Wednesday & Sunday)

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption of the Blessed Virgin Mary
5. Coronation of Mary as Queen of Heaven and Earth

Hail Holy Queen (E)

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross (E)

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version) (M)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version) (M)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version) (M)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Nicene Creed (M)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, **consubstantial**
with the Father;
who proceeds from the Father and the Son,
Through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was **incarnate**
of the Virgin Mary,
and became a man.
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic,
and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.