

Basic Catholic Teachings (BCT's)

Grade 3

1. What do we mean when we say God is Eternal?

God is eternal, He always was and always will be.

2. Who is God?

God is the Supreme Being who made all things.

("Supreme Being" means "Someone above all other beings.")

3. How did God form you?

God formed me in His image and His likeness.

4. What is your soul?

The spiritual and immortal gift from God that gives us life.

5. How many Persons are there in God?

There are three Persons in one God.

6. What do we call the Mystery of three Persons in one God?

The Blessed Trinity

7. Name the three Persons of the Blessed Trinity.

1. God the Father First Person
2. God the Son Second Person (Jesus).
3. God the Holy Spirit Third Person

8. What is prayer?

A conversation with God.

9. How did God create the world and everything in it?

God created the world and everything in it out of nothing.

10. Who were the first people that God created?

Adam was the first man and Eve was the first woman.

11. Why did God make you?

God made me to know Him, to love Him and to serve Him in this world, and to be happy with Him forever in Heaven.

12. Name the two main powers of our souls? What do we do with each of these powers?

Mind – So we can think

Will – So we can choose. (We should choose to love God & do good.)

13. What is Heaven?

Heaven is a place of perfect happiness with God forever, for all those who die in the state of grace and in His friendship.

14. What is one of the best signs of God’s presence in the world?

Everything in nature shows order and purpose.

15. What are prophets?

Men who prepared the people for the coming of Jesus

16. What are the two main divisions of the Bible (Sacred Scripture)?

Old Testament & New Testament

17. How many books are in the Old Testament?

46

18. How many books are in the New Testament?

27

19. What is Sacred Tradition?

Sacred Tradition is God’s teachings that were passed on through words and deeds that were not written in the Bible.

20. What is Original Sin?

Original sin is the sin of Adam & Eve that we all inherited.

21. What does the Sacrament of Baptism do for us?

1. It takes away Original Sin
2. Gives us Grace
3. Makes us children of God

22. Who was Abraham?

Abraham was a man who had great faith in God. This is why we call him “the father of the faith.”

23. What is grace?

God’s life in us.

24. What is the Passover?

Jewish feast celebrating when the angel of death passed over the homes that had the lamb's blood on the doorposts. (Jesus was celebrating this feast at the Last Supper with His Apostles.

25. To whom did God give the Ten Commandments?

Moses

26. What are the four Marks of the Church?

1. One
2. Holy
3. Catholic
4. Apostolic

27. What are the Ten Commandments?

1. You shall not have other gods besides Me.
2. You shall not use God's name in vain.
3. Remember to keep God's day holy.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet your neighbor's wife.
10. You shall not covet our neighbor's goods.

28. When are we required to attend Mass?

Every Sunday and Holy Day of Obligation.

29. What are the Holy Days of Obligation?

- | | | | |
|----|----------------------|---|---|
| 1. | January 1: | = | Mary, Mother of God |
| 2. | 40 days after Easter | = | Ascension (First Sunday 40 days after Easter) |
| 3. | August 15 | = | Assumption |
| 4. | November 1 | = | All Saints Day |
| 5. | December 8 | = | Immaculate Conception |
| 6. | December 25 | = | Christmas |

30. What is sin?

Sin is an offense against God.

31. What are the two main kinds of sin?

1. Original Sin (Sin of Adam & Eve): We did not commit this sin, we inherited it from them.
2. Actual Sin (or Personal Sin): Sin we "actually" commit ourselves.

32. What are the two types of Actual Sin?

1. Venial
2. Mortal

33. What is a venial sin?

A venial sin is a less serious sin that damages our relationship with God.

34. What is mortal sin?

A mortal sin is a **very serious** sin. It completely breaks our relationship with God and we lose sanctifying grace.

35. What three things are necessary for a sin to be mortal?

1. It must be serious.
2. We must know that it is serious.
3. We must freely choose to do it anyway.

36. What is Confession?

The Sacrament in which our sins are forgiven.

37. What other names are there for the Sacrament of Confession?

1. The Sacrament of Penance
2. The Sacrament of Reconciliation

38. When did Jesus institute the Sacrament of Confession? (Penance & Reconciliation)

On Easter Sunday the day He rose from the dead. He said to His Apostles, "Receive the Holy Spirit. Whose sins you shall forgive they are forgiven, and whose sins you shall retain they are retained."

39. What are the 5 steps to going to Confession?

1. Make an examination of conscience.
2. Be sorry for your sins.
3. Resolve not to sin again.
4. Go to confession to a priest (say our sins)
5. Do your penance.

40. What is the form we follow in The Rite of Reconciliation after greeting the priest?

1. **Make** the Sign of the Cross
2. **Say** “Bless me Father for I have sinned it has been ____ since my last Confession.”
3. **Say** your sins.
4. **End** with “For these and all my sins I am truly sorry.”
5. **Say** an Act of Contrition
6. **Do** your penance

41. What is a miracle?

A miracle is a supernatural sign or wonder, brought about by God, signifying His glory and the salvation of mankind.

42. What are the two natures of Jesus Christ?

He is True God and True Man?

(His Divinity does not diminish His humanity / His humanity does not diminish His Divinity.)

43. What is a covenant?

1. An Act of Merciful Love between God and His People.
2. A Promise to Continue,
3. Expressed in Words and Actions.

44. Name 5 Covenants God made in the Old Testament.

1. Adam (Marriage)
2. Noah (Family)
3. Abraham (Tribe)
4. Moses (12 Tribes)
5. David (A Kingdom)

Remember: At the **Last Supper** Jesus said: “This is the cup of My Blood the cup of the New and Everlasting Covenant. He gave us the **Eucharist & the Priesthood**”

45. On Holy Thursday, what was Jesus celebrating with His Apostles at the Last Supper?

A Passover Meal. (This was the first Mass. Jesus instituted the Eucharist - His Body and Blood)

46. What prayer reminds us of the Passion & Death of Jesus?

The Stations of the Cross.

47. What is re-presented at Mass?

The bloody sacrifice of Jesus on the cross is recalled and re-presented under the un-bloody appearance of bread and wine at every Holy Mass.

48. When at Mass does the bread & wine change into the Body, Blood, Soul & Divinity of Christ?

At the Consecration

49. What do we call the change in the substance of bread and wine into the Body & Blood Soul & Divinity of Jesus, while under the appearance of bread and wine?

Transubstantiation

50. What is the Eucharist?

The Body, Blood, Soul & Divinity of Jesus Christ under the appearance of bread & wine.

51. What is the New Covenant?

At the **Last Supper** Jesus said: “This is the cup of My Blood the cup of the **New and Everlasting Covenant**”. He gave us the **Eucharist & the Priesthood**

52. What does a Catholic have to do in order to receive Jesus in the Eucharist?

1. Be free from mortal sin (be in the state of grace).
2. Fast from food and drink for one hour. (The Eucharistic Fast)

53. What day did Jesus die on the Cross?

Good Friday

54. What day do we celebrate the Resurrection of Jesus?

Easter Sunday

55. What is the Ascension?

The day Jesus rose up to Heaven, Body & Soul.

56. What day is called the “Birthday” of the Church?

Pentecost

57. What happened on Pentecost?

The Holy Spirit descended on those in the room as Tongues of Fire and Wind. 3,000 people were baptized when Peter went out and preached.

58. Who founded the Catholic Church?

Jesus Christ. (hint, ask Alexa)

59. What does the word Catholic mean?

Catholic means “universal”. It is for everyone.

60. Who are the leaders of the Catholic Church?

The Pope and the Bishops in union with him. (The Magisterium)

61. Who is the Pope?

The successor of Saint Peter. The head of the Catholic Church. See Matt. 16:18

62. What is a Sacrament?

1. An outward sign
2. Instituted by Christ
3. Where He meets us and
4. Gives us grace.

63. What are the seven Sacraments?

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Orders
7. Matrimony

64. What are the two signs that a sacrament is made up of?

1. **Matter:** Something we can see, hear, touch or smell
2. **Form:** Words

65. What is the Immaculate Conception?

Mary did not inherit Original Sin.

66. What is Purgatory?

Where souls go to be cleansed of their venial sins waiting to enter Heaven. We can help them with our prayers.

67. Who belongs to the Communion of Saints?

1. Church Triumphant (Saints in Heaven)
2. Church Militant (Members of the Church on Earth)
3. Church Suffering (Souls in Purgatory)

68. Name the 12 Apostles. (2-P's – 5-J's – A – B- - M - S - T)

1. Peter (Jesus changed his name from Simon – to Peter – a “Rock”)
2. Phillip
3. James (the Greater)
4. James (the Less)
5. Jude (Thaddeus)
6. Judas (Iscaiot)
7. John (the Evangelist- Gospel writer)
8. Andrew
9. Bartholomew
10. Matthew (the Gospel writer)
11. Simon (the Zealot)
12. Thomas

69. What is the General or Last Judgment?

The Judgment at the End of Time – when Christ comes in glory to judge the living and the dead

70. What are the five main seasons of the Church and what color is associated with each?

1. Advent-purple
2. Christmas- white
3. Ordinary Time-green
4. Lent-purple
5. Easter-white

71. When do we celebrate Ordinary Time?

After Christmas until Ash Wednesday and then after Pentecost until Advent.

72. What is Advent?

Advent is a time to prepare to celebrate the birth of Jesus.

73. When does Advent begin and end?

Advent begins four Sundays before Christmas Day and ends at Christmas Mass.

74. What color does the priest wear on Pentecost?

Red

Prayers/Devotions

M-Memorize R-Review E-Encourage

The Sign of the Cross (M)

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary (M)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father (M)

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals (M)

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Grace After Meals (M)

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

Glory Be (M)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God (M)

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

The Morning Offering (M)

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners. Amen

The Apostles Creed (R)

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Act of Contrition (M)

Oh my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen

The Most Holy Rosary (M)

The Five Joyful Mysteries

(Monday & Saturday)

1. Annunciation
2. Visitation
3. Birth of Jesus
4. Presentation
5. Finding of Jesus in the Temple

The Five Luminous Mysteries

(Thursday)

1. Jesus' Baptism in the Jordan
2. Jesus' Self-manifestation at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Five Sorrowful Mysteries

(Tuesday & Friday)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning of Thorns
4. Jesus Carries His Cross
5. Crucifixion

The Five Glorious Mysteries

(Wednesday & Sunday)

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption of the Blessed Virgin Mary
5. Coronation of Mary as Queen of Heaven and Earth

Hail Holy Queen (M)

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O Sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross (R)

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version) (M)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version) (M)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version) (M)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Nicene Creed (M)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, **consubstantial**
with the Father;

who proceeds from the Father and the Son,
Through him all things were made.

For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was **incarnate**
of the Virgin Mary,
and became man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic,
and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.

*Grade level guideline listed on school webpage for prayers.

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