



## SUMMERTIME READINESS ACTIVITIES PRIOR TO KINDERGARTEN

Parents can help their child be ready for kindergarten. Learning should be fun for both you and your child. Work together when you have enough time and feel relaxed. Try your best to smile and look at your child when he/she is speaking. This encourages your child to talk and gives him/her a sense of importance and confidence.

The following ideas are helpful in making the transition to kindergarten, but should NOT be thought about as mandatory. ***It is more important that the child be happily anticipating school rather than stressed over what he/she may not know yet.***

You may help your child to:

- \* Learn to hold a pencil correctly, with two-finger and thumb grip (not a fist).
- \* Learn to print his/her full name, using capitals for the first letter only and the rest of the letters with lower case letters.
- \* Learn to say his/her full name, address, and phone number, including zip code and area code.
- \* Learn how to dress: snap, button, zip, and tie.
- \* Learn to count from 1-20.
- \* Learn to recognize and identify colors, numbers, and shapes.
- \* Learn to accept suggestions and corrections; overcome temper tantrum; be willing to accept mistakes.
- \* Learn to use a tissue when coughing or sneezing or having a dripping nose.
- \* Learn to care for his/her own toilet needs.
- \* Learn to wash hands and the need to wash hands after toileting, after using a tissue, and before meals.