

Concepts of Faith for First Reconciliation and First Eucharist

Students should know the answers to questions 1 through 16 (in addition to the Ten Commandments) before they receive the Sacrament of Reconciliation.

Students should know the answers to all questions (1 through 29) before they receive the Sacrament of First Holy Eucharist.

1. What is sin?

Sin is an offense against God.

2. What are the two types of sin?

**Original Sin and
Actual Sin**

3. What is Original Sin?

Original sin is the sin committed by Adam and Eve. Every person receives this sin from Adam and Eve, our first parents.

4. What is Actual Sin?

The sins we commit ourselves.

5. What are the two types of Actual Sin?

Venial & Mortal

6. What does Venial sin do?

Venial sin is a less serious wrong, or a serious wrong that is done without full knowledge of its seriousness or full consent.

7. What does Mortal sin do?

Mortal sin is a serious wrong done on purpose with full knowledge that it is wrong.

8. What three things are necessary for a sin to be mortal?

- 1. It must be serious.**
- 2. We must know it is serious.**
- 3. We must freely choose to do it.**

9. When we sin, does God stop loving us?

No, God never stops loving us.

10. When we sin, how do we ask God's forgiveness?

We tell God we **are sorry and we go to the Sacrament of Reconciliation.**

11. Whose love do we turn away from when we sin?

God's love.

12. What are the three names for the Sacrament of Confession?

Confession, Reconciliation, Penance

13. How do we go to confession? (When we sit down across from the priest, what do we do?)

- 1. Make the sign of the Cross**
- 2. Say "Bless me Father for I have sinned. It has been__since my last confession.**
- 3. Say your sins and then say, "For these and all my sins I am truly sorry."**
- 4. Accept your penance.**
- 5. Say the Act of Contrition and receive absolution from the priest.**

14. What is grace?

God's life in us. We receive grace when we receive the sacraments.

15. What is a sacrament?

A sacrament is an outward sign instituted by Christ where we meet Him and He gives us grace.

16. What are the seven sacraments?

1. Sacraments of Initiation

Baptism Eucharist Confirmation

2. Sacraments of Healing

Reconciliation

Anointing of the Sick

3. Sacrament of Vocation

Matrimony Holy Orders

17. Why did God make you?

God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him in Heaven.

18. Whom do we receive in Holy Communion?

Jesus - Body, Blood, Soul and Divinity

19. How do we know that it is really Jesus in the Eucharist?

Jesus told us and He would never lie to us. (Read John 6: 32-71)

20. When do the bread and wine become the Body and Blood of Jesus?

The bread and wine become the Body and blood of Jesus at the moment of Consecration.

21. What is Transubstantiation?

It is the change in the substance of bread and wine into the Body, Blood, Soul and Divinity of Jesus while under the appearance of bread and wine.

22. What things are necessary for the worthy reception of Holy Communion?

- 1. We must be free from mortal sin.**
- 2. We must fast for one hour before receiving Holy Communion.**

23. If we have a mortal sin on our soul, what must we do before we go to Communion?

We must go to confession.

24. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul?

A sacrilege. It is another mortal sin.

25. How is Jesus present at Mass?

- 1. In the person of the priest**
 - 2. In the assembly**
 - 3. In the Word of God**
 - 4. In the Eucharist**
- We call this the "True Presence"**

26. What would keep us from being able to receive Jesus in the Eucharist?

- 1. If we have a mortal sin on our soul.**
- 2. If we broke the one-hour fast.**
 - a. We must not have food or drink for one hour.**
 - b. Water and medicine do not break the fast.**

27. When did Jesus institute the Sacrament of Holy Eucharist?

At the Last Supper

28. Who is our Savior?

Jesus Christ

29. What is another name for Savior?

Redeemer or Messiah

Stress the importance of going to Confession before receiving Jesus in the Eucharist.

Students should know the Ten Commandments.

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