

Basic Catholic Teachings
Grade 6

1. What is Faith? (Chapter 1)

- a. Faith is the theological virtue by which we believe in God and believe all that He has said and revealed to us, because He is truth itself (CCC1814).

2. When did Sacred Tradition begin? (Chapter 1)

- a. Sacred Tradition began with the preaching of the Apostles.

3. What do we call a special promise given by God? (Chapter 1)

- a. A covenant

4. What is a primeval history? (Chapter 1)

- a. The events that happened before recorded history - such as the accounts of Adam and Eve, Original Sin, Cain and Abel, Noah and the Flood, and the Tower of Babel.

5. What are the effects of Original Sin? (Chapter 1)

- a. Human nature corrupted
- b. Our understanding darkened
- c. Will weakened
- d. Concupiscence

6. What is the central Christian belief that there is one God in three Divine Persons: Father, Son and Holy Spirit? (Chapter 2)

- a. The Holy Trinity

7. What is monotheism? (Chapter 2)

- a. Monotheism is the belief in one God.

8. How did God fully reveal Himself? (Chapter 2)

- a. God fully revealed Himself by sending his Son, Jesus Christ. Jesus is God, so God the Father FULLY revealed himself by sending his son Jesus.

9. What does the word Messiah mean? (Chapter 2)

- a. Anointed one

- 10. What is the term to describe how Jesus took on a human nature, yet remained fully God at the same time? (Chapter 2)**
 - a. Hypostatic Union
- 11. What is the Eucharistic Prayer? (Chapter 3)**
 - a. It is the prayer at Mass when the priest urges us to lift up our hearts and to give thanks to God. It includes the consecration of the bread and wine.
- 12. List 6 facts about St. Pio of Pietrelcina (Padre Pio). (Chapter 4)**
 - a. Born in southern Italy in 1887.
 - b. At age of 5, he had already dedicated his life to God but had many illnesses.
 - c. He began seeing visions as a child and wanted to join a religious order but he wasn't educated.
 - d. His father left the family and moved to the USA to get a job so he could pay for his son's education, he was admitted into a Franciscan community known as the Order of Friars Minor (OFM) at 16.
 - e. At age of 17, he became very ill and at the same time his peers began to report strange things about Pio going into trances and actually floating off the ground while he was in prayer.
 - f. During WWI American soldiers would visit and they witnessed the stigmata and experienced his ability to tell others their sins.
 - g. Padre Pio was canonized in 2002.
 - h. His feast day is September 23 and is patron of adolescents.
- 13. What is the Paschal Mystery? (Chapter 7)**
 - a. The Paschal Mystery is the belief of how Jesus' Passion, death, Resurrection and Ascension saves us from sin and death.
- 14. What is salvation history? (Chapter 9)**
 - a. The pattern of events in human history through which God makes his presence and his saving actions known to us.

- 15. Who is responsible for authentically interpreting and teaching on Scripture and Tradition? (Chapter 10)**
 - a. The Bishops, as the successors of the Apostles, and the Pope as Successor of the first Pope, Peter.
- 16. What is Divine Revelation? (Chapter 10)**
 - a. Divine Revelation is God's communication about himself and his plan for humanity.
- 17. What are the two founts of Divine Revelation? (Chapter 10)**
 - a. Sacred Scripture
 - b. Sacred Tradition
- 18. What is Sacred Tradition? (Chapter 10)**
 - a. Sacred Tradition is both the content of the Catholic Faith and the way that content has been handed down through the centuries under the guidance of the Holy Spirit.
- 19. What level of teaching authority does an Ecumenical Council have? (Chapter 10)**
 - a. Ecumenical Councils authoritatively teach the Catholic Faith infallibly, meaning without error. Catholics are required to assent to these infallible teachings.
- 20. What Ecumenical Council met in the early 1500's to respond to Martin Luther's ideas and the issues of the Protestant Reformation? (Chapter 10)**
 - a. The Council of Trent
- 21. Name the seven sacraments according to their categories. (Chapter 10)**
 - a. **Sacraments of Initiation:**
 - i. Baptism
 - ii. Confirmation
 - iii. Holy Communion
 - b. **Sacraments of Healing:**
 - i. Penance
 - ii. Anointing of the Sick
 - c. **Sacraments of Vocation:**
 - i. Marriage
 - ii. Holy Orders

- 22. What is a soul? (Chapter 11)**
 - a. A soul is a spiritual gift from God given to us at conception and makes us human. The soul survives after death (immortal).
- 23. When we refer to the Mass as a Nuptial Mass or a Requiem Mass, what are we talking about? (Chapter 18)**
 - a. Nuptial Mass = Wedding Mass
 - b. Requiem Mass = Funeral mass
- 24. What did Jesus instruct the Apostles to do after His resurrection? (Chapter 20)**
 - a. Jesus instructed them to go and spread the Good News of salvation to all people (to make disciples of all people, teaching them to observe all that he commanded, and baptized them in the name of the Father, and of the Son, and of the Holy Spirit; Mt 28: 16-20)
- 25. What is the Ascension? (Chapter 21)**
 - a. The Ascension is the event that occurred forty days after the Resurrection, when Jesus was taken up to Heaven.
- 26. The Gospel of John, whom does Jesus refer to as the Holy Spirit? (Chapter 21)**
 - a. The Advocate
- 27. What does the word "Gospel" mean? (Chapter 21)**
 - a. The word "Gospel" means "Good News"
- 28. What is the event that was witnessed by Peter, James and John when Jesus is transformed in appearance and shows his divinity to them? (Chapter 21)**
 - a. The Transfiguration
- 29. What are the names of the four Gospels and what do they tell us about? (Chapter 23)**
 - a. The four Gospels are Matthew, Mark, Luke and John. They tell about the life, teachings, Passion (suffering), death, Resurrection and Ascension of Jesus Christ.
- 30. What do Catholics stand and say during Sunday Mass to express their belief in one Trinitarian God? (Chapter 23)**
 - a. The Apostles' Creed or the Nicene Creed

- 31. What are the 4 Marks of the Church? (Chapter 23)**
 - a. One - Belief and worship
 - b. Holy - Jesus is holy and we are holy.
 - c. Catholic - "Universal", the Church is for everyone
 - d. Apostolic - The bishops of today are successors of the Apostles.
- 32. Name the two parts of the Mass. (Chapter 23)**
 - a. Liturgy of the Word
 - b. Liturgy of the Eucharist
- 33. What do Catholics stand and say during Sunday Mass to express their belief in one Trinitarian God? (Chapter 23)**
 - a. The Apostles' Creed or the Nicene Creed
- 34. What is the "orans" position? (Chapter 24)**
 - a. The "orans" is a prayer posture where the priest stands with his hands raised and elbows at his side.
- 35. What happens at Mass during the "Epiclesis"? (Chapter 24)**
 - a. The priest extends his hands over the bread and wine and prays for the Holy Spirit to descend and change the bread and wine into the real Body and Blood of Jesus Christ.
- 36. Who is Satan? (Chapter 30)**
 - a. Satan is the fallen angel who is always looking for ways to tempt us to disobey God.
- 37. What is the mystery of Jesus Christ being both fully God and fully man? (Angels We Have Heard on High)**
 - a. Incarnation
- 38. What is the Immaculate Conception? (Angels We Have Heard on High)**
 - a. From the moment Mary came into being (her conception), she was immaculate - without Original Sin
- 39. What faith was practiced by Jesus and is the root of our Christian faith? (Review)**
 - a. The Jewish faith
- 40. How many inspired books and letters are in the Bible? (Review)**
 - a. 73

41. **How many books are in the Old Testament? (Review)**
 - a. 46
42. **How many books are in the New Testament? (Review)**
 - a. 27
43. **What is a prophet? (Review)**
 - a. A prophet is a person whom God calls to speak on His behalf. Many of the Old Testament prophets were called to turn God's people away from sin and prepare for the coming of Christ.
44. **Who was the final prophet of the Old Covenant? (Review)**
 - a. John the Baptist
45. **Who are the Old Testament Patriarchs? (Review)**
 - a. Abraham
 - b. Isaac
 - c. Jacob
46. **In Genesis 12:2, we hear about God's covenant. With whom did God make this covenant and what did he promise? (Review)**
 - a. God made this covenant with Abraham and his wife, Sarah. God promised that their descendants would be numerous and that they would inherit a Promised Land.
47. **Who is Abraham's son whom God asked to be offered to Him as a sacrifice? (Review)**
 - a. Isaac
48. **Who was Isaac's son whose descendants were the Israelites? (Review)**
 - a. Jacob
49. **Who did God call to lead the Israelites out of slavery? (Review)**
 - a. Moses
50. **What do we call the event when the angel Gabriel announced to Mary that she would be the mother of God? (Review)**
 - a. The Annunciation
51. **How does the Bible refer to the entire universe?**
 - a. Heaven and Earth

- 52. Who were the non-Jews that Paul began preaching to?**
a. The Gentiles, most commonly the ancient Greeks.
- 53. Where do we find the history of the early Christian Church?**
a. In the Acts of the Apostles, the letters in the New Testament and the Book of Revelation.
- 54. What are the four major sections of the Old Testament?**
a. Pentateuch (Torah)
b. The historical books
c. The wisdom and poetry books
d. The prophets
- 55. List five of the types of literary genres that are found in the Bible.**
a. Symbolic writing
b. Laws
c. Songs for worship
d. Historical accounts
e. Proverbs
f. Short stories
g. Love poetry
h. Speeches
i. Parables
j. Prophecy
k. Letters
- 56. What does Genesis, the first book of the Pentateuch, tell us about?**
a. The Book of Genesis tells us about the Creation of the world, Adam and Eve, Original Sin, Cain and Abel, Noah and the Flood, the Tower of Babel, and the beginning of the Chosen People through God's Covenant with Abraham, his son Isaac, and Isaac's son, Jacob.

- 57. How does the role of science and the role of religion work together?**
- a. The role of science is to figure out the physical nature of the universe. It answers the questions of What, How and When, but it cannot answer the question of Why. Faith answers the Why questions about life.
- 58. There are three major prophets whose books are quite long. Who are they? (Review)**
- a. Isaiah
 - b. Jeremiah
 - c. Ezekiel
- 59. What are the Corporal Works of Mercy? (Review)**
- a. Feed the hungry
 - b. Give drink to the thirsty
 - c. Shelter the homeless
 - d. Clothe the naked
 - e. Visit the sick
 - f. Visit the imprisoned
 - g. Bury the dead
 - h. Give alms to the poor
- 60. What are the Spiritual Works of Mercy? (Review)**
- a. Counsel the doubtful
 - b. Instruct the ignorant
 - c. Admonish the sinner
 - d. Comfort the sorrowful
 - e. Forgive injuries
 - f. Bear wrongs patiently
 - g. Pray for the living and the dead

61. Salvation history can be divided into eight stages - six stages found in the Old Testament, and two stages found in the New Testament. Identify these eight stages:

a. Old Testament:

- i. Primeval history
- ii. The patriarchs
- iii. Egypt and the Exodus
- iv. The Promised Land and the judges
- v. The kings and the prophets
- vi. The Exile and the return

b. New Testament:

- i. The life of Jesus Christ
- ii. The Church

62. Who was the author of the Pentateuch?

a. Moses

63. Who translated the Bible into Latin and what was the name of that translation?

a. St. Jerome translated the Bible into Latin and it was called the Vulgate.

64. What is Grace? (Review)

a. Grace is the free and undeserved help that God gives us so that we can respond to His call. Grace helps us share in God's life within us.

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

1st Station: Jesus is condemned to death.

2nd Station: Jesus carries His cross.

3rd Station: Jesus falls the first time.

4th Station: Jesus meets His mother.

5th Station: Simon of Cyrene helps Jesus to carry His cross.

6th Station: Veronica wipes the face of Jesus.

7th Station: Jesus falls the second time.

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time.

10th Station: Jesus' clothes are taken away.

11th Station: Jesus is nailed to the cross.

12th Station: Jesus dies on the cross.

13th Station: The body of Jesus is taken down from the cross.

14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, **consubstantial**
with the Father;
who proceeds from the Father and the Son,
Through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was **incarnate**
of the Virgin Mary,
and became a man.
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit,
the Lord, the giver of life,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic,
and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection
of the dead and the life of the world to come.
Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise and ever rejoice in his
consolation. Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.