

St John the Evangelist Parish
Concepts of Faith for First Reconciliation and First Eucharist

- Students should know the answers to questions 1 through 16 in addition to the Ten Commandments (see last page) before they receive the Sacrament of Reconciliation.
- Students should know the answers to all questions (1 through 28) before they receive the Sacrament of First Holy Eucharist.

1. What is sin?

- Sin is an offense against God.

2. What are the two types of sin? Please define each one.

- **Original Sin** (Sin of Adam & Eve): We did not commit this sin, we inherited it from them.
- **Actual Sin** (or Personal Sin): Sin we "actually" commit ourselves.

3. What is Original Sin?

- Original sin is the sin committed by Adam and Eve that we all inherited.

4. What is Actual Sin?

- The sins we commit ourselves.

5. What are the two types of Actual Sin?

- Venial
- Mortal

6. What is a venial sin?

- A venial sin is a less serious sin that damages our relationship with God.

7. What is Mortal sin?

- A mortal sin is a **very serious** sin. It completely breaks our relationship with God and we lose sanctifying grace.

8. What three things are necessary for a sin to be mortal?

- It must be serious.
- We must know it is serious.
- We must freely choose to do it.

9. When we sin, does God stop loving us?

- No, God never stops loving us.

10. When we sin, how do we ask God's forgiveness?

- We go to the Sacrament of Reconciliation and tell God that we are sorry.

11. Whose love do we turn away from when we sin?

- We turn away from God's love when we sin.

12. What are the three names for the Sacrament of Confession?

- Confession, Reconciliation, Penance

13. What are the 6 steps to making a worthy confession?

1. Make an examination of conscience before you go.
2. **Make** the Sign of the Cross.
3. **Say** "Bless me Father for I have sinned it has been _____ since my last Confession."
4. **Say** your sins and then say, "For these and all my sins I am truly sorry."
5. **Say** an Act of Contrition and **accept** your penance.
6. **Receive** absolution and do your penance

14. What is grace?
 - God's life in us.

15. What is a sacrament?
 - An outward sign
 - instituted by Christ
 - where we meet Him
 - and He gives us grace.

16. What are the seven sacraments?
 - Baptism
 - Eucharist
 - Confirmation
 - Reconciliation
 - Anointing of the Sick
 - Matrimony
 - Holy Orders

17. Why did God make you?
 - God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him in Heaven.

18. What is the Eucharist?
 - The Body, Blood, Soul and Divinity of Jesus Christ under the appearance of bread and wine.

19. How do we know that it is really Jesus in the Eucharist?
 - Jesus told us and it's written in the Bible in John: chapter 6. It is true because Jesus would never lie to us.

20. During the Mass, at what moment does the bread and wine change into the Body, Blood, Soul and Divinity of Jesus Christ?
- At the Consecration.
21. What do we call the change in the substance of bread and wine into the Body, Blood, Soul and Divinity of Jesus Christ while under the appearance of bread and wine?
- Transubstantiation
22. What things are necessary for the worthy reception of Holy Communion?
- Be free from mortal sin (be in the state of grace).
 - Fast from food and drink for one hour.
23. If we have a mortal sin on our soul, what must we do before we go to Communion?
- We must go to confession.
24. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul?
- A sacrilege.
25. How is Jesus present at Mass?
- In the person of the priest
 - In the assembly
 - In the Word of God
 - In the Eucharist - We call this the "True Presence."

26. When did Jesus institute the Sacrament of Holy Eucharist?
 - At the Last Supper on Holy Thursday

27. Who is our Savior?
 - Jesus Christ

28. What is another name for Savior?
 - Redeemer or Messiah

The 10 Commandments

1. I am the Lord your God, you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.