

Grade 7 BCTs

- 1. What are the two main ways in which God communicates to the world**
 - a. Sacred Scripture and Sacred Tradition
- 2. What are the four major sections of the Old Testament?**
 - a. The Pentateuch (Torah)
 - b. The historical books
 - c. The wisdom and poetry books
 - d. The prophets
- 3. Whose role is it to authentically interpret Sacred Scripture and Sacred Tradition?**
 - a. The Magisterium (the Pope and the bishops in communion with him)
- 4. Which of the apostles is the primary leader and source of authority?**
 - a. Peter, the first Pope
- 5. The Liturgical year begins with what Church season?**

Advent
- 6. What is a virtue?**

A habit of doing the right thing
- 7. How will our resurrected bodies be different from how they are now?**
 - a. Our resurrected bodies will be perfect and immortal.
- 8. How many epistles are there in the New Testament?**
 - a. 21
- 9. What is an epistle and why are they so important?**
 - a. An epistle is a letter written to the Church. They provided important guidance to the early Church about misunderstandings. They continue to guide the Church today about how to love our brothers and sisters in Christ.

- 10. What are the four marks of the Church?**
 - a. One: The one common faith for believers.
 - b. Holy: The people who recognize that God dwells with them.
 - c. Catholic: A universal faith for everyone.
 - d. Apostolic: Founded by Christ on the Apostles and continued by their successors, the bishops.
- 11. Who is the Vicar of Christ?**
 - a. The Pope
- 12. Who is a successor of the Apostles, is in charge of the diocese and has the power to confer Holy Orders?**
 - a. A bishop
- 13. What are the three duties of a bishop and which is most important?**
 - a. To proclaim the word of God (most important)
 - b. To sanctify others by the sacraments
 - c. To govern the diocese
- 14. What is a Vocation?**
 - a. Vocation means a call. It is God's invitation (His Call) to each person to love and serve Him in a particular state or way of life.
- 15. What are the distinct vocations that Christians are called to in the Church?**
 - a. Marriage
 - b. Single life
 - c. Priesthood
 - d. Religious life
- 16. What is the difference between a career and a vocation?**
 - a. A career is a mode for making a living and contributing to the earthly welfare of the human community. You choose your career. A vocation is a call chosen for you by God as to your state in life and path to holiness.
- 17. What three vows are taken in consecrated life and what are they called?**
 - a. Evangelical Counsels
 - i. Poverty
 - ii. Chastity
 - iii. Obedience

- 18. What is the chief punishment of hell?**
a. The chief punishment of hell is eternal separation from God.
- 19. Does God choose hell for certain people?**
a. No, by rejecting God, people choose hell for themselves.
- 20. What is purgatory?**
a. Purgatory is a temporary state of purification before heaven for those who die in God's friendship but are not completely sinless.
- 21. What are the three groups in the Communion of Saints?**
a. The Church militant (The living faithful of the Church)
b. The Church suffering (Those being purified in Purgatory)
c. The Church triumphant (All those in Heaven)
- 22. Of the Holy Days of Obligation, which are Marian Feast Days?**
a. Jan. 1st – Mary the Mother of God
b. August 15 – The Assumption
c. December 8 – The Immaculate Conception
- 23. How is Mary our model for prayer?**
a. In her fiat "yes" and at the foot of the cross she showed complete confidence in God's plan.
- 24. What is worship?**
a. Worship is adoration of God.
- 25. Do Catholics worship Mary?**
a. No, Catholics worship God (the Father, Son and Holy Spirit) alone. Mary is given a special honor and devotion due to her role as the Mother of God and our Blessed Mother.
- 26. When did Jesus establish the Holy Eucharist and the Priesthood?**
a. Jesus established the Holy Eucharist and the Priesthood at the Last Supper.
- 27. Name the 4 Marian Dogmas?**
● Mary Mother of God
● The Immaculate Conception
● The Assumption
● Perpetual Virginity

- 28. How are sacraments defined?**
a. The sacraments are effective signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us.
- 29. Which sacrament is necessary to complete the process begun at Baptism to become fully initiated into the Church?**
a. Confirmation
- 30. Which sacraments can only be received once?**
a. Baptism
b. Confirmation
c. Holy Orders
- 31. How does the Greek work “Anamnesis” explain the real presence of Jesus in the Eucharist and our participation in His sacrifice?**
a. At the last supper Jesus said, “Do this in remembrance of me.” The Greek word “Anamnesis” is translated to “remembrance” but its real meaning is “to make present.” Anamnesis provides the details for why the Church has always taught that Christ is not re-sacrificed at each Mass, but that we enter into that one moment, it is made present to us.
- 32. What does the Eucharist represent?**
a. The Eucharist represents, as one single sacrifice, the passion, death and resurrection of Christ.
- 33. Does the Eucharist forgive sins?**
a. The Eucharist forgives venial sins but it does not forgive mortal sins.
- 34. Who can consecrate the Eucharist?**
a. Only validly ordained priests can consecrate the Eucharist.
- 35. Where in Scripture does Jesus tell us that He is the True Bread that came down from Heaven? What do we call this “Bread from Heaven”?**
a. Gospel of John, chapter 6
b. We call this bread the Eucharist.
- 36. How much of Jesus is present in the Holy Eucharist, under the forms of the bread and wine?**
a. Christ is **fully** present (body, blood, soul and divinity) under the form of bread. He is also **fully** present under the form of wine.

- 37. What is transubstantiation?**
a. The substance of bread and wine is changed into the substance of the body and blood of Jesus.
- 38. What litany do we sing while the consecrated bread is being broken (this signifies the moment of Christ's death)?**
a. Lamb of God.
- 39. In an emergency who can baptize?**
a. In any emergency, as long as they have the correct intention, anyone can baptize.
- 40. In order to have the sacrament of Confirmation administered upon a candidate who has attained the age of reason, the candidate must; (CCC 1319)**
a. profess the faith
b. be in the state of grace
c. have the intention of receiving the sacrament
d. be prepared to assume the role of disciple and witness to Christ
- 41. What is the only way, under normal circumstances, for mortal sins to be forgiven after baptism?**
a. Through the sacrament of Reconciliation
- 42. What are the two types of contrition?**
a. Perfect contrition: Repentance that comes from our love of God
b. Imperfect contrition: Repentance that comes from lesser motives
- 43. What is the sacramental seal of confession?**
a. Whatever a priest hears in confession is kept private under all circumstances.
- 44. What are the three conditions for a sin to be a mortal sin?**
1. It must be Grave Matter (It must be a serious sin)
2. You must have Full Knowledge (You know it's serious)
3. You must give Complete Consent (You choose to do it anyways)
- 45. What should take place first before going to the sacrament of reconciliation?**
a. An examination of conscience

- 46. What is concupiscence?**
a. Concupiscence is the inclination towards sin.
- 47. Does the sacrament Baptism or Reconciliation remove concupiscence?**
a. The sacraments of Baptism and Reconciliation remove sins but **not** concupiscence.
- 48. Who can administer the Anointing of the Sick?**
a. Only a priest or bishop can administer the Anointing of the Sick.
- 49. What is the matter and form for the Anointing of the Sick?**
a. The matter is the oil used to anoint the forehead and hands of the person
b. The form is the words: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up."
- 50. When is the proper time to receive the Anointing of the Sick?**
a. When a believer begins to be in danger of death because of illness or old age
- 51. What are some of the effects of the Anointing of the Sick?**
a. The healing of the soul.
b. The healing of the body if it is God's will.
c. The forgiveness of sins if a person is not able to receive the sacrament of Reconciliation.
d. Preparation for the final journey to eternal life.
- 52. Who can administer the sacrament of Matrimony?**
a. The man and woman are the ministers of the sacrament of Matrimony.
- 53. In what two ways is marriage a covenant?**
a. It is a covenant between man and woman by continuous self-sacrifice.
b. It is a covenant between the couple and God by continuous self-sacrifice.
- 54. What are the two purposes of marriage?**
a. Unity of spouses
b. Procreation

- 55. What makes a sacramental marriage valid?**
- a. The marriage is between one man and one woman
 - b. The spouses are free to marry
 - c. They freely exchange their consent
 - d. They have the intention to be married for life and faithful to one another.
 - e. Openness to children.
 - f. Their consent is given in the presence of two witnesses
- 56. How is it possible to remain married for life?**
- a. Christ's presence in the graces of sacramental marriage enables the couple to live out what might seem at times an impossible demand.
- 57. Why can a marriage not be dissolved?**
- a. Jesus taught that marriage is permanent and the Church must follow this teaching. Marriage is a prefigurement of Christ's love for us. Jesus made an everlasting covenant with us and marriage symbolizes this love.
- 58. What are the three degrees of holy orders?**
- a. Deacon
 - b. Priest
 - c. Bishop
- 59. Who can administer the sacrament of Holy Orders?**
- a. Only a bishop can administer the three degrees of holy orders.
- 60. What is the matter and form for the sacrament of Holy Orders?**
- a. The matter is the laying on of hands.
 - b. The form is the appropriate prayer for the degree of Holy Orders.

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

1st Station: Jesus is condemned to death.

2nd Station: Jesus carries His cross.

3rd Station: Jesus falls the first time.

4th Station: Jesus meets His mother.

5th Station: Simon of Cyrene helps Jesus to carry His cross.

6th Station: Veronica wipes the face of Jesus.

7th Station: Jesus falls the second time.

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time.

10th Station: Jesus' clothes are taken away.

11th Station: Jesus is nailed to the cross.

12th Station: Jesus dies on the cross.

13th Station: The body of Jesus is taken down from the cross.

14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord.

Amen

Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Suffer me not to be separated from Thee.

From the malignant enemy, defend me.

At the hour of my death, call me.

And bid me come to Thee,

That with thy saints I may praise Thee.

Forever and ever.

Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family.

Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.