#### **Grade 8 BCT**

# 1. What happened in the Sermon on the Mount that is described in Chapter 5 of Matthew's Gospel?

a. Jesus taught using the Beatitudes.

#### 2. Name the 8 Beatitudes

- 1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- 2. Blessed are the meek, for they shall inherit the earth.
- 3. Blessed are those who mourn, for they shall be comforted.
- 4. Blessed are those who hunger and thirst for justice, for they shall be satisfied.
- 5. Blessed are the merciful, for they shall obtain mercy.
- 6. Blessed are the pure in heart, for they shall see God.
- 7. Blessed are the peacemakers, for they shall be called children of God.
- 8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

#### 3. What is free will?

a. Free will is the gift from God, rooted in reason that allows us to choose what we do. It is the ability to overcome the temptation to do evil and choose to do good.

# 4. If you have an unconfessed mortal sin on your soul, should you receive Holy Communion at Mass?

a. No

#### 5. What is a conscience?

a. God's voice in our hearts

#### 6. What is the natural moral law?

a. The innate ability humans have to know and discern between the truth, the good, and evil. It is his share in the wisdom and goodness of the Creator (CCC 1954-1955).

### 7. Who knows when the Last Judgement will occur?

a. God the Father alone

#### 8. What are virtues?

a. Virtues are good habits that we develop to help us consistently do the right thing.

#### 9. What are the four cardinal virtues?

- a. prudence
- b. justice
- c. temperance
- d. fortitude
- 10. Which cardinal virtue means balance and self-control and helps us to avoid addictions to things that might hurt our bodies?
  - a. Temperance
- 11. Which cardinal virtue means to give both God and our neighbors what is due to them?
  - a. Justice
- 12. Which cardinal virtue gives us the strength to overcome temptations to do wrong, no matter how intense the temptations are?
  - a. Fortitude

# 13. Which cardinal virtue is good judgment, exercised with caution?

a. Prudence

### 14. What are the three theological virtues?

- a. Faith
- b. Hope
- c. Charity

# 15. What three things need to be considered when judging the morality of an act?

- a. The object
- b. The intent
- c. The circumstances

### 16. What are the two types of actual sin?

- a. Venial
- b. Mortal

#### 17. What is a venial sin?

a. Venial sin is an act of disobedience to the law of God in a lesser matter, or in a matter in itself serious, but done without full knowledge or consent.

#### 18. What is a mortal sin?

a. A mortal sin is a serious offense against God's will that completely separates a person from God. It is called "mortal" because it leads to eternal death.

# 19. What three things must be present in order for a sin to be mortal?

- a. It must be **Grave Matter** (serious offense)
- b. You must have **Full Knowledge** (know it is serious)
- c. You must give **Complete Consent** (choose to do it)

#### 20. What are the four Marks of the Church?

- 1. One (One Truth)
- 2. Holy (Founded by Christ)
- 3. Catholic (Universal)
- 4. Apostolic (Unbroken line from Apostles)

# 21. What are the seven capital or deadly sins?

- a. Pride
- b. Greed
- c. Envy
- d. Wrath
- e. Lust
- f. Gluttony
- q. Sloth

# 22. Which of the capital sins is the belief that you are better than others?

a. Pride

# 23. Which of the capital sins is the practice of eating or drinking too much?

a. Gluttony

# 24. What is envy? (CCC 2539)

a. Envy is one of the capital sins. Envy is sadness at the sight of another's goods and the immoderate desire to acquire them for oneself, even unjustly. When it wishes grave harm to a neighbor, it is a mortal sin.

# 25. Which of the capital sins is laziness, or slacking when action is needed?

a. Sloth

# 26. Which of the capital sins is an intense anger that leads us to seek revenge instead of making things right?

a. Wrath

# 27. Which of the capital sins is the out-of-control desire to enjoy yourself, especially in a sexual way?

a. Lust

#### 28. What is doctrine?

a. Doctrine is the Church's teachings based on God's Revelation by and through Jesus Christ.

# 29. Name the 4 Marian Dogmas.

- Mary Mother of God
- The Immaculate Conception
- The Assumption
- Perpetual Virginity

### 30. Who is the Pope?

- a. The Pope is the successor of St. Peter
- b. The Bishop of Rome
- c. The visible head of the entire Church
- d. The Vicar of Jesus Christ, who is the invisible head of the Church.

# 31. Can the Pope speak infallibly?

a. Yes, only when explicitly stated on the topics of faith and morals.

#### 32. What are the 10 Commandments?

- 1. I am the Lord your God, you shall not have other gods before me.
- 2. You shall not take the name of the Lord, your God, in vain.
- 3. Remember to keep holy the Lord's Day.
- 4. Honor your father and your mother
- 5. You shall not kill.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- 8. You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.
- 10. You shall not covet your neighbor's possessions.

### 33. What is idolatry?

a. Idolatry is making other things (like money, possessions, popularity, etc.) more important than God.

# 34. Why are Tarot cards and Ouija boards mortally sinful?

a. Attributing power to anything other than God is a sin against the 1st Commandment. Attempting to communicate with the dead leaves our souls open to demonic attachment.

#### 35. What is the denial of God's existence?

a. Atheism

# 36. What is a procedure that intentionally ends an unborn child's life?

a. Abortion

# 37. When does a human being receive a soul from God?

a. A human receives a soul at the moment of conception.

# 38. What is legitimate defense?

a. Legitimate defense is the principle that makes it necessary to protect oneself or others.

# 39. Why should all lives be protected?

a. All people are created in the Image and Likeness of God and possess inherent dignity from the moment of conception.

# 40. What does reparation mean?

a. The act of reparation means to amend or restore a wrong that was done against another person or God.

# 41. What is the virtue of living your sexuality in a pure and healthy way, particularly by obeying the Sixth and Ninth Commandments?

a. Chastity

### 42. What is concupiscence?

a. The attraction that all human beings have towards sin, as a result of Original Sin.

#### 43. What are our bodies meant to do?

a. Our bodies are meant to give glory to God.

# 44. Name the two purposes of marital intimacy.

- a. Procreation
- b. Unity of spouses

# 45. What are the Corporal Works of Mercy?

- a. Feed the Hungry
- b. Clothe the Naked
- c. Give Drink to the Thirsty
- d. Shelter the Homeless
- e. Visit those in Prison
- f. Visit the Sick
- g. Bury the Dead
- h. Give Alms to the Poor

# 46. What are the Spiritual Works of Mercy?

- a. Instruct the Ignorant
- b. Admonish the Sinner
- c. Counsel the Doubtful
- d. Comfort the Sorrowful
- e. Forgive all Injuries
- f. Bear Wrongs Patiently
- g. Pray for the Living and the Dead

# 47. What are Jesus' two natures?

- a. Fully Human
- b. Fully Divine

# 48. What do we call the union of Jesus' two natures?

a. The Hypostatic Union

#### 49. What is Transubstantiation?

a. Transubstantiation is the change of bread and wine into the Body, Blood, Soul, and Divinity of our Lord Jesus Christ, which occurs at the Consecration.

#### 50. What are the three offices of Christ?

- a. Priest
- b. Prophet
- c. King

#### 51. What are the two main fonts of Divine Revelation?

- a. Sacred Scripture
- b. Sacred Tradition

# 52. Who makes up the Mystical Body of Christ?

- a. Christ (the head)
- b. The Church; Us (the body)

# 53. What are the 7 gifts of the Holy Spirit?

- a. Wisdom
- b. Understanding
- c. Knowledge
- d. Counsel
- e. Fortitude
- f. Piety
- g. Fear of the Lord

# 54. What is the ultimate prayer of the Church?

a. The Mass

# 55. What is prayer? (CCC 2559)

a. "Prayer is the raising of one's mind and heart to God or the requesting of good things from God."

### 56. What are the different forms of prayer?

- a. Vocal Prayer
- b. Meditation
- c. Contemplative Prayer

### 57. What is Vocal Prayer

a. Vocal prayers are usually prayers that we have memorized that we can offer to God alone or with a group of people.

#### 58. What is Meditation?

a. Meditation is a quest for the mind to seek God, to learn the things of God, to know Him. This type of prayer is difficult to do on our own so we use the help by reading scripture or another form of spiritual reading such as the life or writings of a saint to give us something to meditate on. After reading we put ourselves into the scene and think about who, what, why and how. God will stir our hearts with insights and wisdom. All we need to do is give Him our time and desire.

### 59. What is Contemplative Prayer?

- **a.** Contemplative Prayer: Contemplative prayer is conversation with God. A close sharing between friends. Some types of Contemplative prayer are;
  - Adoration
  - Contrition
  - Thanksgiving
  - Supplication (petitions)
  - Intercession (prayers for others)

# 60. Name the Holy Days of Obligation and give their dates.

- a. January 1st- Mary, Mother of God
- b. 40 days after Easter- Ascension
- c. August 15th- Assumption
- d. November 1st- All Saints Day
- e. December 8th- Immaculate Conception
- f. December 25th-Christmas

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
<b>Grace Before Meals</b>	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	Ε	M	R	R	R	R
Act of Faith (short version)	E	E	Ε	M	R	R	R	R
Act of Hope (short version)	E	E	Е	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	Ε	E	M	R	R	R
Nicene Creed	E	E	Е	E	Е	E	E	М
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	Е	E	Е	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	Е	E	M	R
<b>Chaplet of Divine Mercy</b>	E	E	Ε	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	Ε	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	Е	E	E	E	Е	E	M	R

R=Review E=Encourage M=Memorize

#### The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

#### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

#### **Our Father**

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

#### **Grace Before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

#### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

# **Angel of God**

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

# St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

#### The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

#### **The Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners, in union with the Holy Sacrifice of the Mass throughout the world. Amen

#### **The Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

### The Magnificat

My soul magnifies the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever.

#### **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

#### **Angelus**

P: The Angel of the Lord declared unto Mary

R: And she conceived of the Holy Spirit. (Hail Mary)

P: Behold the handmaid of the Lord

R: Be it done unto me according to your word. (Hail Mary)

P: And the Word was made flesh

R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

### The Most Holy Rosary

<u>Joyful Mysteries</u>	Sorrowful Mysteries			
Annunciation	Agony in the Garden			
Visitation	Scourging at the Pillar			
Birth of Jesus	Crowning with Thorns			
Presentation	Jesus carries His Cross			
Finding of Jesus in the Temple	Crucifixion			

### **Glorious Mysteries**

**Luminous Mysteries** Resurrection Jesus' Baptism in the Jordan Ascension Wedding feast at Cana Descent of the Holy Spirit Jesus' Proclamation of the Kingdom of God The Transfiguration Assumption of Mary Coronation of Mary The institution of the Holy Eucharist

#### Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

#### **Stations of the Cross**

1<sup>st</sup> Station: Jesus is condemned to death.

2<sup>nd</sup> Station: Jesus carries His cross.

3<sup>rd</sup> Station: Jesus falls the first time.

4<sup>th</sup> Station: Jesus meets His mother.

5<sup>th</sup> Station: Simon of Cyrene helps Jesus to carry His cross.

6<sup>th</sup> Station: Veronica wipes the face of Jesus.

7<sup>th</sup> Station: Jesus falls the second time.

8<sup>th</sup> Station: Jesus meets the women of Jerusalem

9<sup>th</sup> Station: Jesus falls a third time.

10<sup>th</sup> Station: Jesus' clothes are taken away.

11<sup>th</sup> Station: Jesus is nailed to the cross.

12<sup>th</sup> Station: Jesus dies on the cross.

13<sup>th</sup> Station: The body of Jesus is taken down from the cross.

14<sup>th</sup> Station: Jesus is laid in the tomb.

# **Act of Faith (short version)**

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

# **Act of Hope (short version)**

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

#### **Act of Love (short version)**

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

#### **Prayer of St. Francis**

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

#### Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

Who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

#### **Come Holy Spirit**

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

#### Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

#### Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Suffer me not to be separated from Thee.

From the malignant enemy, defend me.

At the hour of my death, call me.

And bid me come to Thee,

That with thy saints I may praise Thee.

Forever and ever.

Amen.

# **Prayer for Souls in Purgatory**

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

# **Eternal Rest Prayer**

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

#### **Chaplet of Divine Mercy**

#### **Opening Prayers**

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

**Our Father** 

Hail Mary

The Apostles' Creed

#### For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion, R. have mercy on us and on the whole world.

**Conclusion** *Repeat three times:* 

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

# **Closing Prayer**

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.