



Youth Basketball Free Throw Contest

Saturday January 14, 2023 – from 8:00 to 10:00 AM

St. John Evangelist school gym

Sponsored by the

St. John Knights of Columbus Council 12154

Who – All boys and girls ages 9-14 are invited to compete (age as of January 1, 2023)

What – K of C annual council free throw competition open to all St. John area youth

When – Saturday January 14, 2023 – from 8:00 to 10:00 AM

Where – St. John Evangelist school gym - 9400 Wicker Ave (US 41) in St. John

How – Just show up and see how many free throws you can make out of 15 attempts

The Details:

- Show up any time between 8:00 and 10:00 AM to compete
- Basketballs used for the competition are provided
- 12 competition brackets – boy/girl, ages 9-14
- Older boys (ages 12-14) will use a men's size basketball and will shoot from the regulation 15 foot line
- Older girls (ages 12-14) will use a women's size basketball and will shoot from the regulation 15 foot line
- Younger boys and girls (ages 9-11) may use a women's size basketball and may shoot from a 12 foot line, if desired
- After several practice shots, each competitor will shoot 15 free throws
- Highest number of baskets made wins the age bracket
- No cash prizes awarded, participants will receive a certificate, patch, or medal (if playing high school basketball, participants should check with their coach)
- Winners advance to the District level of the competition held on Saturday January 28, 2023 at St. John Evangelist gym to compete against the advancers from surrounding area K of C council free throw contests (a participant may compete in only one council competition)

Contact with any questions:

- Steve Backe, K of C Council 12154 Youth Director
email – steve.backe@comcast.net
talk/text – 219-796-7272 (leave message if calling)

SJE Students

A N.U.T Day will be awarded for the best score by a SJE student in each age group