

Basic Catholic Teachings

Grade 5

1. What is faith? (Chapter 1)

Faith is a gift from God that enables us to believe in Him and all He has revealed.

2. What is a mystery? (Chapter 1)

A mystery is something we believe through faith because God revealed it to us although we do not fully understand it.

3. How many persons are there in God? (Chapter 2)

There are three persons in one God.

4. Name the three Persons of the Blessed Trinity. (Chapter 2)

1. God the Father (First Person)
2. God the Son (Second Person)
3. God the Holy Spirit (Third Person)

5. What are Angels? (Chapter 4)

Angels are servants and messengers of God. They are purely spiritual beings having no body.

6. What is your soul? (Chapter 5)

The spiritual and eternal gift from God that gives us life.

7. What are the two main powers of our souls and what do we do with each of them? (Chapter 5)

1. A mind - so that we can think.
2. A Will - so that we can choose.

8. What is Grace? (Chapter 5)

Grace is God's life in us.

9. How did God form you? (Chapter 5)

God made you in His image and likeness.

10. In the Fall, what was the name of the tree that Adam and Eve ate from? (ARK)

The Tree of Knowledge of Good and Evil.

11. What is Original Sin? (Chapter 6)

Original sin was the first sin committed by Adam and Eve. All of mankind has inherited this sin from our first parents.

12. What are the effects of Original Sin? (Chapter 6)

- Human nature corrupted
- Our understanding darkened
- Will weakened
- Concupiscence (Strong attraction towards sin)

13. To whom did God give the Ten Commandments? (Chapter 9)

God gave the Ten Commandments to Moses.

14. Name the 10 Commandments. (Chapter 9)

1. I am the Lord your God you shall not have false gods before me.
2. You shall not take the name of the Lord your god in vain,
3. Keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

15. What was the Annunciation? (Chapter 11)

The Archangel Gabriel announced to Mary that she would be the Mother of Jesus.

16. What do we mean by the term “Immaculate Conception”? (Chapter 11)

The Blessed Mother was free from Original Sin and filled with sanctifying grace at the moment of her conception.

17. What do we call the fact that God the Son took on our human nature? (Chapter 11)

The incarnation (The Son of God always existed - He took on human nature at the Incarnation.)

18. What are the two natures of Jesus Christ? (Chapter 17)

Jesus is True God and True Man. He is one person with two natures (Divine and Human).

19. What do we call the union of Jesus' two natures? (Chapter 17)

The Hypostatic Union

20. What 2 Sacraments did Jesus institute at The Last Supper? (Chapter 19)

1. Eucharist (Holy Communion)
2. Holy Orders (Priesthood)

21. What is represented at Mass? (Chapter 20)

The passion, death and resurrection is represented at the Mass. (Jesus does not suffer again; we are brought to Calvary for the once, and only Holy Sacrifice).

22. What is the Resurrection? (Chapter 21)

Jesus rose from the Dead on Easter Sunday three days after He died on the cross.

23. What happened on the evening of the Resurrection - Easter Sunday? (Chapter 21)

Jesus appeared to His Apostles and instituted the Sacrament of Confession when He breathed on them and said, "Receive the Holy Spirit whose sins you shall forgive they are forgiven; whose sins you shall hold bound they are held bound."

24. What is the Great Commission?(Chapter 22)

Before He ascended into Heaven Jesus commanded His Apostles, "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the son and of the Holy Spirit.."

Mt. 28:18-20

25. What is the Ascension? (Chapter 22)

Jesus rose in the sky to return to the Father 40 days after Easter.

26. Where in Scripture did Jesus make Peter the first Pope? (Chapter 22)

Matthew 16:18 Jesus said, "And I say to you: That you are Peter, and upon this rock I will build my church. And the gates of hell will not prevail against it."

27. What happened on Pentecost? (Chapter 23)

- The Holy Spirit descended on those in the room as Tongues of Fire and Wind.
- 3,000 people were baptized when Peter went out and preached.

28. Who founded the Catholic Church? (Chapter 24)

Jesus

29. Who or what is the Mystical Body of Christ? (Chapter 24)

The Church. Christ is the head & we are the members.

- 30. Who belongs to the Communion of Saints? (Chapter 24)**
- Church Militant (Those on earth)
 - Church Suffering (Those in purgatory)
 - Church Triumphant or Victorious (Those in heaven)
- 31. What are the 4 Marks of the Church? (Chapter 25)**
1. One (One Truth)
 2. Holy (Founded by Christ)
 3. Catholic (Universal)
 4. Apostolic (Unbroken line from Apostles)
- 32. What do we mean by Apostolic Succession? (Chapter 26)**
- The handing down from the Apostles to the Bishops of today.
- 33. What are the precepts of the Church? (Chapter 26)**
1. Go to Mass on Sunday's and Holy Days of Obligation
 2. Receive Confession once a year (in preparation to receive Eucharist)
 3. Receive the Eucharist at least once per year during the Easter tide
 4. Observe the days of fast & abstinence
 5. Provide for the needs of the Church
- 34. What is the teaching authority of the Church, given by Christ to the Apostles successors? (Chapter 27)**
- The Magisterium
- 35. What are the two main divisions of the Bible? (Chapter 27)**
1. Old Testament
 2. New Testament
- 36. How many books are in the Bible? (Chapter 27)**
- Old Testament 46
 - New Testament 27 = 73 total

37. What is infallibility? (Chapter 27)

Infallibility is the ability to teach without error on matters of **Faith & Morals**. This can be done by either:

- The Pope alone or
- The Bishops in union with the Pope

38. What is a symbol of Baptism? (ARK)

Water

39. What is a Sacrament? (Chapter 28)

- A visible sign of God's Divine Life
- Instituted by Christ
- Where He meets us and
- Gives us grace

40. What are the seven Sacraments? (Chapter 28)

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Order
7. Matrimony

41. What is sanctifying grace? (Chapter 28)

Sanctifying grace is a permanent gift that is given to us at Baptism and that continues the work of making us holy.

42. What is sin? (Chapter 28)

Sin is an offense against God (It is knowing something is wrong and choosing to do it anyway).

43. What are the two main kinds of sin? (Chapter 28)

1. Original Sin
2. Actual Sin or Personal Sin

44. What are two types of Actual Sin? (Chapter 28)

1. Mortal
2. Venial

45. What is Mortal sin? (Chapter 28)

A mortal sin is a very serious sin. It completely breaks our relationship with God.

46. What three things are necessary for a sin to be mortal? (Chapter 28)

1. It must be seriously wrong.
2. We must know that it is seriously wrong.
3. We must freely choose to do it.

47. What is a Venial sin? (Chapter 28)

A venial sin is a less serious sin. It damages our relationship with God.

48. What is the Assumption of the Blessed Mother? (Chapter 29)

Mary was taken up to heaven body & soul at the end of her earthly life.

49. What is death? (Chapter 30)

Death is the moment when the soul separates from the body.

50. What is the Particular Judgment? (Chapter 30)

The Particular Judgment is when Jesus privately judges our soul at the moment of death.

- If we have no sin we go to Heaven for all eternity.
- If we have venial sin we go to Purgatory to be purified so we can go to Heaven.
- If we have a mortal sin we go to hell for all eternity.

51. What is the General Judgment? (Chapter 30)

The General Judgment will be the final judgment by Christ passed publicly on all people at the end of the world when our bodies will be reunited with our souls and our final destination will be announced.

52. After death, where do those in friendship with God go? (ARK)

Heaven

53. What is Hell? (Chapter 30)

Hell is a place of eternal separation from God (where there is no love of God, no love of others and no love of self).

54. What is Purgatory? (Chapter 30)

Purgatory is a place of temporary separation from God, where a person is made able to go to heaven through suffering.

55. What is Heaven? (Chapter 30)

Heaven is eternal happiness with God.

56. What is the Incarnation? (Review)

The incarnation is the mystery of God's Son, Jesus, while being **fully divine**, yet being born **fully human** in order to save us. **The Word (God the 2nd person of the Blessed Trinity) became flesh.**

57. What are the Four Last Things? (Review)

1. Death
2. Judgment
3. Heaven
4. Hell

58. What is the difference between a career and a vocation?

A career is a mode for making a living and contributing to the earthly welfare of the human community. You choose your career. A vocation is a call chosen for you by God as to your state in life and path to holiness

59. How can each person live out his or her vocation? (Review)

A person can live out his or her vocation in the single life, the married life or the religious life.

60. What are the 7 gifts of the Holy Spirit? (Review)

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

- 1st Station: Jesus is condemned to death.
- 2nd Station: Jesus carries His cross.
- 3rd Station: Jesus falls the first time.
- 4th Station: Jesus meets His mother.
- 5th Station: Simon of Cyrene helps Jesus to carry His cross.
- 6th Station: Veronica wipes the face of Jesus.
- 7th Station: Jesus falls the second time.
- 8th Station: Jesus meets the women of Jerusalem
- 9th Station: Jesus falls a third time.
- 10th Station: Jesus' clothes are taken away.
- 11th Station: Jesus is nailed to the cross.
- 12th Station: Jesus dies on the cross.
- 13th Station: The body of Jesus is taken down from the cross.
- 14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.